



## FAQ: HMP Manchester Mental Health In-Reach

### Q. What should I bring?

- Lunch in a clear container (there is a fridge and microwave in the office)
- Pens
- Small, essential toiletries (in a clear case)
- Identification (driving licence or passport)
- An empty water bottle (there is a water fountain you can use)
- Prescribed medication for one day
- Manual watch

### Q. What should I not bring?

- Phone (unless this is required for public transport, you can then ask for a locker key at reception)
- Any electronic devices such as laptops and smart watches
- Notebooks/loose paper (there are notebooks and paper available in the office)
- Glass items
- Chewing gum
- More listed on prohibited items document...

### Q. What should I do on arrival to the prison?

1. Enter the prison via the main entrance where you need to pick up a clear bag and deposit your belongings inside this bag.
2. Go to the reception desk before security to give you ID and have your photo/fingerprints taken.
3. Once you have been given your visitors pass from reception, you can then pick up a grey security tray and deposit your items including your plastic bag with all your belongings, coats/jackets/watches/belts into.
4. You will then be guided through security and may be subject to a spot check/pat down.
5. Once you have passed security and gathered your belongings, you can make your way through the gates and fingerprint scan to wait in the waiting area for a member of the team to collect you. **Remember to hand back your lanyard to reception at the end of the day!**

### Q. How safe is the prison?

Whilst the prison environment can pose risks and demand a higher level of security than placements you have previously been before, you will always be with another member of staff when leaving the MHIT office. Alongside being with a qualified member of staff, there is also many prison officers on the wings and around the prison for support and safety also.

### Q. Who can I work with/SPOKE whilst on my placement?

There are many opportunities to work alongside members of the multi-disciplinary team and attend SPOKE's to gain a wider insight into forensic care whilst at HMP Manchester, some of which include:

- Psychological Wellbeing Practitioners
- Psychological Therapies

- Advanced Care Practitioners
- Drug and Alcohol Rehabilitation Services
- Mental health in-patient
- Hotel 1 & primary care
- HMP Buckley Hall (Male, Category C)
- HMP Forest Bank (Male, Category B/Remand)
- HMP Styal (Female, uncategorised)

### Q. Will I get access to the computer/systems?

Yes. You will be able to access the trust computer (GMMH email) and will also be authorised access to the system the MHIT use: SystemOne. In SystemOne you can access patient medical history, and this will be where you can input entries and your documentation e.g. risk assessments, triage, ACCT review's etc. Once you feel confident, you can independently enter entries into SystemOne but always make sure to get this checked by the nurse you are working with. You can also access the GMMH trust intranet – a good opportunity to explore trust policies!

### Q. What will I be doing whilst on placement?

You will be able to observe/engage in many opportunities whilst on placement with the MHIT including several meetings (both NHS and prison related), have the chance to engage with and assess prisoners, work in different areas of the prison such as the wings, prison reception, the close supervision unit and the healthcare wing.

### Q. What might a typical day look like with the MHIT?

- Start the day at 8am
- Attend the morning meeting where the day's ACCT reviews/welfare checks etc are discussed.
- If with the duty nurse, you will might attend some ACCT reviews/depot administration/welfare checks/triage etc. Here, you can ask to take notes and try writing up these assessments when you get back to the office.
- Lunchtime, followed by an MDT meeting, where patients are discussed and plans of action are made.
- You may then spend the rest of the day visiting prisoners for reviews, attending meetings such as Section 45 reviews in the close supervision unit etc.
- Day ends at 6pm.

### Q. Is there any terms I should know, that are used within the prison environment?

You will likely encounter many new terms/acronyms whilst in placement that you may have not heard of before. You can ask staff about any of these words or note them down to research for independent study. However, some of the most commonly used ones are:

- ACCT – Assessment, Care in Custody Teamwork
- CSU/CSC – Close supervision Unit/Centre
- OMU/POM – Offender Management Unit/ Prison Offender Manager
- IEP – Incentives and Earned Privileges
- HMIP – His Majesties Inspectorate of Prisons
- IMB – Independent Monitoring Board
- CT – Counter Terrorism
- TACT – Terrorism Act 200
- OP – Own protection
- VP – Vulnerable Prisoner