

**Investigating How Dedicated Youth Worker Services for Young People with Physical and/or Mental Health Conditions are Organised, Provided and Experienced**

**Health + Youth Work Project**

**Interview Information Sheet: Young People (Under 16)**

**Who is Conducting this Research?**

Hello, my name is Claire / Rosie

I work as a researcher at the University of Manchester. My job is to find out what young people think about different things that happen in their lives.

I would like to invite you to take part in our research about youth work services for young people aged 11 to 25 who have long term mental and/or physical health conditions. The study is being conducted by researchers in the Division of Nursing, Midwifery and Social Work from the School of Health Sciences, at the University of Manchester. Researchers and practitioners from Manchester University NHS Foundation Trust, Cardiff University, University of Dundee, Nottingham Children’s Hospital and Greater Manchester Integrated Care Partnership are also supporting the research. A group of young people with lived experience of long-term health conditions are helping us to carry out the study. They have made a video about the study which we can email to you or [you can access here](https://video.manchester.ac.uk/faculties/edfa2331ca0cd9a14d717cb1d233466f/96139a9a-e0b9-4da1-98b5-720bd8024143)

This leaflet explains what is involved and how to take part if you decide you want to. Before you decide if you want to take part, please make sure that you understand:

1. Why the research is being done.
2. What your involvement in the research will be.

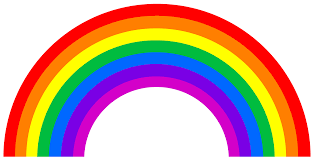
Take your time to read through this information sheet before you decide if you wish to take part. Ask as many questions as you wish.

If it would help you, we could send you an audio recording of this information sheet or a copy of it in a larger font or in high/low contrast, please **contact Rosie or Claire:**

**To call Rosie: 0161 275 2431 or call/text/WhatsApp: 07584 284337**

**To call Claire: 0161 306 7882 or call/text/WhatsApp: 07721 528384**

**You can also email us at:** [**healthandyouthwork@manchester.ac.uk**](mailto:healthandyouthwork@manchester.ac.uk)



**What is the Purpose of the Research?**

Research is a way to answer questions we have about why things happen. If we understand why things are happening, we can use this information to improve the world around us and make it better for everyone.

This research is being done because we want to understand what you think about the youth work service that supports you. Your views and experiences are important to us and will help us think of ways these services can be improved to help young people like you. We are also interested in speaking to young people who decided to stop or not use these services.



**Why have I been asked to take part?**

We have asked you to take part because you are a young person who has experience of living with a long-term physical health condition or a mental health problem. You also have been supported by a health and youth work service. We really want to speak to you about your experiences of youth workers and/or health and youth work services.

**What Would I Be Asked to Do if I Take Part?**

If you decide you want to take part in this study, you will:

* Have a one-hour chat with me about what you think about the youth work services you have been supported by.
* We would like to know things like: how important is the service to you? What do you like and dislike about it? What do you think needs to be done better?

I will ask for your permission to record what we talk about, using a secure audio recorder. This is just so that I can listen to what you have to say and remember all the important things you tell me. The recordings will be destroyed at the end of the project. But if you would prefer not to be recorded, then this is ok, I will just write notes. There are no right or wrong answers, I’m just interested in what you think. You are the expert of your own experiences as a young person and your views matter to us.

If you want, you can take a photo, make a drawing, write a poem or use other creative ways to talk about your experiences and we can talk about them during our chat. If you take a photo of someone else, you must make sure you have their consent. You don’t have to do this if you don’t want to. We can still talk without them. If you do decide to take part in the study, I will talk to you more about these activities.

Many young people enjoy taking part in research but sometimes they can feel upset if they think about something that has happened to them. If this happens during our chat, I would ask you if you would like to take a break or stop the conversation completely. You don’t have to talk about anything you don’t want to and our chat can be stopped at any time.

To say “thank you” for taking part in the study, we will send you a £20 gift voucher at the end of the interview, which can be spent in lots of different shops. We will also pay for your expenses, e.g., travelling to where the interview takes place. We want to do this because your time is precious to us and we want to make sure you enjoy your time speaking with us.



**How long is the study?**

The study started in May 2025 and will finish in March 2027.

We only need to speak to you once, for about 60 minutes.

**Where will the study take place?**

For our chat, you can decide how you want to talk with me. We can chat wherever you feel the most comfortable and safe. We don’t need to chat in person if you don’t want to. We can chat online using Microsoft Teams or Zoom if you prefer. We can also just chat on the telephone if you want to do that. It’s your decision and we will do what you feel is best for you. You can have someone with you while we chat.

**Will my Participation in the Study be Confidential?**

In order to take part in the research we will need to know your name. With your permission we would also like to know your:

* Age
* Ethnicity
* Gender
* Information about your health condition (where appropriate)

With your permission we will also collect the drawings, poems and other arts-based documentation you use in the interview to discuss your experiences.

You **do not** need to provide us with all this information to take part in the study.

Only the research team will have access to your information, and we will ensure it is kept safe and secure.

We are keeping this information safe and following data protection law.

The University of Manchester is the Data Controller, which means that we will protect the information about you. All researchers have received training to do this and we will make sure that they keep your information safe.

We will make sure that no one knows you have chosen to take part in the study and will also not share any information you have given to us. To do this we will use a process called pseudonymising, which means that we will generate a secret code for you and make sure that your name is stored in a different place to the rest of the information you give us. Only the research team at University of Manchester will have access to the ‘key’ (a password protected document) that links the secret code to your name. We will only share pseudonymised information with our collaborators in the wider research team, and with approved transcription companies who will help us to make notes about what we talked about during the interview.

With your permission, we will also keep the information (e.g. assent forms, drawings and poems) you give us separately from your identifiable information (e.g., your name). We will not keep any photos you take. We will keep all your information for 5 years and then it will be safely destroyed.

Once we have finished the study, will write our reports in a way that no-one can work out that you took part in the study. We will use direct quotes from you, and any drawings, poems or other creative methods you give us permission to use, but no one will know any of the information is from you. Your parent/carer can let us know if you would like us to send a summary of what we find in your parent/carers consent form.

We will make sure that any feedback about the service will not be shared with or identify the service or anyone in the service.

To make sure you are safe, some people from The University of Manchester, or regulatory authorities may need to look at the data collected for this study to make sure the project is being carried out as planned. This may involve looking at identifiable data (e.g., your name). All the people involved in checking the study must make sure your identity stays a secret and will not tell anyone you are taking part in the study. They only want to make sure you are safe and that the researchers are doing things properly.

You have a number of rights under data protection law, including the right to see any of the information you have shared with us. If you would like to know more about your rights or find out the legal reason we collect and use your information, please read through the [Privacy Notice for Research](https://documents.manchester.ac.uk/display.aspx?DocID=76236) or discuss it with your parent/guardian.

**Do I Have to Take Part?**

It is completely up to you if you wish to take part in the study. Make sure you think carefully and consider all the information in this sheet before you decide. After you have decided to take part then you will be asked to sign an assent form that shows you understand and agree to take part in the research. If we chat through a video or phone call, I will read out the statements on the form to you and record your answers. Because you are under 16 years of age, I will also need to ask your parent or carer to give their consent to you taking part.

If you decide you don’t want to take part, you don’t have to do anything further.

**What if I change my mind?**

You are free to withdraw from (leave) the study at any point without having to give a reason. If you decide to withdraw any data already collected will be used in the final analysis. Please remember that no one will be able to work out it is you because your data will be pseudonymised.

**Who is Organising and Approving the Research?**

The research is being sponsored by the University of Manchester.

The research has also been approved by the West of Scotland Research Ethics Service (REC Reference: 25/WS/0069), a group of people who work to protect your safety, rights, wellbeing and dignity.

**What Do I Do Now?**

If you have any questions about the information in this sheet, please let me know. **If you would like to take part in the study, please ask your parent or carer to contact Claire or Rosie using the details below:**

**To call Rosie: 0161 275 2431 or call/text/WhatsApp: 07584 284337**

**To call Claire: 0161 306 7882 or call/text/WhatsApp: 07721 528384**

**You can also email us at:** [**healthandyouthwork@manchester.ac.uk**](mailto:healthandyouthwork@manchester.ac.uk)

**Thanks for reading this!**