Key Placement Information: HMP Manchester

Organisation:

Greater Manchester Mental Health NHS Foundation Trust (GMMH)

Location:

HMP Manchester

1 Southall Street, Manchester, M60 9AH

Title of placement:

Mental Health in reach (Mental health students)
Inpatients (Mental health and adult nursing students)
Primary care (Adult nursing students)

Placement Contact:

PEL for Inpatient team: Emily Hamnett - Emily.hamnett@gmmh.nhs.uk

PEL for Mental health in-reach team: Peter Johnson - <u>Peter.Johnson@gmmh.nhs.uk</u>
PEL for Primary Care Team: Sundar Annamalai - <u>Sundar.Annamalai@gmmh.nhs.uk</u>

Web Address:

https://www.gov.uk/guidance/manchester-prison

Phone Number:

Primary Care - 0161 817 5929 Inpatients - 0161-817 5827 MHIT - 0161 817 5979

University Contact:

Stephen Worth (PLL): stephen.worth@manchester.ac.uk

What is organised for students on commencement of placement?

Students are encouraged to make contact prior to commencing placement to discuss requirements, uniform policy, start date, shift pattern/ expectations.

Local and student induction/ orientation on first day where possible

What are the arrangements for assessors/ supervisors?

Students are assigned to an assessor and supervisor(s) prior to commencing placement where possible. Assessor or supervisor will complete initial interview during the first week where possible.

Students will primarily work alongside multiple supervisors who will then provide feedback to the assessor.

Assessor will meet with the student at mid-point and final-point to provide feedback on development.

What shift patterns are students allocated for learning?

Healthcare at HMP Manchester operates round the clock all days of the year. All staff works various shifts within these 24 hours depending on which team you are assigned to- please make contact with the team you have been assigned to to discuss further.

Early shift -07:00-13:00 Late shift-12:45-21:00 Long Day-07:30-20:30 Night Shift-20:45-07:15 MHIT - 08.00 - 18.00

Notes: Practitioners usually work 2 x short days and 2 x long days per week. MHIT work 4 x 8-6. Any other variations will need to be agreed with Manager/ PEL or assessor.

Patient Care Situations:

Healthcare delivery is currently commissioned by Greater Manchester Mental Health Trust and is delivered by two different providers:

- 1. HMP Manchester
- 2. Greater Manchester Mental health NHS Trust

The Healthcare team comprises of:

- 1. Nurses (RMN, RGN and Non-Medical Prescribers)
- 2. Healthcare Assistants
- 3. GP's
- Psychiatrists
- 5. Pharmacists
- 6. Healthy Prison Coordinator
- 7. Discipline officers
- 8. Smoking Cessation

In addition to these staff, there are a number of additional professionals who come into the prison, on a sessional basis, to provide additional services. These are:

- 1. Physiotherapy
- 2. Dentist
- Optometrist
- 4. X-Ray
- 5. Podiatry

What nursing model is used for planning care?

Primary Care:

The ground floor of the Healthcare Department houses the primary Care Centre and this is where the majority of the community type services are delivered. Prisoners are escorted to and from the Healthcare Centre by Discipline officers.

There are eight medication dispensing points on A, B, C, D, E, G&H, I and K wings which are used to dispense medications twice a day (only I wing doing 3 times a day). These dispensing points are located in rooms which are also used for medical/nursing staff to hold clinics during the core day.

Nursing staff are present in reception throughout the day and all new receptions are given full health screening. Where it is identified necessary, they will be referred to substance misuse team OR reception GP OR Mental Health as required.

Inpatients:

The Healthcare Inpatients Unit has 21 beds and caters for patients with physical and mental health needs. Admission to the Unit is based purely on clinical need, and to manage risk that cannot effectively be managed in the main prison.

A multi-disciplinary team of nursing and discipline staff ensure that the needs of the patients are met. A consultant Psychiatrist oversees the care of the mental health patients and the GP's hold regular clinics to ensure that the physical health needs of patients are met.

MHIT:

The Prison Mental Health In Reach Team (MHIT) operates on the same principles as a Community Mental Health Team.

All prisoners are assessed by the team on arrival at the prison to identify any mental health needs. Referrals can also be made via the GPs. An MDT decision is made as to whether they are suitable for primary or secondary mental health care.

Primary care covers complex or high-risk cases that cannot be managed by the GPs, and also those with a diagnosis of personality disorder or ADHD. Secondary mental health care covers prisoners diagnosed with a serious mental illness such as schizophrenia or bi-polar disorder. Those under secondary health care are usually allocated a nurse to oversee their care.

The MHIT also operate a day care centre where prisoners can access a range of different group activities. The Psychiatrist and Mental Health Nurses of Inpatients and MHIT are responsible for coordinating all the external transfers of patients to hospital under the Mental Health Act (1983).

Core Clinical Skills:

Mental state assessments/ triage

Psychiatric/ MDT reviews

Physical health interventions

Medication

1-1 sessions

Diverse mental health issues

Learning Resources:

Trust Library

Debrief sessions

MDT reflective discussions

Resource files

Skilled staff

Student information booklet and noticeboard

Coaching model

MDT learning

Trust wide CPD training

Learning hub

Regular peer/ group supervision

Research Development Activities:

Ongoing research and activities to improve patient care.

Spoke Placements:

Vaccination clinic, Podiatry, Sexual Health, Smoking cessation, Chaplaincy, Blood Borne Virus clinic, Physiotherapy, and Mental Health In-reach.

Inpatients/ outpatients/ MHIT- students can spoke across the 3 hub teams

Model/ St Joseph's Hostel.

Substance Misuse:

The substance misuse team run by Adelphi, work with offenders throughout their stay at HMP Manchester. From reception through to discharge they are under the care of nursing and discipline staff who specialise in drug and alcohol misuse.

Group sessions are run and, through liaison with external agencies, the focus is on how prisoners can engage, receive appropriate support and remain abstinent on release.

Greater Manchester Liaison & Diversion service

Matrons Team

Additional Information:

Student nurses will not be given keys for security reasons during their placement. For this reason, they will always be under direct supervision of a directly employed member of Staff. Student will remain supernumerary for the duration of their placement.

Given the nature of the placement, there are a number of prohibited items (which includes mobile phones). Please talk to your PEL for details.

Students can prepare for a prison placement by watching: https://www.gmmh.nhs.uk/health-and-justice-careers?utm content=buffer71be7&utm medium=social&utm source=twitter.com&utm campaign=buffer&fb clid=lwAR0EiDOHLHBsLRGpwhzdGzpc1MSA5lcyOVe l4yOcoVsHrZLlwCFUINJAj8