

The Hope Project



Why did we take action?



High suicide rates in middle-aged men



Address debt, [un]employment, welfare

Help those not using mental health services



Reduce psychological distress, self-harm & suicide

What did we do?



Service referral (A&E, job centres)



Short-term emotional & practical support



Introductory call within 24 hrs



Assessment within 1 week



Motivational interviewing



Partnership work

2018/
2020

What has the impact been?



Reduced pressure on A&E



Almost 400 people supported



Decrease in depression & suicidal ideation

Bristol, South Gloucestershire & North Somerset STP