



# FOOD SUSTAINABILITY

We're proud to have achieved the highest standard of three stars in the Food Made Good Standard, from the Sustainable Restaurant Association.

This is a clear reflection of our care and commitment to benefit both people and planet. The award is testament to a joined up approach incorporating sustainability into all of our catering operations from sourcing right through to delivery.

A commitment to low carbon options. Our menus are always plant forward and you'll find vegan then vegetarian options at the forefront of our menus. Our teams source locally and seasonally to reduce transport miles and we're looking to carbon label menus to allow you to make informed choices regarding catering options.

Two Star Fairtrade Status- we're proud to be a two star Fairtrade University, highlighting our commitment to fairly sourced products. All of our coffee, tea, hot chocolate and sugar is Fairtrade.

All of our milk is supplied through a local Lancashire Dairy and is delivered using the FreshKeg system which eliminates plastic milk bottles from deliveries. This in turn reduces our CO2 emissions.

We're committed to using local produce and suppliers where we can so we know exactly where our food comes from. This includes Eggs from the Cheshire Egg Co, flour from Nalstrops Family Flour Mills and organic vegetables from Manchester Veg People.





# BREAKFAST & BREAKS

**Start your meeting with a delicious breakfast option**  
**Each option includes filter coffee and a selection of flavoured teas.** Minimum numbers of 10.

**Fresh fruit bowl (Vg,V)**

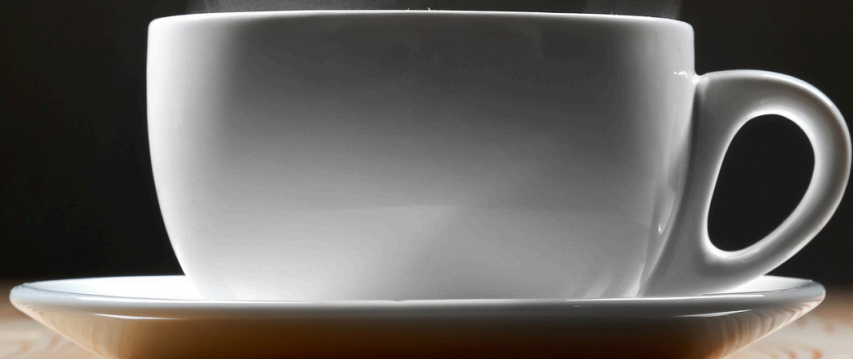
*£4.20 per person*

**Chef's selection of freshly baked pastries (V)**

*£5.20 per person, 1 per person*

**Selection of cereal bars and fruit bowl (V)**

*£5.20 per person, 1 per person*



# HOT DRINKS & BREAKS

**Tea & coffee**

*£2.50 per person*

**Hot Vimto**

*£1.95 per person*

**Tea, coffee and biscuits**

*£3.75 per person*

**Tea, coffee and chef's selection of freshly baked pastries**

*£5.20 per person, 1 per person*

**Tea, coffee and a selection of mini afternoon tea-style cakes**

*£5.20 per person, 1 per person*

Minimum numbers of 5

Price per person, per serving



# COLD DRINKS

## **Fruit Juices**

Apple Juice  
 Orange Juice  
 Cranberry Juice  
*£3.95 per litre jug*

## **One Water 750ml**

Still  
 Sparkling  
*£2.95 per bottle*

## **Mr Fitzpatrick Cordials**

*Locally made cordials - perfect to add to your still or sparkling water*  
 Elderflower and bramley apple  
 Cranberry and pomegranate  
 Lime and lemongrass  
 Sour cherry, grape and hibiscus  
 Lemon and ginger  
*£4.95 per litre jug/bottle*

## **Selection of canned drinks**

Pepsi  
 Diet Pepsi  
 Pepsi Max  
 Fanta  
 Lemon Fanta  
 Sprite  
*£2.20 per can*



# CAKES & BAKES

**Minimum numbers of 10 per item**

**For groups of under 20 please select the same option for all guests**

**Chef's selection of mixed freshly baked pastries (V)**

*£2.95 per person, 1 per person*

**Mini afternoon tea-style cakes (V)**

*Victoria sponge, chocolate fudge, red velvet, carrot cake*

*£3.00 per person, 1 per person*

**Fresh fruit bowl (Vg, V, GF)**

*£1.75 per person*

**Selection of cereal bars (V)**

*£1.85 per person*



# BUFFET PACKAGES

For a simple lunch, use one of our buffet packages below, minimum numbers of 10. Menu choices are for the whole group and cannot be split or mixed. Additional choices can be added on from the main menu.

## **Menu 1**

Chef's Selection of Vegetarian Sandwiches (V)

Selection of Afternoon Tea-Style Cakes (V)

Kettle Chips (Vg, V, GF)

Fresh Fruit Bowl (Vg, V, GF)

*£11.95 per person*

## **Menu 2**

Lamb Kofta Meatballs (GF)

Mixed Falafel (Vg, V, GF)

Wholemeal Pitta (Vg, V)

Greek Salad (V, GF)

Houmous & Raita (V, GF)

Beetroot Brownie (Vg, V)

*£15.95 per person*



# GRAZING PLATTERS

Grazing platters provide a lighter alternative to a buffet lunch. Please select one platter/one choice for the whole group. Dietary needs should be considered in your platter choices. Minimum numbers of 10 for all platters.

## **Mediterranean platter**

Stuffed vine leaves (Vg, V, GF)  
Spanakopita (*Greek-style spinach and feta parcel*) (V)  
Cheese stuffed peppers (V, GF)  
Olives and pickles (Vg, V, GF)  
Mixed falafel (Vg, V, GF)  
Tzatziki (Cucumber and herb yoghurt) (Vg, V, GF)  
Taramasalata (*Mezze made from tarama, cured roe of cod*) (GF)  
Hummus (Vg, V, GF)  
Flatbreads (Vg, V)  
Greek salad (V, GF)  
Broad bean and lemon salad (Vg, V, GF)  
*£16.50 per person*

## **Middle Eastern platter**

Baked Za'atar baby aubergines with tahini and pomegranate (Vg, V, GF)  
Lamb Kofta Meatballs (GF)  
Baba ganoush (roasted eggplant and tahini) (Vg, V, GF)  
Muhammara dip (*spicy dip made of walnuts, red bell peppers, pomegranate molasses, and gluten-free breadcrumbs*) (Vg, V, GF)  
Sumac lavash (*spiced flatbread*) (Vg, V)  
Garbanzo sambusak (*chickpea turnover*) (Vg, V, GF)  
Fattoush salad (*mixed greens and vegetable salad*) (Vg, V, GF)  
Persian jewelled cous-cous salad (Vg, V)  
*£16.50 per person*



# GRAZING PLATTERS

## **Vegan and Gluten-free grazing platter**

Sun dried tomato pate (Vg, V, GF)

Roasted and chargrilled seasonal market vegetables served on a bed of hummus and garnished with paprika oil (Vg, V, GF)

Vegan cheese selection with chutneys and celery (Vg, V, GF)

Tomato and onion salsa (Vg, V, GF)

Baba ganoush (*roasted eggplant and tahini*) (Vg, V, GF)

Marinated olives and artichokes (Vg, V, GF)

Buffalo cauliflower with sweet chilli mayo (Vg, V, GF)

Spiced roast carrot, rocket and vegan feta salad with house dressing (Vg, V, GF)

*£16.50 per person*

*Our vegan and gluten free platter is made in a separate room to avoid cross contamination where possible*

# PACKED LUNCHES

If you need lunch on the go, or need to order something simple for a conference or exhibition lunch, why not select our packed lunch with enough treats to keep you going all afternoon.

## **Standard Packed Lunch**

Pre-packed Sandwich (selection for the group will include meat, fish and vegetarian as a standard but can be adjusted depending on your group)

Packet of crisps  
Chocolate bar  
Piece of fruit  
Bottled water

*£9.50 per person, minimum order of 10*

