

OUR VALUES FOR LEARNING IN CLINICAL PSYCHOLOGY TRAINING



1. HUMILITY IN LEARNING

Learning in clinical psychology requires openness to new perspectives, a willingness to ask difficult questions, and the courage to own what we don't yet know. We value continuous, reflective learning as a lifelong professional and personal commitment



2. LEARNING THROUGH PRACTICE, REFLECTION, AND CHALLENGE

We believe meaningful learning happens through active participation, thoughtful reflection, and engaging with uncertainty and complexity. Discomfort is sometimes necessary for growth, and we value learning spaces where constructive challenge is held alongside curiosity and compassion.



3. BRAVE, INCLUSIVE LEARNING SPACES

Our educational spaces are not neutral. We use learning as a tool to challenge oppression, address inequalities, and advocate for fairer, more inclusive systems. Clinical psychology education should empower learners to think critically and act with social responsibility. Brave spaces prioritise curiosity over criticism, replace rhetoric with listening and wisdom, afford everyone mutual respect, and support both individual and collective growth.



4. PARTICIPATION AND SHARED OWNERSHIP OF LEARNING

Learning is a shared, relational process. We value co-created learning environments where learners, educators, personal experiences, professional experiences, and communities work together, to mobilise diverse knowledge systems.



5. DECOLONISING AND DIVERSIFYING KNOWLEDGE

We are committed to actively questioning, broadening, and transforming the knowledge we teach and use. Our learning environments should centre diverse voices and knowledge systems, ensuring our curriculum reflects lived experiences and perspectives from across cultures and communities.



6. COURAGE AND KINDNESS IN EDUCATION

We value the courage it takes to confront difficult issues, navigate discomfort, and embrace vulnerability within learning environments. Kindness, care, and relational safety are central to supporting personal and professional development in clinical psychology training.



7. RESPONSIBILITY FOR LEARNING

We each have a responsibility for the learning spaces we share. This includes being mindful of our own impact, engaging with difference rather than avoiding it, managing our defences, and empowering each other.