

Drive less this October: Weekly events

- **Group Cycle Commute to Campus**

New to cycling to campus, or just fancy some company? Join a group of colleagues and cycle in together, led by one of our more experienced staff cyclists.

Week 1: Cycling

We'll have group rides starting from locations across Manchester, on different dates and times throughout October.

[Take a look at the group commutes here](#) and contact the ride leader directly to book your place and confirm arrangements. Everyone who takes part will receive a free breakfast voucher.

- **Dr Bike - Free Bike Repairs**

Is your bike out of action or in need of some TLC? Get it checked and minor repairs carried out by a professional bike mechanic from at our Dr Bike session.

Tuesday 13th October, 9-12pm | Brunswick Park (or in the case of bad weather - Biko Bikes Workshop, behind student union, left of cycle shelters past picnic tables) | Free for our colleagues
Just turn up on the day, first come first serve

Add a placeholder to your diary [HERE](#)

- **Starling Bank Bikes: How to Use Training**

Learn how to use the yellow Starling Bank hire bikes. Drop in anytime during the three-hour session and receive 200 free minutes to get you started.

Tuesday 27th October, 11.30am, - 2.30pm | Outside the Museum | Free for our colleagues

Add a placeholder to your diary [HERE](#)

- **Cycle Confidence Building Session**

Build your confidence and feel more comfortable cycling under the guidance of a cycling trainer. Bring your own bike or borrow one on the day. ***PRE-BOOKING REQUIRED***

Thursday 15th October, 10am–11.30pm | University Place Square | Free for our colleagues

Book your place → [HERE](#)

- **Cycling Quiet Roads Training**

Learn how to use quieter roads and feel more confident navigating your journey by bike. ***PRE-BOOKING REQUIRED***

Wednesday 21 October, 12pm – 1.30pm | University Place Square | Free for our colleagues

[Book your place →] [HERE](#)

- **1-to-1 Bike Maintenance with a Mechanic**

Got a bike problem you'd like to fix yourself, or simply want to know a bit more about looking after your bike? Book a 25-minute 1-to-1 session with a professional bike mechanic.

The slot is yours to ask questions, get some basic hands-on training, or talk through a problem you'd like to tackle yourself. You're welcome to bring a friend along too.

Tuesday 13th October | Brunswick Park (or in the case of bad weather - Biko Bikes Workshop, behind student union, left of cycle shelters past picnic tables) | Free for our colleagues | ***PRE-BOOKING REQUIRED***

Choose your 25-minute slot: **12.30–12.55pm / 1–1.25pm / 1.30–1.55pm**

Book your place → [HERE](#)

MORE EVENTS ACROSS MANCHESTER

Alternatively, Transport for Greater Manchester (TfGM) is offering a range of **free cycling sessions for our colleagues**. [View dates, venues and book HERE](#)

- **Learn to Ride – Complete Beginner** - 1-hour session | Small groups
- **Confidence Builder** - 2-hour session | Small groups
- **Learn to Ride on Roads** - 2-hour session | Small groups
- **Learn to Use Starling Hire Bikes** - 2-hour 1-to-1 session | Choose your preferred hire bike docking station | Includes free minutes

COLLEAGUE DISCOUNTS & OFFERS

Starling Bank Bikes – 200 Free Minutes

Fancy giving bike hire a go? Our colleagues can get 200 free minutes on Starling Bank Bikes this October – more than enough to get you started. All we ask is you tell us how you got on at the end of the month! To get your vouchers download our [CommuteUoM](#) app and go to the rewards page in the 'Statistics' section.

No Time To Waste – Extra Rewards

[Join our Sustainability Platform](#), making it easy and rewarding to build greener habits. Log your driving-less commutes throughout October and beyond to earn Green Points - with the chance to unlock extra rewards and monthly prizes.

Get a Discounted D-lock

Don't have a decent lock for your bike? Register your cycle with campus security and you can qualify for a £15 D-lock, normally worth around £40. [Apply HERE](#)

Try an E-bike for Free

Curious about e-bikes? Cycling UK is offering our colleagues a free one-month e-bike loan throughout October: [Find available dates and book HERE](#)

Looking for a Second-Hand Bike?

Manchester Charity Bike Shop in Chorlton has a great range of refurbished bikes to get you started. Plus, colleagues can get 10% off bike servicing throughout October with your staff ID. [More details HERE](#)

Get Your Bike Assessed For Free

Is your bike in need of a little TLC? The team at Platt Fields Bike Hub can carry out minor repairs while you wait. For bigger issues, book a free bike assessment and get a quote for any repairs needed.

They're also offering colleagues free one-off Saturday sessions throughout October, including Dr Bike, Learn to Fix Your Bike and cycling courses [More details HERE](#)

£5 Off a Full Bike Service

Show your staff ID at Never Mind the Bike Shop and our colleagues can get £5 off a full bike service.

Located just a short walk from campus, they also sell new and second-hand pedal bikes and e-bikes, carry out repairs, and are Manchester's main Cube and Orro bike dealers. [More details HERE](#)

Cycle to Work Scheme – Now up to £5,000

Ready to buy a bike? Our Cycle to Work Scheme can help fund your new wheels, with the limit recently increased to £5,000 (subject to affordability).

The scheme can also be used for e-bikes, cargo bikes and adapted cycles, helping make cycling more accessible to more of our colleagues. [More Details HERE](#)