

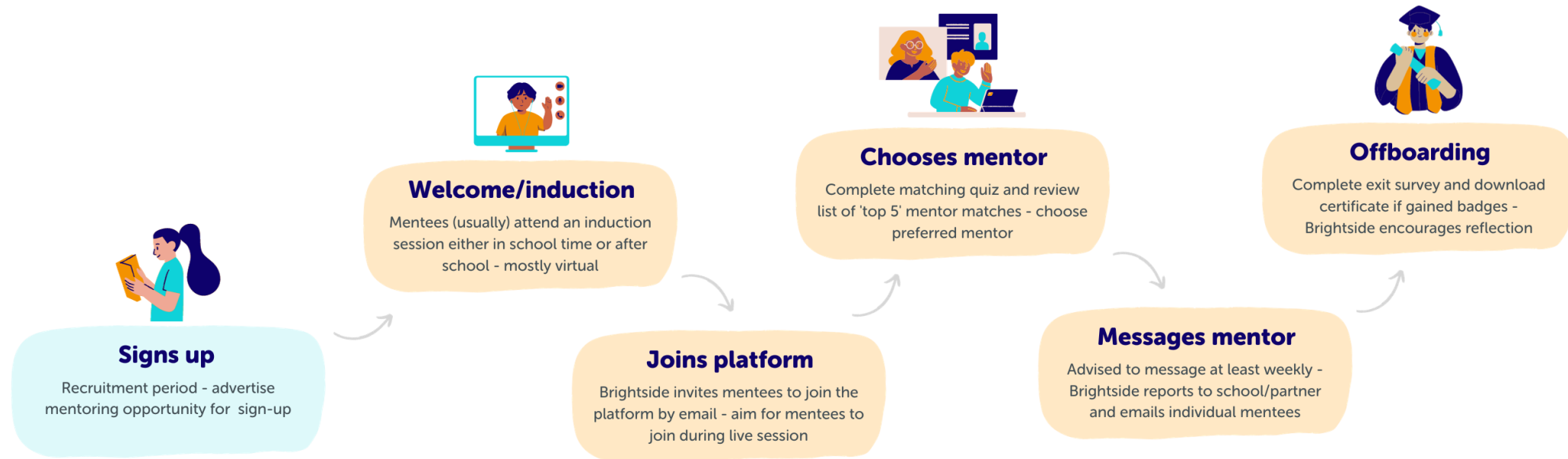


The University of Manchester: FSE Offer Holder Mentoring

24 February – 30 September 2025



The mentee journey



What can mentoring do for you?



What could I discuss?



Organisation
 Coping with change and setbacks
 Skills development
 Time management
 Building their confidence
 Independent study
 Writing skills
 Study skills/revision
 Presentation skills

Life at university
 Applications
 University study
 Work experience
 Apprenticeships
 Future pathways knowledge
 Alternatives to higher education
 Future careers
 Routes into your sector of interest

Goal Setting

Take 2 minutes to think about your goals and completing the below sentence



By the end of mentoring, I'd like to...

Improve my
revision skills and
try out 2 new
ones

Be more confident
with the idea of
going to university

Know more about
university

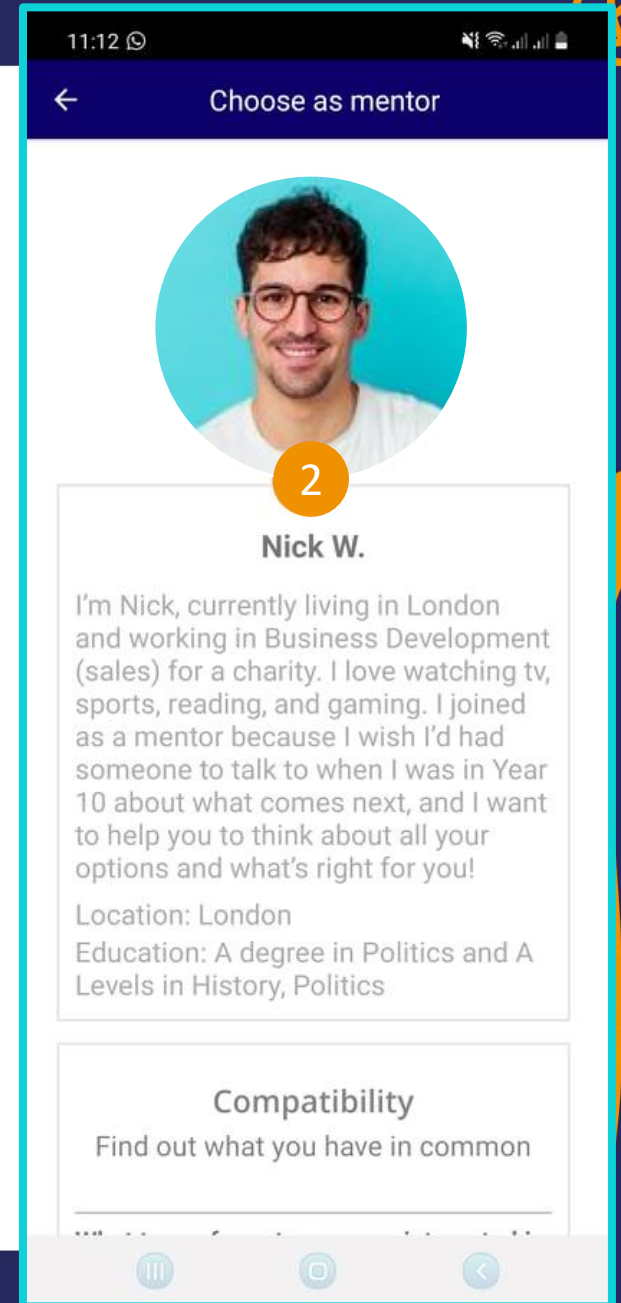
Understand
what
qualifications I
need

Improve my
confidence in
presenting and
public speaking

Your mentor

- All mentors trained by Brightside especially to help you!
- Don't get stuck on a subject
- Read all their bios
- Check what you have in common

"I'm a 20 year old undergraduate at the University of York, studying Economics. I work part-time at a coffee shop and enjoy playing video games, and watching films and tv in my spare time. I occasionally climb at university and try and get out as much as possible.



Mentoring boundaries

Counsellor

Mentor

Friend

Friendly

Expert

Experience

All communication must take place over the mentoring site, you **won't be allowed** to share **mobile numbers** or **email addresses**

"A comfortable space to learn from people with experience."






Your Resources

Bright Knowledge

Featured Articles

Q Search

Filter: Featured




Careers

327

What are my skills?

What skills do you put on your CV if you've never had a job before? How do you work out what skills you can offer when you...



Health and Wellbeing

267

Mental and emotional health

Understanding your needs and knowing where to get support can help you to get through, even when times get tough...



My Account

- My Profile
- My Badges
- My Mentor
- Project Materials
- Activities

Conversation with Support Team (Spotlight DEMO project)

Hi Mentees!

I hope you are well and had a good weekend. Please see below for some topic ideas you could discuss with your mentor over the next week:

Sector deep dive

- Begin research into the areas you are interested in. Ask your mentor for help with this!
- Ask your mentor about key employability skills and identify your strengths in these.
- How can you further improve your employability skills?

Mock interviews and networking

- Have you ever had an interview before? What techniques did you use to prepare?
- Ask your mentor for interview top tips
- What is networking?
- Ask your mentor if they have any tips for networking

Brightside will be in touch weekly with messages that contain some additional conversation ideas and guidance for your mentoring conversations – use these as much as is helpful.

If you have any questions or concerns, please get in touch!

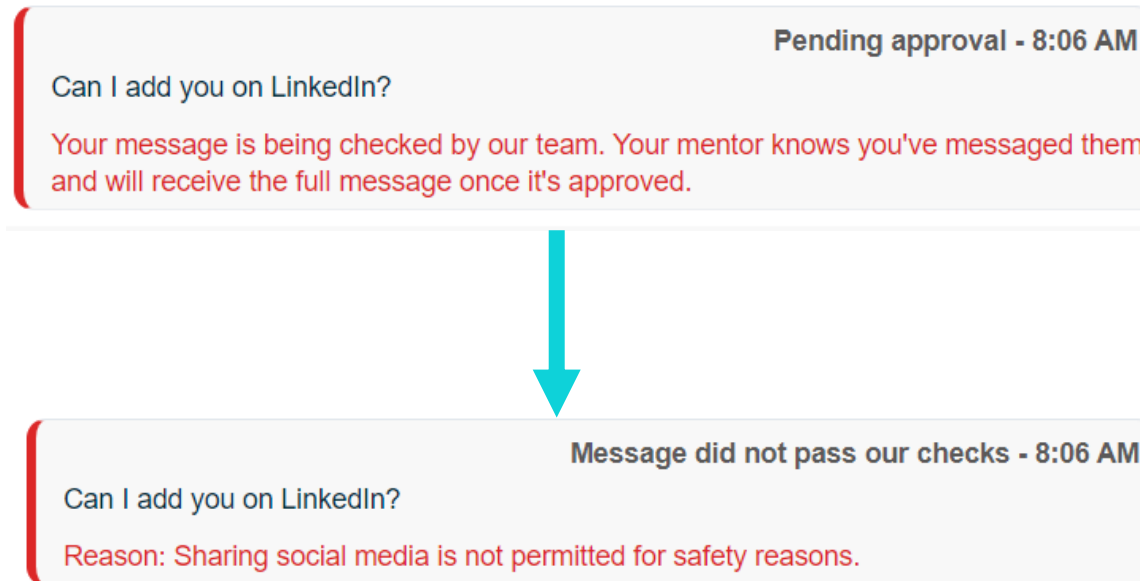
Happy Mentoring!

Lauren

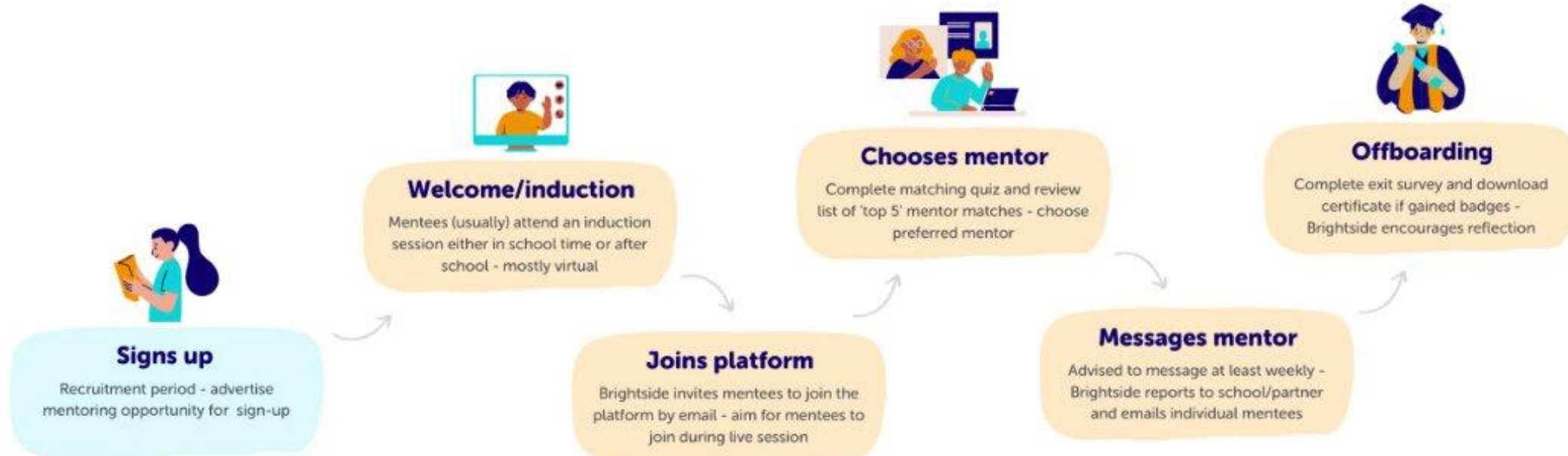


Automated Message Checks

- Picks up any links, attachments or stop words
- We review messages **twice a day** on **weekdays**



Next steps



FGTOSD






1. Join online mentoring

- Find your email invitation from Brightside support: support@brightsidementoring.org
- Click on 'get started' in the email



Message 'Support Team' on the platform or email:
support@brightsidementoring.org

If not, create your profile so we can show you what's out there.

First name	Last name	
Email or phone number		
Password 		
Home Postcode		
Date of birth		
Day	Month	Year
Gender 	Ethnicity 	
Please select	Please select	
<button>Create profile</button>		



Time to get set up!

2. Complete the self-assessment tool

- Click 'start' to answer a few questions



Mentoring can support **you** to achieve your goals



Get ready for mentoring by answering some questions

This will help you reflect on things you could chat to your mentor about



Start press ENTER


⌚ Takes 5 minutes



Time to choose your mentor!

3. Choose your mentor


- Click 'find my mentor now' to get started!

Spotlight DEMO
project 
Maya M (You)

Home

Conversations

■ Support Team



Mahmood M.
Working professional with a non-uni route
Shipley


QUALIFICATIONS
BTEC Construction; Degree...

I CAN HELP YOU WITH

- ✔ Preparing for interviews
- ✔ Managing your finances
- ✔ Building your CV
- ✔ Finding careers and work experience

ABOUT ME
Hi! I'm a Degree Apprentice working for Atkins as a Civil Engineer. I study Civil...

[Read more about Mahmood M. ...](#)



Maisy M.
Working professional with a non-uni route
Plymouth


QUALIFICATIONS
Level 5 Higher Apprenticeship in Care,...

I CAN HELP YOU WITH

- ✔ Preparing for interviews
- ✔ Managing your finances
- ✔ Building your CV
- ✔ Finding careers and work experience

ABOUT ME
Hello, I'm Maisy. I work in the NHS at Plymouth Hospital as a Healthcare...

[Read more about Maisy M. ...](#)



Michelle M.
Working professional who's been to university
Preston

QUALIFICATIONS
A Levels in Art, Graphic Design and...

I CAN HELP YOU WITH

- ✔ Choosing courses and subjects
- ✔ Revision and study techniques
- ✔ Writing university applications
- ✔ Finding careers and work experience

ABOUT ME
Hi! I'm a Graphic Designer from Lancashire who illustrates and watche...

[Read more about Michelle M. ...](#)



Activity: Sending your first message

The first message formula!

Name and year group

Mentoring goal(s)


Something you enjoy

Question for your mentor

“Hi Sarah! I’m Josh and I’m in Year 12. My goals by the end of mentoring are:

1. To understand more about the support available to me at the University of Manchester
2. To learn more about jobs you can do with science (it’s my favourite subject)

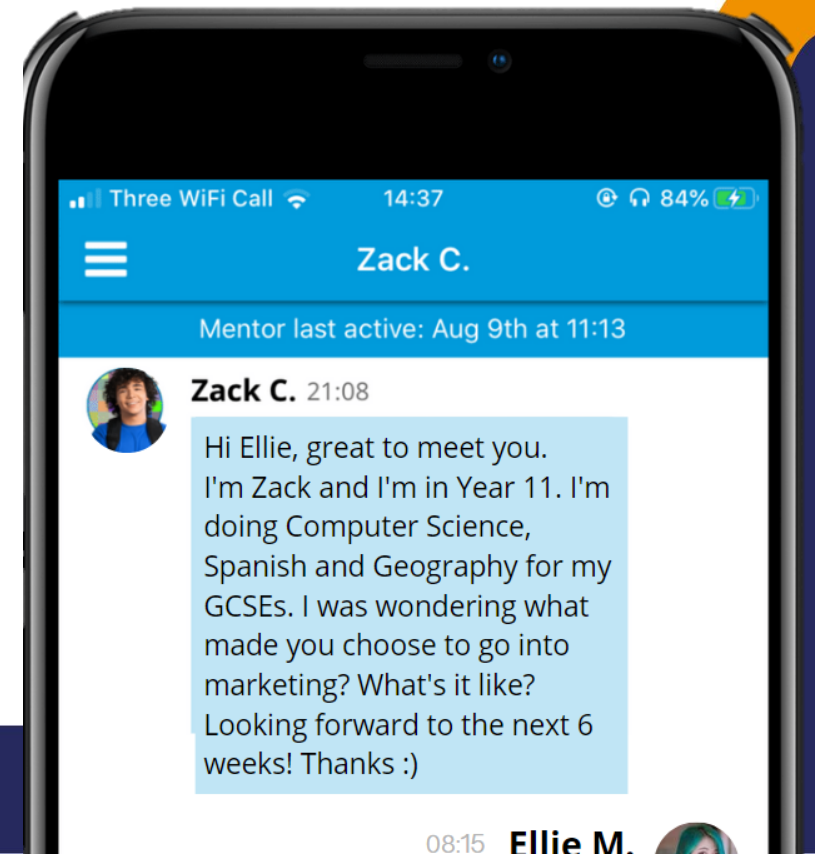
I enjoy playing football and going out for walks with my dog 😊
What’s the best part of your job?”



You’ve earned your ‘We have lift off!’ badge

Congratulations on taking the first step in your mentoring journey!

There are 10 badges to collect – click on each one to find out more.



Activity: Sending your first message



Moderation

- Keeps everyone safe
- Links, attachments, stop words
- Checked AM and PM Mon-Fri

Pending Moderation - 8:34 AM

Hi Molly, I'm Maya and I'm in Y11 at school. My fav subjects are history, English and French because I like writing. In my spare time I like making TikToks and watching films :)

My goal for mentoring is to find out more about what I can do after Y11 because I only know about A levels so far..

Excited to get to know you!

Your message has been sent into the moderation queue. Once it is approved, it will be sent to the recipient.

Key Takeaways



Reflection

- Set goals with your mentor
- Keep notes on your learning
- Share your achievements



Regularity

- Check in weekly
- Send detailed responses
- Complete activities
- Download the app



Responsibility

- Be polite
- Be proactive – do your own research
- Take ownership

Thank you for listening!



Message 'Support Team' on the
platform or email:
support@brightsidementoring.org