

# REMORA2 Patient Newsletter



## Welcome

Hello. Like you, I have Rheumatoid Arthritis (RA), and it's hard enough to recall how my RA has felt this year, let alone how I've been since my last consultant appointment. But when I was first diagnosed 13 years ago, I was advised to keep a daily diary, and this proved very useful in tracking how my symptoms have varied, particularly as I moved from England to Scotland, changed GP, consultant, medications, and had other health issues.

Having an easily accessible record of RA's ups and downs in your pocket, already shared with your consultant, looks like a really good next step, so I was pleased to join the Patient Group in the REMORA research project to

help make that a reality for us all. It's encouraging that so many people taking part in this trial of a new piece of medical technology have been completing the web surveys, and I'm looking forward to using REMORA in the future.

Items in this edition include:

- Update about progress with the REMORA2 web surveys
- An introduction to Chris, REMORA2 Data Manager
- Survey prize draw winners update



**John**

**Member of the REMORA2 Patient Panel**

## Your Survey Responses are Making a Difference - Thank You!

### REMORA2 web survey

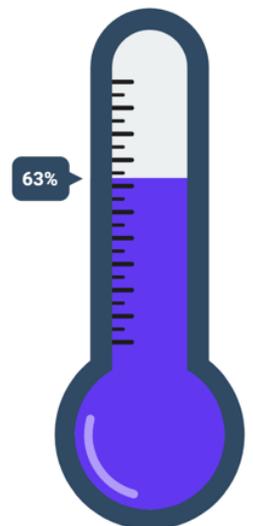
In our April newsletter, we shared an update on the online web survey, which REMORA2 participants are invited to complete when joining the study and again at 3, 6, 9, and 12 months. Since then, thanks to your time and commitment, our response rates have increased significantly. Your contributions are making a real difference. Thank you for helping us push those numbers up!

The more information you provide, the better we can understand how technology, like the REMORA app might help improve your daily life and reduce the number of visits to your doctor.

If you haven't completed your questionnaires yet, don't worry. Every response matters, and if you need a survey re-sending, please contact the Team and your unique survey link can be re-sent. Please continue to complete any surveys you receive.

To learn more about why these surveys are so important, watch this short video:

[Watch here](#)



**Don't forget to tell your clinician that you are part of REMORA2!**

# Meet the team: REMORA2 Data Manager

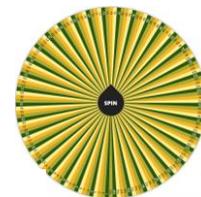


My name is Chris Linsley, and I am the Data Manager on the REMORA2 study. I have been working in clinical trials data for nearly 10 years now, and before working at Manchester I worked at clinical trials units in Leeds and Edinburgh. Before that I completed a PhD on a databasing project in medieval history (so quite the career change at the time!)

My main responsibility is to ensure the study's dataset is as high quality as possible and is ready to be handed over to the statisticians for analysis at the end. I manage the study databases and work with staff at your hospital to ensure any issues or queries with the data are resolved. I'm also in charge of coordinating the web surveys you have been completing every 3 months, so a huge thank you to everyone who has completed those.



## Your Feedback Makes a Difference! 12-Month Survey Prize Draw Winners



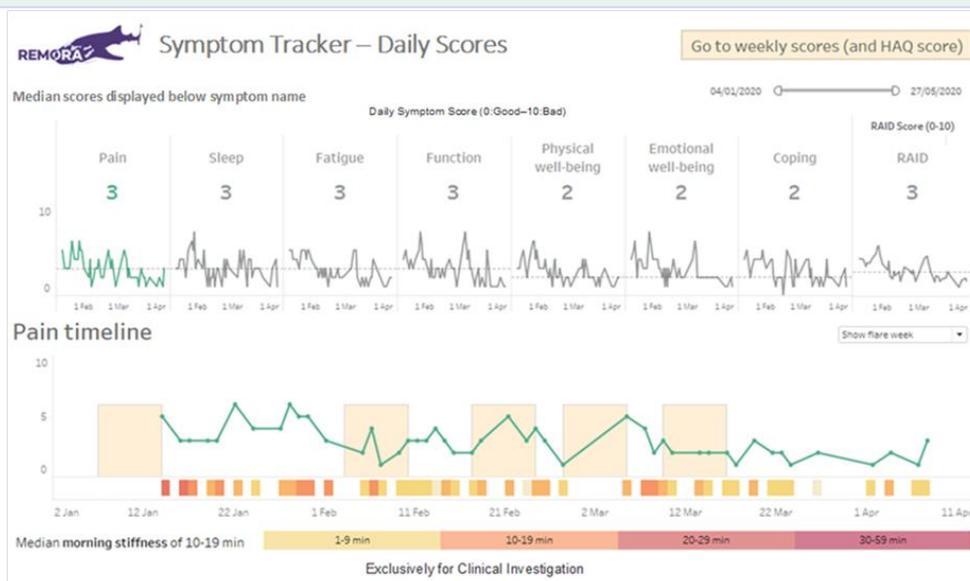
### A huge thank you for completing our 12-month web survey!

We're grateful to everyone who has completed the survey so far. Your feedback is incredibly valuable to our trial.

We're excited to announce that the first prize draw has taken place! Three lucky winners were randomly selected by Chris, our Data Manager using an online number generator. Each winner will receive their Love2Shop vouchers via email by the end of November.

If you weren't selected this time, don't worry. There are still two more prize draws to come, with three winners chosen each time. To enter, simply complete the 12-month survey and opt in to the prize draw at the end. If you haven't received your invitation to complete the survey, please contact us and we can re-send it. **Good luck and thank you once again for your support!**

## Remember to ask your doctor or nurse to check your progress since your last visit



This is what you and your health care professional will see if you've been recording your symptoms in the REMORA app.

*Please note that these graphs are for illustrative purposes only and do not include REMORA patient data*

### Get in touch

If you have any queries about the REMORA2 study or you are experiencing any issues, please email [remora2@manchester.ac.uk](mailto:remora2@manchester.ac.uk) or call **0161 306 2000** to reach the University of Manchester study team.