People Leaders Programme Roadmap

Pre- learning	Pre- learning	Pre- learning	Pre- learning	Pre- learning
Max: 1.5 hours	Max: 1.5 hours	Max: 1.5 hours	Max: 1.5 hours	Max: 1.5 hours

Launch
➤ An overview of the programme for participants and their line managers

1.5 hours

**Module 1
Leading Self**
➤ Self-awareness
➤ Emotional regulation
➤ Resilience
➤ Leadership style

6 hours

**Module 2
Purpose & Relatedness**
➤ Motivation
➤ Psychological safety
➤ Effective conversations
➤ Stress and wellbeing

6 hours

**Module 3
Autonomy & Mastery**
➤ Empowering capability through coaching
➤ Feedback
➤ Autonomy & delegation

6 hours

**Module 4
Performance Excellence**
➤ Strengthen performance with clear expectations
➤ Accountability and development

6 hours

**Module 5
Agility & Optimisation**
➤ Leading effectively through change and continuous improvement

6 hours

Impact
➤ Closing the programme with evaluation of learning and next steps

2.5 hours

Social Learning Set	Social Learning Set	Social Learning Set
2 hours	2 hours	2 hours