MANCHESTER
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The University of Manchester

HQIP
Healthcare Quality
Improvement Partnership

National Confidential Inquiry

into Suicide and Safety
in Mental Health

Annual Report 2025:
Additional online data tables

UK wide data 2012-2022*

*Findings include data from Jersey

CONTENTS

A   PATIENT SUICIDE IN THE UK

Table 1: Patient suicide: numbers by year and UK country

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
England	1,379	1,321	1,241	1,270	1,258	1,256	1,415	1,350[*]	1,308[*]	1,327[*]	1,339[*]
Northern Ireland[†]	78	77	61	43	54	52	67	83[*]	75[*]	71[*]	74[*]
Scotland	264	267	223	226	226	218	229	209	217[*]	210[*]	221[*]
Wales	96	101	63	79	64	85	85	85	90[*]	85[*]	83[*]
Total	**1,817**	**1,766**	**1,588**	**1,618**	**1,602**	**1,611**	**1,796**	**1,727[*]**	**1,690[*]**	**1,693[*]**	**1,717[*]**

[†]In Northern Ireland data prior to 2015 are not directly comparable with those in 2015 onwards due to a review of suicide statistics by the Northern Ireland Statistics Agency (NISRA)
[*]Figures include estimates based on late notifications.
Data from Jersey are not shown due to the low number of patient deaths by suicide.

Table 2: Patient suicide: number of in-patient suicides by year and UK country

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
England	93	97	77	90	66	62	71	66[*]	58[*]	57[*]	57[*]
Northern Ireland	4	3	<3	<3	<3	<3	<3	<3	<3	<3	<3
Scotland	19	16	12	20	14	6	13	8	9[*]	11[*]	11[*]
Wales	7	4	4	5	5	3	4	8	<3	6[*]	6[*]
Total UK	**123**	**120**	**93**	**115**	**85**	**71**	**88**	**82[*]**	**67[*]**	**74[*]**	**74[*]**

[*]Figures include estimates based on late notifications.
Data from Jersey are not shown due to the low number of patient deaths by suicide.

B   THEMED TOPICS

SUICIDE IN MENTAL HEALTH PATIENTS WITH BIPOLAR DISORDER (UK AND JERSEY, 2012-2022)

Table 3: Socio-demographic characteristics of mental health patients with bipolar disorder compared to all other patients

	Patients with bipolar disorder Total=1,491[†]		All other patients Total=15,794
	N	%	%
Age: median (range)	48 (17-90) △		46 (11-100)
Age group:			
Under 25	68	5% ▽	10%
25-44	476	34% ▽	37%
45-64	700	50% △	39%
≥65	170	12% ▽	14%
Female[†]	694	47% △	34%
Not currently married/co-habiting	972	73%	73%
Living alone	695	52% △	47%
Unemployed	653	49%	47%
LGBT+	38	6%	5%
Ethnic minority group	114	8%	7%
Homeless	21	2%	2%

△▽ = significantly (p<0.05) higher or lower than patients without a primary diagnosis of bipolar disorder
[†] includes estimated figures in 2020-2022

Table 4: Behavioural characteristics and adverse life events of mental health patients with bipolar disorder compared to all other patients

	Patients with bipolar disorder Total=1,491[†]		Other patients Total=15,794
	N	%	%
Behavioural:			
History of self-harm	823	61%	62%
History of violence	250	19%	19%
History of alcohol misuse	602	45%	47%
History of drug misuse	479	35%	38%
Suicide-related internet use	56	6% ▽	8%
Recent (<3 months) adverse events:			
Serious financial problems	207	20% △	16%
Bereavement	85	7%	8%
Any life event	594	45% ▽	50%

△▽ = significantly (p<0.05) higher or lower than patients without a primary diagnosis of bipolar disorder
[†] includes estimated figures in 2020-2022

Table 5: Clinical and service contact characteristics of mental health patients with bipolar disorder compared to all other patients

Characteristic	Patients with bipolar disorder Total=1,491†		Other patients Total=15,794
	N	%	%
Priority groups:			
In-patients	77	5%	5%
Died within 3 months of discharge	210	16% △	13%
Under CRHT services	187	14%	13%
Missed last contact with services	280	21%	23%
Non-adherence with medication	201	15% △	12%
Clinical:			
Short (<12 months) history of illness	99	7% ▽	22%
Any comorbid mental illness	730	52% ▽	55%
Any physical illness	306	23% ▽	26%
Service contact:			
Recent (<1 week) contact	751	53% △	45%
Short-term risk: low or none	975	81%	81%
Long-term risk: low or none	636	56%	57%

△▽ = significantly (p<0.05) higher or lower than patients without a primary diagnosis of bipolar disorder
† includes estimated figures in 2020-2022
CRHT = crisis resolution/home treatment

Table 6: Socio-demographic characteristics of mental health patients who had missed their last service contact compared to all other patients

	Missed contact		All other patients
	Total=3,817[†]		Total=12,487
	N	%	%
Age: median (range)	43 (11-94) ▽		47 (12-100)
Age group:			
Under 25	375	10% △	9%
25-44	1,586	44% △	35%
45-64	1,390	38% ▽	40%
≥65	270	7% ▽	16%
Male[†]	2,560	67% △	65%
Not currently married/co-habiting	2,646	80% △	70%
Living alone	1,883	56% △	45%
Unemployed	1,877	57% △	44%
LGBT+	95	6%	5%
Ethnic minority group	248	7%	7%
Homeless	101	3% △	2%

△▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022

Table 7: Behavioural characteristics and adverse life events of mental health patients who had missed their last service contact compared to all other patients

	Missed contact		Other patients
	Total=3,817[†]		Total=12,487
	N	%	%
Behavioural:			
History of self-harm	2,236	65% △	60%
History of violence	771	24% △	17%
History of alcohol misuse	1,906	56% △	44%
History of drug misuse	1,687	49% △	34%
Suicide-related internet use	184	10% △	8%
Recent (<3 months) adverse events:			
Serious financial problems	541	22% △	15%
Bereavement	290	10% △	8%
Any life event	1,609	51%	50%

△▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022

Table 8: Clinical and service contact characteristics of mental health patients who had missed their last service contact compared to all other patients

Characteristic	Missed contact Total=3,817†		Other patients Total=12,487
	N	%	%
Clinical:			
Primary diagnosis:			
Schizophrenia & other delusional disorders	542	15%	14%
Affective disorder (depression & bipolar disorder)	1,239	35% ▽	41%
Alcohol dependence/misuse	328	9% △	6%
Drug dependence/misuse	266	8% △	5%
Personality disorder	446	13% △	10%
Any comorbid mental illness	2,104	60% △	53%
Any physical illness	799	24% ▽	27%
Short (<12 months) history of illness	515	16% ▽	22%
Priority groups:			
Died within 3 months of discharge	449	13%	13%
Under CRHT services	488	14%	14%
Non-adherence with medication	571	18% △	11%
Service contact:			
Recent (<1 week) contact	1,219	34% ▽	47%
Short-term risk: low or none	2,412	81%	82%
Long-term risk: low or none	1,576	56% ▽	58%

△▽ = significantly (p<0.05) higher or lower than other patients
† includes estimated figures in 2020-2022
CRHT = crisis resolution/home treatment

Table 9: Socio-demographic characteristics of mental health patients who were non-adherent with medication compared to all other patients

	Non-adherent with medication Total=1,998[†]		All other patients Total=13,753
	N	%	%
Age: median (range)	44 (13-97) ▽		46 (11-100)
Age group:			
Under 25	197	10%	9%
25-44	766	40% △	36%
45-64	724	38%	40%
≥65	219	11% ▽	16%
Male[†]	1,298	65%	65%
Not currently married/co-habiting	1,386	76% △	72%
Living alone	877	48%	47%
Unemployed	937	52% △	46%
LGBT+	42	4%	5%
Ethnic minority group	158	9% △	7%
Homeless	49	3%	2%

△▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022

Table 10: Behavioural characteristics and adverse life events of mental health patients who were non-adherent with medication compared to all other patients

	Non-adherent with medication Total=1,998[†]		Other patients Total=13,753
	N	%	%
Behavioural:			
History of self-harm	1,140	62%	60%
History of violence	383	22% △	18%
History of alcohol misuse	855	48% △	45%
History of drug misuse	832	46% △	35%
Suicide-related internet use	134	11% △	7%
Recent (<3 months) adverse events:			
Serious financial problems	278	19% △	16%
Bereavement	117	7% ▽	8%
Any life event	895	49%	50%

△▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022

Table 11: Clinical and service contact characteristics of mental health patients who were non-adherent with medication compared to all other patients

Characteristic	Non-adherent with medication Total=1,998[†]		Other patients Total=13,753
	N	%	%
Clinical:			
Primary diagnosis:			
Schizophrenia & other delusional disorders	458	24% △	14%
Affective disorder (depression & bipolar disorder)	722	38%	41%
Alcohol dependence/misuse	78	4% ▽	6%
Drug dependence/misuse	80	4%	5%
Personality disorder	198	11%	11%
Any comorbid mental illness	1,154	62% △	54%
Any physical illness	420	23% ▽	26%
Short (<12 months) history of illness	343	20% ▽	22%
Priority groups:			
In-patients	96	5%	6%
Died within 3 months of discharge	263	15%	14%
Under CRHT services	295	16%	14%
Missed last contact	571	32% △	20%
Service contact:			
Recent (<1 week) contact	987	52% △	49%
Short-term risk: low or none	1,191	72% ▽	82%
Long-term risk: low or none	707	45% ▽	57%

△ ▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022
CRHT = crisis resolution/home treatment

SUICIDE AND RECENT (<3 MONTHS) BEREAVEMENT IN MENTAL HEALTH PATIENTS (UK AND JERSEY, 2012-2022)

Table 9: Socio-demographic characteristics of recently (<3 months) bereaved mental health patients compared to all other patients

	Recently bereaved Total=1,312[†]		All other patients Total=13,690
	N	%	%
Age: median (range)	49 (14-97) △		46 (11-100)
Age group:			
Under 25	104	8%	9%
25-44	391	32% ▽	37%
45-64	504	41%	40%
≥65	226	18% △	14%
Female[†]	526	40% △	35%
Not currently married/co-habiting	889	78% △	72%
Living alone	629	54% △	47%
Unemployed	519	46%	46%
LGBT+	39	5%	5%
Ethnic minority group	58	5% ▽	7%
Homeless	26	2%	2%

△▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022

Table 10: Behavioural characteristics and adverse life events of recently (<3 months) bereaved mental health patients compared to all other patients

	Recently bereaved Total=1,312[†]		Other patients Total=13,690
	N	%	%
Behavioural:			
History of self-harm	747	63%	60%
History of violence	182	16%	18%
History of alcohol misuse	539	47%	44%
History of drug misuse	402	34%	35%
Suicide-related internet use	60	8%	8%
Recent (<3 months) adverse events:			
Serious financial problems	178	19% △	16%

△▽ = significantly (p<0.05) higher or lower than other patients
[†] includes estimated figures in 2020-2022

Table 11: Clinical and service contact characteristics of recently (<3 months) bereaved mental health patients compared to all other patients

Characteristic	Recently bereaved Total=1,312†		Other patients Total=13,690
	N	%	%
Clinical:			
Primary diagnosis:			
Schizophrenia & other delusional disorders	123	10% ▽	16%
Affective disorder (depression & bipolar disorder)	490	41%	41%
Alcohol dependence/misuse	81	7%	6%
Drug dependence/misuse	40	3%	5%
Personality disorder	143	12%	11%
Adjustment disorder	108	9%	5%
Any comorbid mental illness	720	61% △	54%
Any physical illness	320	29% △	25%
Short (<12 months) history of illness	276	26% △	22%
Priority groups:			
In-patients	64	5%	6%
Died within 3 months of discharge	155	13%	15%
Under CRHT services	199	17% △	15%
Missed last contact	290	26% △	21%
Non-adherent with medication	117	10% ▽	13%
Service contact:			
Recent (<1 week) contact	611	50%	51%
Short-term risk: low or none	788	75% ▽	81%
Long-term risk: low or none	506	52% ▽	56%

△ ▽ = significantly (p<0.05) higher or lower than other patients
† includes estimated figures in 2020-2022
CRHT = crisis resolution/home treatment