

## **Year 1 Placement 2: Theory–Practice Links for Practice Assessors and Supervisors**

### **Supporting Student Nurses in Practice**

This summary outlines the key areas students have been learning in university to help practice colleagues understand how to support and reinforce this learning during placement.

### **What Students Have Covered in Theory**

#### **1. Public Health, Society and Nursing**

- Principles of **health promotion, health improvement, and public health policy**
- Understanding **epidemiology, demography, and genomics**
- Exploring **wider determinants of health** (e.g. socioeconomic status, lifestyle)
- Role of nurses in promoting health across the lifespan
- Importance of **early years interventions and adverse life experiences**
- Behaviour change approaches and **“Making Every Contact Count”**

#### **2. Values-Based Nursing**

- Core values of **accountable professional nursing practice**
- Understanding **The Code (NMC, 2018)** and professional integrity
- History and evolving nature of nursing
- Promoting **non-discriminatory, person-centred, compassionate care**
- Reflecting on personal development and professional conduct

#### **3. Fundamentals of Anatomy and Physiology**

- Basic understanding of body systems and their relevance to health
- Linking anatomy and physiology to patient assessment and care planning

### **How You Can Support Learning in Practice**

- **Ask students to apply theory:** e.g. “How does this patient’s social background affect their health?”

- **Encourage reflection:** e.g. “What public health principles apply here?”
- **Use real scenarios:** e.g. Discuss screening, health promotion, or lifestyle advice.
- **Reinforce professional values:** e.g. “How does The Code guide your actions here?”
- **Support communication and teamwork:** Encourage students to work collaboratively and communicate effectively.