Welcome to HMP MANCHESTER

STUDENT NURSE INFORMATION BOOKLET



HMP Manchester is a Diversity/Equal Opportunities
Establishment, and all staff are reminded that it is
their responsibility to respect and treat all colleagues
fairly, irrespective of their age, religious view or
beliefs, disabilities, sexual orientation, gender, or if
they are currently undergoing or have already
undergone gender reassignment.

Statement of Purpose

Her Majesty's Prison Service serves the public by keeping in custody those committed by the courts. Our duty is to look after them with humanity and help them lead law-abiding and useful lives in custody and on release.

HMP Manchester, in partnership with local health providers, ensures a full range of equivalent services are available to meet the healthcare needs of our client group. Where necessary referrals to external providers are made to ensure that our clients receive an equitable service.

https://en.wikipedia.org/wiki/HM_Prison_Manchester

History

Construction of the Grade II listed prison was completed in 1869, and it was opened on 25 June 1868, to replace the New Bailey Prison in Salford, which closed in 1868. The prison, designed by Alfred Waterhouse in 1862 with input from Joshua Jebb, cost £170,000, and had a capacity of 1,000 inmates. Its 234 feet (71 m) ventilation tower (often mistaken for a watchtower) has become a local landmark. The prison's walls, which are rumoured to be 16 feet thick, are said to be impenetrable from either inside or out.

The prison has an element of the separate system with its plan in the form of a star or a snowflake, with two blocks housing ten wings that emanate from a central core where the watchtower is situated. The prison consists of two radial blocks branching from the central core with a total of ten wings (A, B, C, D, E, F in one block, and G, H, I, K in the second).

The jail was built on the grounds of Strangeways Park and Gardens, from which it was named. Strangeways was recorded in 1322 as Strangwas from the Anglo-Saxon Strang and gewæsc meaning "[a place by] a stream with a strong current".

The prison was open to male and female prisoners until 1963 when the facility became male-only, and in 1980 it began to accept remand prisoners. As of 2005, the prison holds more than 1,200 inmates.

As a place of execution

Originally, the prison contained an execution shed in B wing and after World War 1- a special execution room and cell for the condemned criminal was built. Strangeways was one of the few prisons to have permanent gallows. The first execution at Strangeways was that of twenty-year-old murderer Michael Johnson who was hanged by William Calcraft on 29 March 1869. Twenty-nine hangings took place over the next twenty years and 71 took place in the 20th century, bringing the total number to 100. During the second half of the century, the number of executions decreased, with no hangings between 1954 and 28 November 1962, when James Smith was executed. John Robson Walby (alias Gwynne Owen Evans), one of the last two people to be hanged in England, was executed here on 13 August 1964. Out of the 100 hangings, four were double hangings, while the rest were done individually. The "quickest hanging" of James Inglis in seven seconds, carried out by Albert Pierrepoint, took place here.

HMP MANCHESTER HEALTH CARE CENTRE

PLACEMENT INFORMATION

Statement of Purpose

Her Majesty's Prison Service serves the public by keeping in custody those committed by the Courts. Our duty is to look after them with humanity and help them law-abiding and useful lives in custody and after release.

All prisoners are entitled to receive an equivalent level of healthcare to that which they would be entitled to receive in the community.

Accommodation

HMP Manchester has the capacity of 750 prisoners. As it is part of the Prison Service High Security Estate, it holds all categories of prisoners, from the most minor offences up to, and including terrorists.

Accommodation is spread across NINE residential wings and Healthcare Centre.

A,B,C,D and E wings are located in the bottom prison and cater for sentenced, vulnerable and high security prisoners. The Segregation Unit and SIU are parts of E wing.

G,H, I, and K wings are located in the top prison and cater for remand, trial and remanded prisoners. K wing exclusively houses vulnerable prisoners. I wing also houses Drug and Alcohol Recovery Service (DARS) team who specialise in the treatment of substance misuse and alcohol misuse.

Staffing

Healthcare delivery is currently commissioned by Greater Manchester Mental Health Trust and is delivered by two different providers:

- 1. HMP Manchester
- 2. Greater Manchester Mental health NHS Trust

The Healthcare team comprises of

- 1. Nurses (RMN, RGN and Non-Medical Prescribers)
- 2. Healthcare Assistants
- 3. GP's
- 4. Psychiatrists
- 5. Pharmacists
- 6. Healthy Prison Coordinator
- 7. Discipline officers

8. Smoking Cessation

In addition to these staff, there are several additional professionals who come into the prison, on a sessional basis, to provide additional services. These are:

- 1. Physiotherapy
- 2. Dentist
- 3. Optometrist
- 4. X-Ray
- 5. Podiatry

Healthcare Delivery

Primary Care

The ground floor of the Healthcare Department houses the primary Care Centre and this is where the majority of the community type services are delivered. Prisoners are escorted to and from the Healthcare Centre by Discipline officers.

There are eight medication dispensing points on A, B, C, D, E, G&H, I and K wings which are used to dispense medications twice a day (only I wing doing 3 times a day). These dispensing points are in rooms which are also used for medical/nursing staff to hold clinics during the core day.

Nursing staff are present in reception throughout the day and all new receptions are given full health screening. Where it is identified necessary, they will be referred to substance misuse team OR reception GP OR Mental Health as required.

All prisoners are offered a secondary healthy screening within 72 hours of arrival to the prison.

The nursing team run clinics in several specialist areas such as:

- 1. Chronic disease Management such as Asthma, Diabetes and Epilepsy.
- 2. Blood borne virus, sexual health screening.
- 3. Venepuncture
- 4. Wound care including leg ulcers.
- 5. Non-Medical Prescribing
- 6. Hypertension
- 7. Weight management
- 8. Ear care
- 9. TB screening
- 10. FLU vaccinations, Hepatitis B vaccinations
- 11. Depot injection clinic

Inpatients

The Healthcare Inpatients Unit has 21 beds and caters for patients with physical and mental health needs. Admission to the Unit is based purely on clinical need, and to manage risk that cannot effectively be managed in the main prison.

A multi-disciplinary team of nursing and discipline staff ensure that the needs of the patients are met. A consultant Psychiatrist oversees the care of the mental health patients and the GP's hold regular clinics to ensure that the physical health needs of patients are met.

Mental Health Team

The Prison Mental Health IN Reach Team (MHIT) operates on the same principles as a Community Mental Health Team.

All prisoners are assessed by the team on arrival at the prison to identify any mental health needs. Referrals can also be made via the GPs. An MDT decision is made as to whether they are suitable for primary or secondary mental health care.

Primary care covers complex or high-risk cases that cannot be managed by the GPs, and those with a diagnosis of personality disorder or ADHD. Secondary mental health care covers prisoners diagnosed with a serious mental illness such as schizophrenia or bi-polar disorder. Those under secondary health care are usually allocated a nurse to oversee their care.

The MHIT also operate a day care centre where prisoners can access a range of different group activities.

The Psychiatrist and Mental Health Nurses of Inpatients and MHIT are responsible for coordinating all the external transfers of patients to hospital under the Mental Health Act (1983).

Substance Misuse

The substance misuse team run by Adelphi, work with offenders throughout their stay at HMP Manchester. From reception through to discharge they are under the care of nursing and discipline staff who specialise in drug and alcohol misuse.

Group sessions are run and, through liaison with external agencies, the focus is on how prisoners can engage, receive appropriate support, and remain abstinent on release.

Shift pattern

Healthcare at HMP Manchester operates round the clock all days of the year. All staff works various shifts within these 24 hours.

Early shift -07:00-13:00

Late shift-12:45-21:00

Long Day-07:30-20:30

Night Shift-20:45-07:15

MHIT - 08.00 - 18.00

Student Nurses/Supervision

Student nurses will not be given keys for security reasons during their placement. For this reason, they will always be under direct supervision of a directly employed member of Staff. Student will remain supernumerary for the duration of their placement. Mobile Phones strictly NOT allowed, possession of Mobile Phone inside HMP Manchester is an OFFENCE and will be reported to POLICE. List of restricted items include Tobacco, Illegal drugs, glass bottles, sim cards, USB, Camera, Audio/Video recording equipment, Unsealed liquid contents in a bottle. This list is NOT exhaustive; please speak to one of the staff for further advice on what you can bring into the establishment.

Other Information

GMMH are passionate when it comes to equality and diversity. There is a nominated BAME staff network lead available for support and advice as well as a LGBTQ+ staff network. Full details and contact information are available on the Trust intranet page. We also have a freedom to speak up guardian who can be contacted via Switch however, details also available of the Trust intranet page.

How to find us

1 Southall St, Manchester M60 9AH

We do not have parking facility for Student Nurses; however, parking facility can be found adjacent to the Prison which charge from £2:00 at present and accepts online payment. If travelling by public transport, please access information via

http://www.tfgm.com/journey_planning/Pages/default.aspx.

Available spoke placements

Vaccination clinic, Podiatry, Sexual Health, Smoking cessation, Chaplaincy, Blood Borne Virus clinic, Physiotherapy, and Mental Health In-reach.

Where to find information

Student notice board located in the Board room, Staff and Intranet.

<u>Useful contact numbers</u>

Healthcare Centre-0161 817 5929

Inpatients-0161-817 5827

Inpatients Officer-0161-817 5824

Main Gate-0161-817 5748/5749/5750

Uniform policy and smoking policy

Students are advised to wear Uniform as prescribed by their Universities and must be compliant with Moving and Handling training of your University.

HMP Manchester adheres to 'No smoking policy'

Kitchen

Fridge, Oven, Toaster, Microwave, and kettle available, students are advised to bring their own 'brew packs' as required. Please note, unsealed bottles of any liquid are not allowed to be brought into the prison.

Sickness

On the first instance, you must inform your University as well as your personal tutor/placement officer. You must also telephone either Inpatients or Healthcare centre number to inform number of days you anticipate to be off-sick.

Commonly used Medications

Pregabalin, Gabapentin, Quetiapine, Olanzapine, Mirtazapine, Sodium Valporate, Depakote, Hepatitis Vaccination, Paracetamol, Ibuproffen, Gaviscon, Cetirizine.

Commonly Abbreviated words and terms

ACCT-Assessment, Care in Custody and Teamwork

DSH-Deliberate Self Harm

Algorithm-Risk assessment to hold a prisoner in Segregation Unit

B.O.S.S Chair-Body Orifice Security Scanner chair.

NPS/Spice-New Psychoactive substance

KEY HEALTHCARE STAFF

Robert Downs Head of Healthcare and Practice Educator Lead

Dr.Aran Gillespie Salaried GP, Clinical Lead

Sr. Victoria Truman Manager- Mental Health In-Reach Team

Tracey Morgan Manager-Primacy Care

Ch.Nurse Andrew Owen Trainee Advance nurse Practitioner

Sr.Nurse Emma Smith Manager-Inpatients

Sr.Janet Dale Deputy Manager-Inpatients

Sr.Clare Bree Deputy Manager-Inpatients

NMP Sr.Michelle Brooks Wound Care Lead Nurse

NMP Sr.Denise Booth Diabetic Lead Nurse

RGN Joanne Noble Health Promotion Lead Nurse, BBV & Hepatitis liaison and

vaccination Lead Nurse

RGN Carolyn Sheppard Infection Control Audit Nurse, Secondary Hypertension

Caseload Nurse

RGN Linda Harrison Weight Management Caseload Nurse, Professional Nurse

Advocate

NMP Sundar Annamalai Pre-op Assessment Nurse, Practice Educator Lead/Student

Nurse Liaison and Primary Hypertension Clinical Nurse

RGN-Danielle Spirou Over 50's Caseload Nurse

RGN-Jenna Lavelle Over 50's Caseload Nurse

RGN-Nicola Holland Diabetic Management Caseload Nurse

Ms.Julie Rainford Social Care Worker

Ms.Elizabeth Dalli Social Care Worker

TEAM OF MENTORS

Ch. Nurse.Robert Downs (Practice Education Assessor)

Ch.Nurse-Andrew Owen (Practice Education Assessor)

Sr. Victoria Truman (Practice Education Supervisor)

Sr. Nurse Emma Smith (Practice Education Assessor)

RGN-Michelle Brooks (Practice Education Assessor)

RGN-Joanne Noble (Practice Education Supervisor)

RGN-Denise Booth (Practice Education Supervisor)

RGN-Sundar Annamalai (Practice Education Assessor)

RGN-Linda Harrison (Practice Education Assessor)

RGN-Clare Bree (Practice Education Supervisor)

RGN-Danielle Spirou (Practice Education Supervisor)

RGN-Jenna Lavelle (Practice Education Supervisor)

RGN-Nicola Holland (Practice Education Assessor)

RGN-Charlotte Crabtree (Practice Education Supervisor)

RGN-Andrew Forkin (Practice Education Assessor)

RGN-William Clarke (Practice Education Supervisor)

RMN-Janet Dale (Practice Education Assessor)

RMN-Susan Walker (Practice Education Assessor)

RMN-Julie Allcroft (Practice Education Supervisor)

CPN-Peter Johnson (MHIT) (Practice Education Assessor)

CPN-Mags Nutter (Practice Education Supervisor) (MHIT)

CPN-Katie Messenger (MHIT) (Practice Education Assessor)

CPN-Niamh Mclaughlin (Practice Education Supervisor)