

National Confidential Inquiry

into Suicide and Safety in Mental Health

**Annual Report 2026:
Additional online data tables
UK wide data 2013-2023 ***

* Findings include data from Jersey

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A PATIENT SUICIDE IN THE UK

Table 1: Patient suicide: numbers by year and UK country (2013-2023)

	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
England	1,321	1,241	1,270	1,258	1,259	1,436	1,325	1,305*	1,355*	1,364*	1,337*
Northern Ireland[†]	77	61	43	55	53	70	70	69	65*	86*	73*
Scotland	267	223	226	226	218	231	215	216	201*	222*	208*
Wales	101	63	79	64	86	87	87	92*	86*	84*	86*
Total	1,766	1,588	1,618	1,603	1,616	1,824	1,697	1,682*	1,707*	1,756*	1,704*

[†]In Northern Ireland data prior to 2015 are not directly comparable with those in 2015 onwards due to a [review of suicide statistics by the Northern Ireland Statistics Agency \(NISRA\)](#)

*Figures include estimates based on late notifications

Data from Jersey are not shown due to the low number of patient deaths by suicide

Table 2: Patient suicide: number of in-patient suicides by year and UK country (2013-2023)

	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
England	97	77	90	66	62	75	70	55*	56*	55*	54*
Northern Ireland	3	<3	<3	<3	<3	<3	<3	<3	<3	4*	<3
Scotland	16	12	20	14	6	13	8	10	10*	10*	9*
Wales	4	4	5	5	3	4	8	<3	8*	3*	<3
Total UK	120	93	115	85	71	92	86	65*	74*	72*	63*

*Figures include estimates based on late notifications

Data from Jersey are not shown due to the low number of patient deaths by suicide

B THEMED TOPICS

SUICIDE IN CRISIS CARE SETTINGS (UK AND JERSEY, 2013-2023)

Table 3: Socio-demographic characteristics of mental health patients receiving treatment in crisis care settings compared to all other patients who died by suicide (2013-2023)

	Patients under crisis care		All other patients
	Total=2,465 [†]		Total=14,550
	N	%	%
Age: median (range)	48 (13-97)	△	46 (11-100)
Age group:			
Under 25	181	8% ▽	10%
25-44	804	33% ▽	37%
45-64	1,079	45% △	38%
65-74	230	10%	9%
≥75	110	5%	6%
Male [†]	1,605	65%	65%
Not currently married/cohabiting	1,555	68% ▽	73%
Living alone	1,040	44% ▽	48%
Unemployed	872	39% ▽	48%
Ethnic minority group	158	7%	7%
LGBT+*	78	5%	5%
Homeless	60	3%	2%

△ ▽ = significantly (p<0.01) higher or lower than all other patients

[†] includes estimated figures in 2021-2023

* data from 2016 onwards

Table 4: Behavioural characteristics and recent adverse life events of mental health patients receiving treatment in crisis care settings compared to all other patients who died by suicide (2013-2023)

	Patients under crisis care		Other patients
	Total=2,465 [†]		Total=14,550
	N	%	%
Behavioural:			
History of self-harm	1,371	59%	60%
History of violence	272	12% ▽	19%
History of alcohol misuse	890	39% ▽	47%
History of drug misuse	657	29% ▽	39%
Suicide-related internet use	189	12% △	9%
Recent (<3 months) adverse events:			
Self-harm	925	40% △	29%
Serious financial problems	416	21% △	16%
Bereavement	228	10%	9%
Any life event	1,362	58% △	49%

△ ▽ = significantly (p<0.01) higher or lower than all other patients

[†] includes estimated figures in 2021-2023

Table 5: Clinical and service contact characteristics of mental health patients receiving treatment in crisis care settings compared to all other patients who died by suicide (2013-2023)

Characteristic	Patients under crisis care		Other patients
	Total=2,465[†]		Total=14,550
	N	%	%
Clinical:			
Primary diagnosis:			
Schizophrenia & other psychotic disorders	246	10% ▽	15%
Depressive disorder	982	42% △	29%
Bipolar disorder	200	9%	8%
Alcohol dependence/misuse	89	4% ▽	7%
Drug dependence/misuse	40	2% ▽	5%
Personality disorder	235	10%	11%
Anxiety disorders	175	7%	7%
Adjustment disorders	167	7% △	4%
Any comorbid (i.e. additional) mental illness	1,310	56%	56%
Any comorbid physical illness	537	23% ▽	27%
Duration of illness (<12 months)	729	34% △	19%
Priority groups:			
Died within 3 months of discharge	594	25% △	11%
Missed last contact with services	514	23%	22%
Non-adherence with medication	322	14% △	12%
Service contact:			
Recent (<1 week) contact	2,079	87% △	39%
Short-term suicide risk: low or none	1,234	61% ▽	84%
Long-term suicide risk: low or none	753	40% ▽	60%

△ ▽ = significantly (p<0.01) higher or lower than all other patients

[†] includes estimated figures in 2021-2023

SUICIDE IN PATIENTS AGED 75 AND ABOVE (UK AND JERSEY, 2013-2023)

Table 6: Socio-demographic characteristics of mental health patients aged 75 and above compared to all other patients who died by suicide (2013-2023)

	Aged 75 and above		Other patients
	Total=1,029 [†]		Total=16,753
	N	%	%
Male [†]	654	64%	65%
Married/cohabiting	383	42% △	26%
Widowed	340	37% △	3%
Living alone	489	51%	47%
Ethnic minority group	33	4% ▽	7%

△ ▽ = significantly (p<0.01) higher or lower than other patients

[†] includes estimated figures in 2021-2023

Table 7: Behavioural characteristics of mental health patients aged 75 and above compared to all other patients who died by suicide (2013-2023)

	Aged 75 and above		Other patients
	Total=1,029 [†]		Total=16,753
	N	%	%
Behavioural:			
History of self-harm	384	41% ▽	62%
History of violence	43	5% ▽	19%
History of alcohol misuse	111	12% ▽	48%
History of drug misuse	19	2% ▽	40%
Suicide-related internet use	22	3% ▽	9%
Recent (<3 months) adverse events:			
Self-harm	171	19% ▽	32%
Serious financial problems	28	3% ▽	17%
Bereavement	101	12% △	9%
Any life event	392	43% ▽	51%

△ ▽ = significantly (p<0.01) higher or lower than other patients

[†] includes estimated figures in 2021-2023

Table 8: Clinical and service contact characteristics of mental health patients aged 75 and above compared to all other patients who died by suicide (2013-2023)

<i>Characteristic</i>	Aged 75 and above		Other patients
	Total=1,029[†]		Total=16,753
	N	%	%
<i>Clinical:</i>			
Primary diagnosis:			
Schizophrenia & other psychotic disorders	44	5% ▽	15%
Depressive disorder	457	49% △	30%
Bipolar disorder	35	4% ▽	8%
Dementia	130	14% △	<1%
Alcohol dependence/misuse	6	1% ▽	7%
Drug dependence/misuse	<3	- ▽	5%
Personality disorder	6	1% ▽	12%
Anxiety disorders	61	7%	7%
Adjustment disorder	63	7% △	5%
Any comorbid (i.e. additional) mental illness	359	39% ▽	57%
Any comorbid physical illness	488	55% △	25%
Short (<12 months) history of illness	262	32% △	20%
<i>Priority groups:</i>			
In-patients	37	4%	5%
Died within 3 months of discharge	80	9% ▽	13%
Under CRHT services	108	11%	14%
Missed last contact with services	81	9% ▽	23%
Non-adherence with medication	79	9% ▽	12%
<i>Service contact:</i>			
Recent (<1 week) contact	482	50%	46%
Short-term suicide risk: low or none	716	85% △	80%
Long-term suicide risk: low or none	508	65% △	56%

△ ▽ = significantly (p<0.01) higher or lower than other patients

[†] includes estimated figures in 2021-2023

CRHT = crisis resolution/home treatment

SUICIDE IN MENTAL HEALTH PATIENTS WITH ANXIETY DISORDERS (UK AND JERSEY, 2013-2023)

Table 9: Socio-demographic characteristics of mental health patients with anxiety disorders compared to all other patients (2013-2023)

	Patients with anxiety disorders		All other patients
	Total=1,337 [†]		Total=15,933
	N	%	%
Age: median (range)	48 (13-94)	△	46 (11-100)
Age group:			
Under 25	110	9%	9%
25-44	432	34%	37%
45-64	514	41%	39%
65-74	142	11% △	9%
≥75	61	5%	5%
Male [†]	832	62%	65%
Not currently married/cohabiting	717	62% ▽	74%
Living alone	469	40% ▽	48%
Unemployed	465	41% ▽	47%
Long-term sick	112	10%	9%
Ethnic minority group	63	5%	7%
LGBT+*	36	5%	6%
Homeless	21	2%	2%

△ ▽ = significantly (p<0.01) higher or lower than other patients

[†] includes estimated figures in 2021-2023

*data from 2016 onwards

Table 10: Behavioural characteristics and adverse life events of mental health patients with anxiety disorders compared to all other patients (2013-2023)

	Patients with anxiety disorders		All other patients
	Total=1,337 [†]		Total=15,933
	N	%	%
Behavioural:			
History of self-harm	654	54% ▽	61%
History of violence	144	13% ▽	19%
History of alcohol misuse	423	35% ▽	47%
History of drug misuse	353	29% ▽	38%
Suicide-related internet use	77	12% △	9%
Recent (<3 months) adverse events:			
Self-harm	316	28%	31%
Serious financial problems	155	16%	16%
Bereavement	96	9%	9%
Any life event	585	51%	50%

△ ▽ = significantly (p<0.01) higher or lower than other patients

[†] includes estimated figures in 2021-2023

Table 11: Clinical and service contact characteristics of mental health patients with anxiety disorders compared to all other patients (2013-2023)

<i>Characteristic</i>	Patients with anxiety disorders		All other patients
	Total=1,337[†]		Total=15,933
	N	%	%
<i>Clinical:</i>			
Any comorbid (i.e. additional) mental illness	853	68% △	55%
Any comorbid physical illness	301	26%	26%
Short (<12 months) history of illness	266	23%	21%
<i>Priority groups:</i>			
In-patients	54	4%	5%
Died within 3 months of discharge	116	10% ▽	14%
Under CRHT services	166	14%	14%
Missed last contact with services	228	20%	22%
Non-adherence with medication	131	12%	12%
<i>Service contact:</i>			
Receiving psychological therapy	278	25% △	15%
Recent (<1 week) contact	557	44%	47%
Short-term suicide risk: low or none	858	83%	80%
Long-term suicide risk: low or none	601	62% △	56%

△ ▽ = significantly (p<0.01) higher or lower than other patients

[†] includes estimated figures in 2021-2023

CRHT = crisis resolution/home treatment

SUICIDE IN RECENT MIGRANTS TO THE UK AND JERSEY (2013-2023)

Table 12: Socio-demographic characteristics of recent migrants to the UK compared to all other patients (2013-2023)

	Recent migrants		All other patients
	Total=838 [‡]		Total=16,372
	N	%	%
Age: median (range)	43 (13-97) ▽		46 (11-100)
Age group:			
Under 25	95	11%	10%
25-44	362	43% △	36%
45-64	292	35% ▽	40%
65-74	58	7%	9%
≥75	31	4%	6%
Male	548	65%	65%
Not currently married/cohabiting	574	75%	73%
Living alone	355	46%	48%
Unemployed	371	50%	46%
Ethnic minority group	102	13% △	7%
LGBT+*	30	7%	5%
Homeless	17	2%	2%

[‡]confirmed figures are shown

△ ▽ = significantly (p<0.01) higher or lower than other patients

*data from 2016 onwards

Table 13: Behavioural characteristics and adverse life events of recent migrants to the UK compared to all other patients (2013-2023)

	Recent migrants		All other patients
	Total=838 [‡]		Total=16,372
	N	%	%
<i>Behavioural:</i>			
History of self-harm	457	58%	61%
History of violence	143	20%	19%
History of alcohol misuse	364	47%	46%
History of drug misuse	308	39%	37%
Suicide-related internet use	34	8%	9%
<i>Recent (<3 months) adverse events:</i>			
Self-harm	218	30%	31%
Serious financial problems	127	21% △	16%
Bereavement	71	10%	9%
Any life event	404	53%	50%

[‡] confirmed figures

△ = significantly (p<0.01) higher than other patients

Table 14: Clinical and service contact characteristics of recent migrants to the UK compared to all other patients (2013-2023)

Characteristic	Recent migrants		All other patients
	Total=838[‡]		Total=16,372
	N	%	%
Clinical:			
Primary diagnosis:			
Schizophrenia & other psychotic disorders	137	17%	15%
Depressive disorder	225	28%	31%
Bipolar disorder	83	10%	8%
Alcohol dependence/misuse	47	6%	6%
Drug dependence/misuse	32	4%	5%
Personality disorder	91	11%	11%
Adjustment disorder	45	6%	5%
Anxiety disorder	58	7%	7%
Any comorbid (i.e. additional) mental illness	432	54%	56%
Any comorbid physical illness	160	21% ▽	26%
Short (<12 months) history of illness	177	26% △	21%
Priority groups:			
In-patients	52	6%	5%
Died within 3 months of discharge	133	17% △	13%
Under CRHT services	132	17%	14%
Missed last contact with services	175	23%	22%
Non-adherent with medication	98	13%	12%
Service contact:			
Recent (<1 week) contact	390	47%	46%
Short-term suicide risk: low or none	562	81%	81%
Long-term suicide risk: low or none	398	60%	56%

[‡] confirmed figures

△ ▽ = significantly (p<0.01) higher or lower than other patients

CRHT = crisis resolution/home treatment