

# Top Tips - to help you prepare for PDR conversations



## **Professional Practice**

- What have you achieved?
- What skills have you developed?



## Putting our values into action

- How have you demonstrated the University values in your work?



#### Relationships with others

- How have you collaborated?
- What feedback have you received?



#### Overcoming challenges

- What obstacles did you face?
- How did you overcome them?



## Planning, delivery and continuous improvement

- How have you contributed to team or project success?
- What improvements have you made?



# Additional Professional Development

- What training or learning have you completed?
- What would you like to explore next?



## Support and development needs

Consider additional developmental support that may be beneficial - coaching, mentorship, wellbeing, staff networks, and professional groups.



## Goals and aspirations

- -What are your Individual & Team Goals?
- -What are you Career Goals?
- What are your short- and long-term aspirations?
- How will achieve them?

Look forward. Look back at previous successes and development areas. Look forward to next year's goal focus and development.