



REMORA Dashboard Reminder: Please Check During Appointments!

We have received feedback from patients taking part in REMORA that their symptom tracking data isn't always being looked at during follow-up appointments.

Reviewing the dashboard before or during an appointment can make a huge difference to patients, reinforcing how valuable their tracking is to their care.

Many patients have been tracking daily and recording their symptoms for months, and some have said it's disheartening not to receive any acknowledgement or discussion during clinic visits.

At some sites, the dashboard is viewed in only 1 in 8 appointments

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**Drugs don't work if you don't take them
This trial won't work if you don't look at the dashboard**

When clinical teams have been checking the dashboard, we have received positive feedback. We know clinics can be busy but **it's quick and easy**. Logging into the dashboard takes seconds and checking it regularly can become part of your routine.

REMORA Dashboard: Your New Way of Assessing Patient Progress Since the Last Visit

"In busy clinics where every minute counts, the REMORA dashboard is a valuable tool for clinicians to quickly review a patient's current condition and response to treatment at a glance.

One of its standout features is the intuitive graphical timeline, which makes it easy to track ongoing symptoms over time. The dashboard comprehensively covers nearly all domains of activities of daily living (ADLs), including diurnal variations, providing a holistic view of the patient's status. The colourful representation of Early Morning Stiffness (EMS) is particularly helpful for quick interpretation.

It's rewarding to observe changes in the graphs—highlighting the ups and downs following steroid therapy or medication adjustments—offering clear visual evidence of treatment effects. REMORA truly supports efficient, informed decision-making in a fast-paced clinical environment".

Mary Sajini Prasad
Rheumatology Nurse Specialist
Trafford General Hospital - Manchester

Advantages of checking the dashboard



It supports shared decision-making. Real-time data offers a clearer picture of disease activity between appointments.



It helps spot trends, flares, or improvements that might otherwise be missed.



Improves quality of care. A quick check can offer insights that improve symptom management.



***Help make REMORA data part of our everyday practice.
Patients are doing their part, let's do ours!***



Tell us what you think – it's part of the research

After reviewing the dashboard, you need to tell us what you think and how you used it by completing the feedback form (see below for details about how).

There's also an option if you did forget or didn't have time. You don't need to write anything – just tick the relevant box. We need to know this information so we can understand why symptom tracking does or doesn't work in improving patient outcomes.

100% returned 	Pennine Central Middlesex Northwick Park Chelsea & Westminster Stepping Hill Manchester Royal Wrightington Fairfield Tameside
<20% missing	Rochdale Wythenshawe
40-60% missing	Trafford General Bolton
60-80% missing	Salford
>80% missing	St Marys Hammersmith

REMORA data visualisations	
How did you review the data for this patient? (tick all that apply)	
Not Applicable – patient in Standard of Care group	
Before the appointment	
During the appointment, <u>as part of discussions with</u> the patient	
During the appointment, <u>without discussing it with</u> the patient	
After the appointment	
N/A – forgot to attempt data access	
N/A – did not have time to attempt data access	
N/A – data not available (patient does not seem to be tracking)*	
N/A – data not available (technical issues)*	
How helpful was the REMORA data for this consultation? (tick one response)	
<i>Please use the below free text box to explain why you did/did not find the REMORA data helpful.</i>	
<input type="checkbox"/> Extremely helpful	
<input type="checkbox"/> Somewhat helpful	
<input type="checkbox"/> Neither helpful / unhelpful	
<input type="checkbox"/> Somewhat unhelpful	
<input type="checkbox"/> Extremely unhelpful	

To improve these numbers at your site, please fill in this form / email details to your Research Nurse. Each site is different, and your local research team will be able to tell you how they are collecting this information.

Without it, we can't report on whether the dashboard is useful.

**Join our Global Training dashboard refresher sessions:
Monday, 14 July 11:00–11:30am and
Thursday, 18 September 2:30–3:00pm**