

# REMORA2 Patient Newsletter

**On behalf of the REMORA2 Study Team, we would like to wish all our patients a wonderful Christmas and Happy New Year!**

**Karen & Paul**  
Co-Leads of the REMORA2 Patient Panel



**This month some members of our REMORA2 PPIE team have been advising one of our clinical team members on an application for future research plans.**



This included discussions on:

- How to help patients access the right care at the right time
- Current experiences of accessing rheumatology services and how remote monitoring could help
- Understanding how remote monitoring could help identify and manage "flares" in rheumatoid arthritis

The study will be looking for volunteers to join future discussions so look out for further information in these Newsletters.

## Key reminder

Don't forget to tell your Consultant / Nurse when you next visit the hospital for a clinic appointment that you are taking part in the REMORA2 trial. If you are in the app symptom tracking group, you can also show the Consultant / Nurse your tracked symptoms on the 'Daily Scores' page of your app.

## Get in touch

If you have any queries about the REMORA2 study or you are experiencing any issues, please email [remora2@manchester.ac.uk](mailto:remora2@manchester.ac.uk) or call **0161 306 2000** to reach the University of Manchester team.



## REMORA2 Helpline over the festive season

The REMORA2 email will be monitored over the Christmas period and a member of the team will be in touch but please expect a slightly longer response time. Please note – the helpline will not be monitored over the bank holidays but do contact us with any queries during this time and we will respond as soon as we can.