**Pharmacy student-led health screening**

**Participant Information Sheet (PIS)**

Year 3 pharmacy students are running a student-led health screening event. This is supervised by a member of staff form their programme. Students have completed their learning on the clinical measurements they will take from you and discuss with you. Before you attend it is important for you to understand what is involved. Please take time to read the following information carefully and discuss it with others if you wish. Please ask if there is anything that is not clear or if you would like more information. Thank you for taking the time to read this.

**About the event**

* **Who will conduct the event?**

These events are run by Year 3 pharmacy students who are in the third year of their four year MPharm degree. The events overseen by staff on the MPharm programme.

* **What is the purpose of this event?**

This event provide those who participate with information about their ‘heart age’ and ‘diabetes risk’. We use evidence-based online resources to help us do this. Comfortably consulting with people of any gender or background is a core part of being a future pharmacist – these events support our students in developing these skills.

* **Who has reviewed this event?**

Theis event have been reviewed by The University of Manchester Research Ethics Committee 5.

**What would my involvement be?**

* **What would I be asked to do if I took part?**

Pharmacy students will lead your health screening in pairs. It will take around 15 minutes.

Pharmacy students will explain what online resources they use will help them calculate your healthy heart age as well as diabetes risk, as well as what measurements they will need to take for you.

With your consent, the students will continue.

Please now consider carefully if you are willing to be examined (see section below for further detail about each measurement). We ask that anyone who is under 18 years of age or pregnant, does not participate as the online calculators may give inaccurate information.

Please seek medical advice if you have (or have had) any medical conditions before participating. This is to check that it is safe for you to participate and also for the safety of other parties involved. Please be aware that certain infectious diseases may be asymptomatic, infectious before symptoms develop and after symptoms have settled, and may require self-isolation and contact tracing to occur.

* **What happens if I do not want to take part?**

You can decide not to take part at any point. You should not feel coerced/pressurised into taking part.

The advantages of taking part may be:

* Gaining a better understanding of your health
* Supporting pharmacy students to develop their clinical skills

The risks of taking part may be:

* A potential medical problem may be detected during the health screening. If this occurs, you will be provided with a letter detailing the measurements made and should then follow this up with a medical professional. The pharmacy students or supervising staff will not be able to advise you. We will not routinely inform your GP of your participation in the practical class.
* You may have a known medical condition that becomes apparent during the examination practice. You need to consider if you are willing for this information to be shared.
* You may feel minor discomfort or pain when students take certain measurements or subsequently. Please highlight this to the pharmacy students so that they are aware – please do not ‘put up’ with any pain or discomfort.
* Transmission of infection may occur.

**Information about the measurements taken**

**Automated blood pressure:** This will involve placing a blood pressure cuff around your upper arm and taking your blood pressure using an automated machine.

**Manual blood pressure:** This will involve placing a blood pressure cuff around your upper arm and using a stethoscope to listen to sounds in your arm to help measure your blood pressure.

**Measuring your weight:** This will involve you standing on a set of scales to be weighed.

**Measuring your height:** This will involve you standing with your back to a height measure so that your height can be taken.

**Measuring your waist circumference:** This will involve the students using a tape measure to measure your waist circumference.

and manual blood pressure.

**Additional information in relation to COVID-19**

**Are there any additional considerations that I need to know about?**

Please follow the latest government and University guidance in relation to COVID-19.

**Data Protection and Confidentiality**

* **What information will you collect about me?**

No personal data will be taken or held about you. Further information will only be gathered if there is a potential or diagnosed medical condition uncovered. You will be advised as above (e.g. skin condition found on examination, advised to see GP and occupational health).

**Contact details**  *- If you have any questions or concerns about the process then please contact:*

* Mrs Harsha Parmar, Co-Prescribing Skills Lead MPharm Programme

harsha.parmar@manchester.ac.uk

* Mrs Sarah Knighton, Co-Prescribing Skills Lead MPharm Programme

sarah.knighton@manchester.ac.uk

**If you wish to make a formal complaint to someone independent of the teaching team or if you are not satisfied with the response you have gained from the teaching team in the first instance then please contact:**

*Minor complaints***:** If you have a minor complaint then you need to contact the member of staff running the practical in the first instance: Mrs Harsha Parmar/Mrs Sarah Knighton. Email: harsha.parmar@manchester.ac.uk or sarah.knighton@manchester.ac.uk

*Major complaints:* If you wish to make a formal complaint or if you are not satisfied with the response you have gained from the researchers in the first instance then please contact the Research Ethics Manager, Research Office, Christie Building, The University of Manchester, Oxford Road, Manchester, M13 9PL, by emailing: research.complaints@manchester.ac.uk or by telephoning 0161 306 8089

If you wish to contact us about your data protection or confidentiality, please email dataprotection@manchester.ac.uk or write to The Information Governance Office, Christie Building, The University of Manchester, Oxford Road, M13 9PL at the University and we will guide you through the process of exercising your rights.

You also have a right to complain to the [Information Commissioner’s Office](https://ico.org.uk/concerns) about complaints relating to your personal identifiable information Tel 0303 123 1113