

Without Limits

Art/ Activism/Artivism

FUN

damental

TOGETHER

WARE

I AM CREATING
BEYOND

Art has no
limit.



IT WILL BLOW YOUR MINDS!



This zine was co-created in June 2026, as a partnership project between the Artivists, Whitworth Art Gallery, Age Friendly Culture CIC, and Independent Artist Helen Clare.

A 'zine' is defined as a handmade, self-published booklet, by a small group of people with a shared passion.

We spent a session together, talking about ageism and other barriers to a creative life and enjoyment of the arts. We worked on our contributions with collage and felt tip.

Our zine was inspired and funded by Ageing Without Limits Day, led by Ageing Better, to explore societal perceptions of ageing.



DARE TO BE
BRAVE. TAKE ONE
STEP INSIDE TO EXPLORE A
WORLD OF MANY TREASURES.
IT WILL BLOW YOUR MINDS!

REVOLUTION

see things differently

Irregular Choice

Irregular Choice

Irregular Choice

Irregular Choice

I don't need permission to make what I want

An ode

CREATIVITY

CREATIVITY

IS A

FUN

fundamental

Human

RIGHT

Irregular Choice

AT

Every

AGE

ART

Be long ing

I am creative
what's Art got to
do with it?
create my life story

Galleries always have
unwritten rules, & privilege
people in power....
Practice is what art's
about
let's do it...



Help write Manchester's next chapter

creative ideas come from within

ART

is for everyone

TIME AWAY

SUNSHINE ON
MY MIND

MAKING
MEMORIES

ENJOY EVERY
MOMENT



A - Active

R - Relevant

T - Transformative

I - Ideas

V - Visible

I - Inspirational

S - Social

T - Timely

S - Strong

Holding a torch
for the future

Art has no age limit.

Creativity can be Mood enhancing for any age group.

Art should be accessible to everyone



BUILDING  ME

Emerging / Established

Established is like brick

What if the establishment was fluid

What would the edifice be made of.

What if the establishment was made of willow or bamboo

I AM CREATIVE

BELONGING

I AM CREATIVE

BELONGING

LOVE LOVE LOVE
WHAT LOVE GOT TO DO WITH IT

I am creative

What's LOVE got to do with it?

What's LOVE got to do with it?

Belonging

I AM CREATIVE

creative my life story

create my life story

I AM CREATIVE

What's LOVE got to do with it.....



WHAT IS A FAMILY?



NOT FOR ME

Brick by brick → every brick a person

GENDER
disparity

Call to Action

CARE

The best is
yet to come

Can't quite
put my finger
on it.
Just a feeling

PROUD Age9

What's Age
got to do
with it

EMERGE
Too old?

Societal
CHANGE

Memories

What do the old owe
the young...

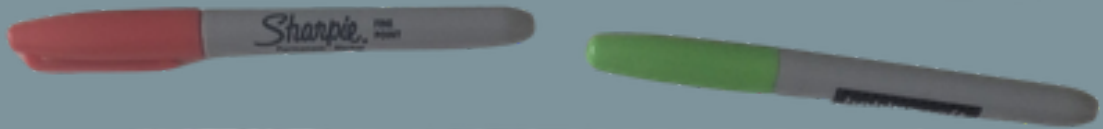
Security

opportunities

listening

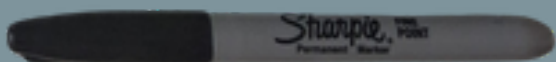
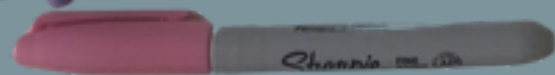
education

a clean environment
love



ART
YOU TELL ME?

?	?	?	?	?	?	?
?	?	?	?	?	?	?
?	?	?	?	?	?	?
?	?	?	?	?	?	?



careers time poor
women's pension poverty

Meanwhile in
England 2026...

Old and
Out Yang

Proud
~~Artists~~

~~trying to~~

protesting
together

women's
vulnerability
fear

~~protest~~







Made by

Claire Cowell

Helen Clare

Helen Graham

Helen Larder

Harry Spooner

Farrell Renowden

Miles Clegg

Phillippa Usher

Jane Jefferson



the Whitworth

