

MANCHESTER
1824

The University of Manchester

PSYCHOLOGY AT MANCHESTER



WELCOME TO **THE UNIVERSITY OF MANCHESTER**

We are delighted you have chosen to consider us
as one of your university choices and we want
to wish you all the best with your application.

This pack has been designed to give you an insight into what it's
like to study here.



**Earn a British Psychological Society
(BPS)-accredited degree from an
internationally-recognised university
and graduate with transferable skills.**

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CHOOSE MANCHESTER



WE WILL LOOK AFTER YOU

As a psychology student at Manchester, you'll be part of a really supportive community that helps you get the most out of your degree and your time here. As a first-year student, you will be assigned a Peer Mentor group led by second and third-year students from your course, who will meet with you regularly. They will provide advice tailored to you and your needs and will give you plenty of useful insights into the course and university life.

We also offer drop-in clinics to support you with your academic writing and additional sessions led by teaching staff and peer mentors to support your learning.



BE TAUGHT BY SPECIALISTS

You will learn from leading psychological scientists and clinicians with first-hand knowledge of innovations and developments in psychological theory, research and practice. Our courses are informed by the latest breakthroughs.



PERSONALISED LEARNING

In your final year you will choose a project to work on, during which you will receive guidance and support from a dedicated academic advisor with experience in your topic of choice.



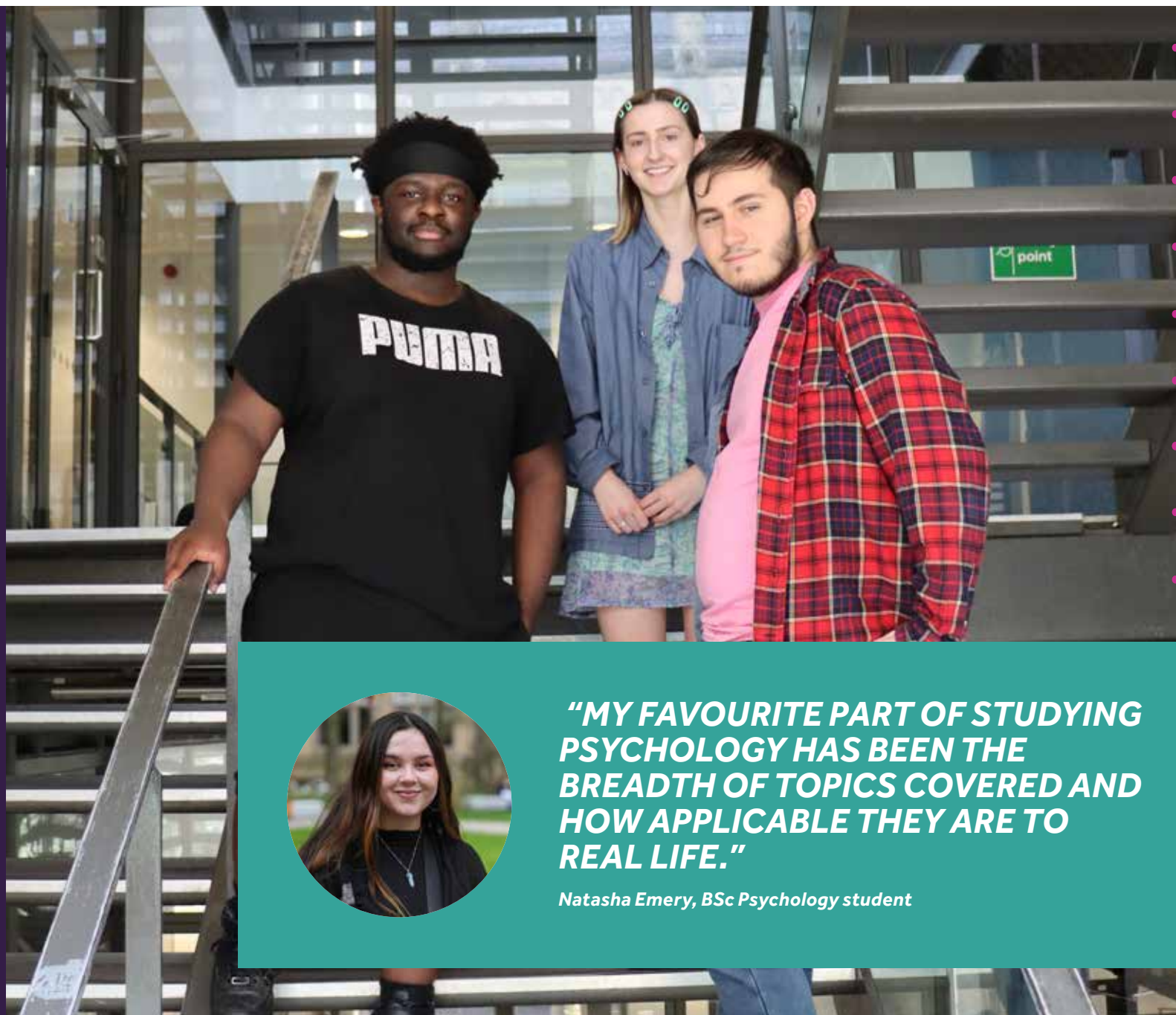
PLACEMENTS

You may choose to gain practical experience through either 30-hour integrated placements in Year 2 or a full-time, year-long placement at the end of Year 2 before you start Year 3.



STUDY ABROAD

There are opportunities to experience life in another country through our study abroad scheme, where you can spend a year overseas at one of our partner institutions if you meet our progression criteria. Students have previously enjoyed time at Queens University (Canada), University of Sydney (Australia), University of California (USA) and Complutense University of Madrid (Spain).



"MY FAVOURITE PART OF STUDYING PSYCHOLOGY HAS BEEN THE BREADTH OF TOPICS COVERED AND HOW APPLICABLE THEY ARE TO REAL LIFE."

Natasha Emery, BSc Psychology student

BEING A PSYCHOLOGY STUDENT

TANYA CHANDI DISCUSSES HER TIME SO FAR...



ARRIVING IN MANCHESTER

Transitioning to life at university was exciting, made even more so by my passion for psychology. The lecturers were so supportive and welcoming, helping me adjust to the curriculum and topics that were new to me. The first-year units are designed in such a clear and step-by-step way that it made the transition smooth and manageable, building my confidence from the start.

THE JOY OF LEARNING

What I've loved most about psychology is how fascinating and diverse the modules are. Developmental psychology, in particular, stood out for me. The experiments shown in class were cute and fun, especially if you love

infants and kids. It made learning feel lighthearted and engaging while still being incredibly insightful.

Social psychology was another highlight, especially in the first year. Professor Doron delivered the lectures in such a dynamic and relatable way that it made the subject come alive.

A PLACE TO BELONG

The University of Manchester truly fosters a sense of community, and I've always felt that I belonged here. The resources and guidance provided by the School of Health Sciences Hub have been invaluable, helping me navigate both academic and personal challenges. What I appreciate the most is the fact that you can always approach someone to discuss any problem and be

genuinely heard - that kind of support is priceless.

LOOKING TO THE FUTURE

Studying psychology has opened up so many exciting possibilities for the future. From clinical and educational psychology to organisational roles, the versatility of this field inspires me.

This course has not only deepened my understanding of human behaviour but also nurtured my curiosity and passion for learning. I can't wait to explore where psychology will take me next!



"The campus is spectacular, and the facilities blew me away. Psychology is the most interesting subject to me. You never come away from a lecture or seminar without learning anything new and interesting. It's the type of subject where everyone will be interested in at least some aspects of the course. It's a nice feeling to wake up every morning excited about the day ahead."

Zac Kennedy, BSc Psychology student

NOT YOUR AVERAGE DEGREE



PSYCHOLOGY STUDENT ALANA TALKS ABOUT HER PLACEMENT YEAR WORKING AS A RESEARCH ASSISTANT IN THE PSYCHOSIS RESEARCH UNIT IN MANCHESTER

WHY I DID IT

Within the BSc Psychology programme, there is a huge emphasis on employability and gaining work experience. As a second-year student, I had no idea what I wanted to do with my degree (still not quite there yet!) and I figured I needed to gain some experience within the field of psychology to help me make this decision. I have always been interested in the clinical side of psychology, learning about mental illnesses and how to treat them, so experience in this area was crucial to me.

WHAT A RESEARCH ASSISTANT ROLE ENTAILS

Working as a Research Assistant involves a huge variety of different tasks. This ranges from

patient-focused work such as interviewing individuals with mental illness on various psychological measures and contacting their care team for any risk information, to more admin-based tasks such as creating recruitment leaflets, database work for clinical trial data, and transcribing interviews.

WHAT I'VE LEARNT

As the weeks went by, I started to gain confidence and receive really positive feedback from my supervisor, which definitely helped to reassure me that I was on track!

I couldn't recommend working with this research unit enough. Everyone made me feel so welcome and really helped me gain the experience and skills I needed along the way. The opportunities I have been given this

year have made me a more confident individual with a wider skill set, which will definitely help me in the future.

GOING BACK FOR FINAL YEAR

I will be returning to university for the last year of the course and to do my final year project. Because of my placement year, I feel so much more confident with my degree, and I have gained a large range of skills that will help me come up with research ideas to suggest to my project supervisor and even just generally in my essay writing.

"OVERALL, I DEFINITELY RECOMMEND DOING A PLACEMENT YEAR. IT IS AN AMAZING WAY TO GET EXPERIENCE IN THE FIELD OF PSYCHOLOGY, AS WELL AS GAINING AN INSIGHT INTO A CAREER IN MENTAL HEALTHCARE."

Alana Potter, BSc Psychology student



MAKING A DIFFERENCE

MOJIB ALI, A BSC PSYCHOLOGY STUDENT, TELLS ALL ABOUT HIS PLACEMENT YEAR WITH CITY YEAR IN MOSSFIELD PRIMARY SCHOOL



ANY HIGHLIGHTS?

The entire year has been a highlight reel with meeting so many great people and making a real difference in that school. A standout moment was when a new Year 3 student arrived in October. She settled in well and quickly. She took to me and would always get really excited when I'd work with her. She learned that she had to move schools, but she wasn't fazed by meeting a new class. However, she cried when she realised I wouldn't be there and her mother told me that she would always go on about me at home! To know that I had impacted someone's life that much in such a short span of time was the standout moment for me.

DO YOU HAVE ANY ADVICE FOR FUTURE STUDENTS?

My advice to students who are about to start their placement year is to make the most of it because any experience is a good experience. I could not imagine spending a year out in a better way, plus it was a much needed (productive) break away from university. I gained so many skills not only beneficial for a career, but also my third year. I also met many amazing people, expanding my network and had a whole year to develop myself (something that's easily forgotten when you're lost in university).



WHY DID YOU APPLY?

Aspiring to become a teacher, I wanted something directly school-related and saw that City Year, a charity set on tackling educational inequality, provided a full year in school with many amazing opportunities, so I applied for it.

WHAT WAS YOUR ROLE?

This placement was definitely better than I had imagined. I thought I would just be in a class, supporting the students over the year. Instead, I was greeted by an amazing team, built and lead my own after-school clubs, ran my own tutoring sessions, was given the opportunity to teach music lessons, completed a skills course for myself and was stationed in a class where I got to observe the way things are meant to be done over the year.

"THE BEST TIP I CAN GIVE IS TO MAKE THE MOST OF ALL THE OPPORTUNITIES GIVEN. IF THERE'S A CHANCE TO LEAD SOMETHING OR GAIN A QUALIFICATION, THERE'S NO HARM IN TAKING IT, IT CAN ONLY DO GOOD!"

Mojib Ali, BSc Psychology student



HEAR FROM PSYCHOLOGY STUDENTS AND GRADUATES

Check out content created by our students and alumni about their time on the course and what they're doing in their careers in our student blog:



CREATING MEMORIES



STUDYING FOR SUCCESS

We understand this year will be different and difficult. Keep going and don't lose sight of your goals. You can do this!

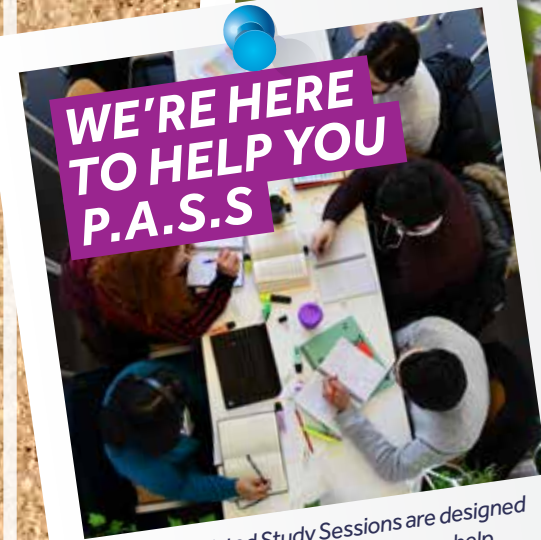


A CHANGE OF SCENE



SOCIETIES

There's a tonne of societies to choose from. You could explore a hobby, pick up a sport or gain new skills (plus make some friends on the way).



WE'RE HERE TO HELP YOU P.A.S.S

Our Peer Assisted Study Sessions are designed to give you a support network that can help with revision, study techniques and mentoring.

HERE FOR YOU WHATEVER THE WEATHER

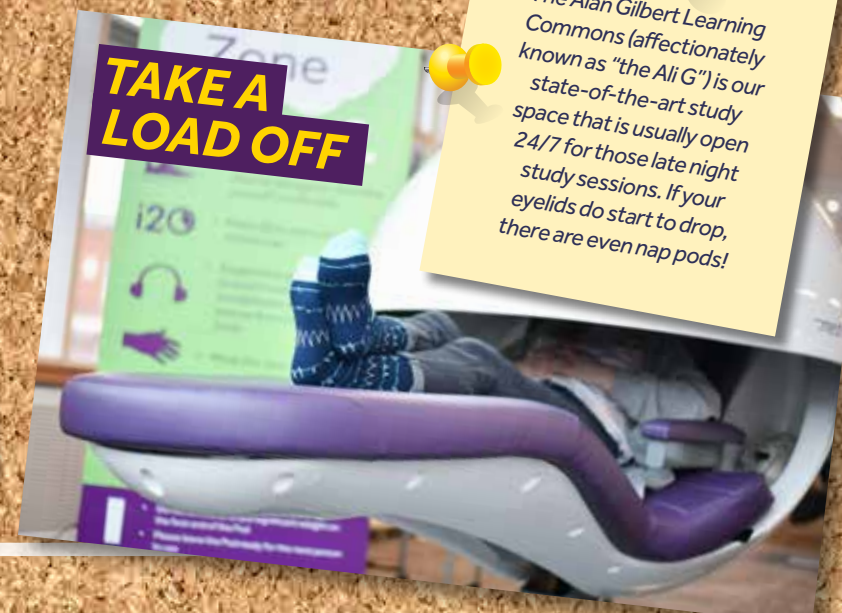


Benefit from a personal peer mentor in your first year and student societies. We also have a range of support designed to help you get the most out of your university experience.



DISCOVER NEW CAREERS

Come along to careers events and hear about your options plus get the chance to ask graduates about their jobs.



TAKE A LOAD OFF

The Alan Gilbert Learning Commons (affectionately known as "the Ali G") is our state-of-the-art study space that is usually open 24/7 for those late night study sessions. If your eyelids do start to drop, there are even nap pods!

A WORLD OF OPPORTUNITIES

WITH YOUR WORLD-CLASS DEGREE, THERE ARE SO MANY OPTIONS ONCE YOU GRADUATE.

Studying psychology is a great way to explore your interests and prepare for an exciting array of careers.

Through a range of units, opportunities for work experience, support from academic advisors and bespoke careers events involving our psychology graduates, we help you to work out not only what you would like to do, but also how to get there.

EXTENSIVE CAREERS SUPPORT

Manchester is one of the top ten UK universities targeted by graduate employers (The Graduate Market 2023). You will also benefit from dedicated psychology careers support through employability-focused units and opportunities to engage with psychology graduates in alumni sessions.



RESEARCH & SCIENCE
SOCIAL RESEARCH / NEUROSCIENCE / USER
EXPERIENCE RESEARCH / ACADEMIC RESEARCH

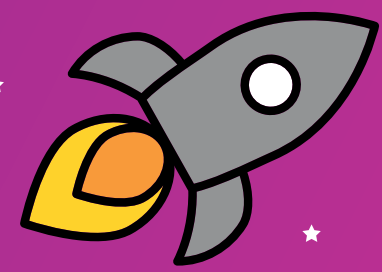
PSYCHOLOGY & THERAPY
MILITARY PSYCHOLOGY / CLINICAL PSYCHOLOGY / CLINICAL NEUROPSYCHOLOGY / COUNSELLING PSYCHOLOGY /
EDUCATIONAL PSYCHOLOGY / FORENSIC PSYCHOLOGY / HEALTH PSYCHOLOGY / OCCUPATIONAL PSYCHOLOGY /
PSYCHOLOGICAL WELLBEING PRACTITIONER / CLINICAL ASSOCIATE / PSYCHOLOGIST / SPORT & EXERCISE PSYCHOLOGY /
DANCE MOVEMENT PSYCHOTHERAPY / LIFE COACH / MEDIATION / PLAY THERAPY / PSYCHOTHERAPY

BUSINESS & MARKETING
MARKET RESEARCH / PR / SOCIAL MEDIA / HUMAN RESOURCES & TRAINING / SALES & MARKETING /
BUSINESS & ADMINISTRATION / ADVERTISING & CONSUMER PSYCHOLOGY / JOURNALISM

EDUCATION & YOUNG PEOPLE
EDUCATION AND HEALTH PRACTITIONER / CHILDREN'S WELLBEING PRACTITIONER / YOUTH WORK / PLAY THERAPY /
SPECIAL EDUCATIONAL NEEDS TEACHER / COMMUNITY EDUCATION / TEACHING ASSISTANT / BEHAVIOUR MENTOR /
SPECIAL EDUCATIONAL NEEDS COORDINATOR / LEARNING MENTOR / CAREERS ADVISOR / FAMILY SUPPORT WORKER /
CHAPLAIN / EDUCATION CONSULTANT

PUBLIC SECTOR
POLICY OFFICER / PRISON SERVICE / WELFARE & HOUSING / BORDER FORCE /
SOCIAL WORK / DOMESTIC VIOLENCE / COMMUNITY EDUCATION / ADVICE
WORKER / COUNSELLING

OTHER
TEAM LEADER / MANAGEMENT /
CHARITY ROLES



WHAT DOES THE FUTURE HOLD?



CLINICAL PSYCHOLOGIST

"I NOW WORK AS A CLINICAL PSYCHOLOGIST IN THE CHILDREN'S PSYCHOLOGICAL MEDICINE TEAM AT THE JOHN RADCLIFFE HOSPITAL, OXFORD. I LOVE WHAT I DO, AND THE WORK I HAVE PUT INTO GETTING HERE HAS BEEN WORTH IT, THANK GOODNESS! I FIND IT SO REWARDING TO SUPPORT CHILDREN WITH PHYSICAL HEALTH CONDITIONS TO LIVE THEIR LIVES TO THE FULLEST."

Corah Lewis, BSc Psychology graduate



HEALTH PSYCHOLOGIST

MY JOB

I'm approaching the end of my doctorate but as a Health Psychologist in Training, I work for a Tier 3 Adult Weight Management Service as a Psychology Support Lead.

WHAT I LOVE ABOUT MY JOB

I love my job, and there is no standard day for me. I assist people living with obesity with adopting healthy habits to manage their weight. I also assess whether clients are ready to take part in our psycho-educational programme through conducting mental health assessments.

MY FAVOURITE PART

My favourite part of the role is when a client has that lightbulb moment – when people become motivated to make that change that will help them in the rest of their lives.

Rupy Kaur, BSc Psychology graduate



POLICE INSPECTOR

"I have been very fortunate in my career within West Midlands Police, having worked across many different areas, including neighbourhood policing, response, working alongside Prevent within counter-terrorism policing and airport policing to name a few.

I worked in mission support for a short period. This was a strategic role and I was one of three sergeants responsible for the delivery of the Christmas markets in Birmingham. I then commenced my official inspector fast-track rotations. My first role was as a sergeant on the Stalking Intervention Team and I am currently on my third rotation on the proactive Major Crime Team, which investigates serious offences such as firearm offences, organised crime and attempted murders."

Adeeb Redman, BSc Psychology graduate



TEAM LEADER

"I work as a Team Leader as part of a Supported Living Scheme for adults who have just come out of psychiatric care. The patients I work with might not have the skills to live on their own yet, so they come to us for two years where we look to provide them with the necessary skills to allow them to go and live on their own in the community. My specific role is to manage the support workers who deliver that support. I do a variety of things including risk assessment, planning support, and crisis management."

Shannon Atkinson, BSc Psychology graduate

EDUCATIONAL MENTAL HEALTH PRACTITIONER

"I work with children and young people in school settings as part of a mental health support team. The role involves delivering low-intensity CBT, one to one sessions and group sessions. There is also a wider approach where we work with teachers and other school staff to develop a whole-school approach to tackling mental issues in schools."

Chloe Murphy, BSc Psychology graduate



DOMESTIC VIOLENCE CASE WORKER

"I work as a Domestic Violence Case Worker for a charity called Solace Women's Aid. My role is to primarily help women to stay safe in their current relationships or to exit relationships in a safe way. I work really closely with the police, the criminal justice system, social services, housing, and social care/local authorities."

Clementine Fitch-Bunce, BSc Psychology graduate



ANY QUESTIONS?

We're here to help!

Don't hesitate to contact our friendly admissions team with any queries you may have.

PSYCHOLOGY ADMISSIONS TEAM

PHONE:

+44 (0)161 529 4563

EMAIL:

ug.psychology@manchester.ac.uk

**"THE COURSE IS
INCREDIBLY
INTERESTING. THE
TEAM AND TUTORS
ARE SO SUPPORTIVE
AND OFFER LOTS OF
HELP AND
GUIDANCE."**

Sophia Beaugie, BSc Psychology student



Disclaimer

This brochure is prepared well in advance of the academic year to which it relates. Consequently, details of the courses may vary with staff changes. The University therefore reserves the right to make such alterations to courses as are found to be necessary. If the University makes an offer of a place, it is essential that you are aware of the current terms on which the offer is based. If you are in any doubt, please feel free to ask for confirmation of the precise position for the year in question, before you accept the offer.

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