

Co-creation and zine-making with Inspire Women

27th June 2024

These zines were made by Inspire Women Oldham and an early career Researcher from the Austerity and Altered Life-courses project, at The University of Manchester. The zines were made as part of a film about co-creation and working meaningfully with community organisations.

We have digitalised the zines to encourage a continued conversation about co-creation and to celebrate what we made. Some of these zines have blank spaces, so please download, print out, and add your own ideas!

To learn how to make a zine, download this guide on [collaborative zine-making](#) method produced by Inspire Women and the Methods for Change Project. Page seven of this document details how to fold the A4 paper to make our zines.

The book
that changed
my life!



Tackling the
unknown

You are just
one thought
away from
changing
your life!

Lifting the veil



Meet your power

My Spiritual
INSPIRATION



SHARED WISDOM

INSPIRATION * INSPIRATION

my destiny

'Everyone has the

power



Healing the community

we'll be in
believe it

"I feel so empowered about my life.
I just go where the mood takes me"

"Your Shine Comes
From Inside You"

Great

These women must
have had dreams



Motion

Friends

Environment

Memories

Love

Drama

FAMILY

zine

events

POP
University
Sarah

community
RESEARCH

OXFAM

Crafting



growth.
challenge
excited
learning

Shining light

dreams.

Belief



Welcome

family
celebrations
friends

WOMEN

friendly



Challenges

GUIDANCE



connections

Hopes

Dreams



SHARE

Reflection



INSPIRATION



Hopes
Dreams
Inspire
Thrive
Journey

BE PART OF SOMETHING
TOGETHER



Take care,
Let's
raise
WOMEN'S
VOICES

Learn
something
new with
INSPIRE

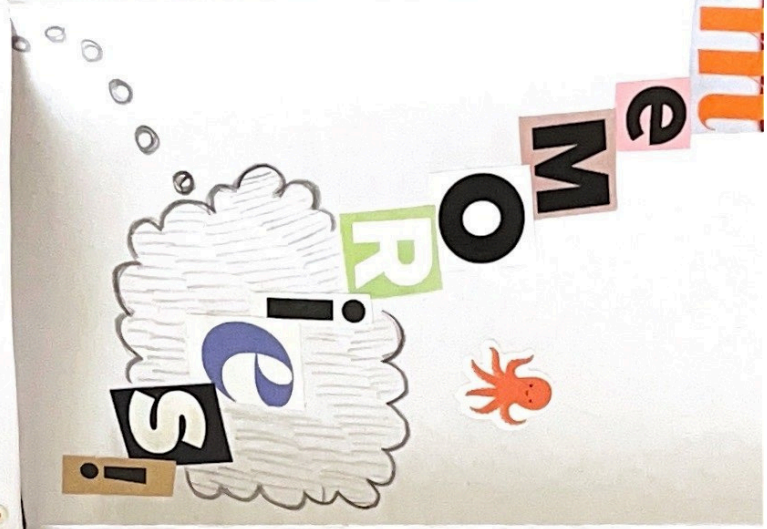
EXTRACTION

COMFORT
Friend
Welcome
Memories

“Every young person
can achieve great
things with support”

Close-knit Community
I'm so happy
that I've met
Inspire. It is a
privilege...
to work with
Such AMAZING
women and teachers

inspire



INSPIRE

usually began.
replaced by a small feeling of
gratitude. I was still alive, and that feeling
grew and grew.
"Maybe I can enjoy life again."

But I didn't feel strong.
My life is over', I cried.
How was I ever going to
manage?
Weeks passed, and the
of despair gradually began

my situation? I wondered.
I felt isolated and reasoning
couldn't be the only way
this time!

How do other people feel in

Thinking about
thinking about
always
always
my life

was worse

mental health...

damage

the terrible

unaware of

I met Sally. She is

much confidence
and year

Said
"You're the strongest person
I've ever met."

to start she again

"I want to show people there is
a way forward."

lovely person inside out. Sally

St

Said lovely
"You're the strongest person
I've ever met."

lovely person in
strongest person
give me show
like again

Star

1930

to be a part of
great people.
I met
Inspire. Inspire is a family
I have great experience with
Inspire. A house full
of Love.....

family

A house full
experience

Love.....

I am so

Lucky

to be a part of

great people.

I met Sarah
She is so cute and
great person down to earth...
great to work with Sarah. I am
lovely to work for her to show us how to
great fall for her to express ~~amazing~~
make a way to express rather than
amazing way of paper
~~on~~ a pace of book...
~~what~~ reading a book...

1 met 1/2 inch

She is so cute
person down to earth
Sarah. I am
how to

Great
work with
show us
5 Bee

lovely to
call for her to
cause Zina
ess ~~sa-ang~~
than

Grab for
Zinc. be
to expe
er rather

making way
of paper
book.....

Am.
9 Pac
aching
9.

1944



always
Love for everyone.....

HOORAY!



Yummy
Make everyone 'oooh'



Light and Shade
Shawny



Sunny



New chances
Spring up



A force
for
change

DREAM
WORLD

Putting *our*
OWN
STAMP!

challenge

Tabling

Smart

CLEVER