

Co-producing an index of flourishing for North Manchester

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Project Partnership

University of Manchester

Manchester City Council

Far East Consortium

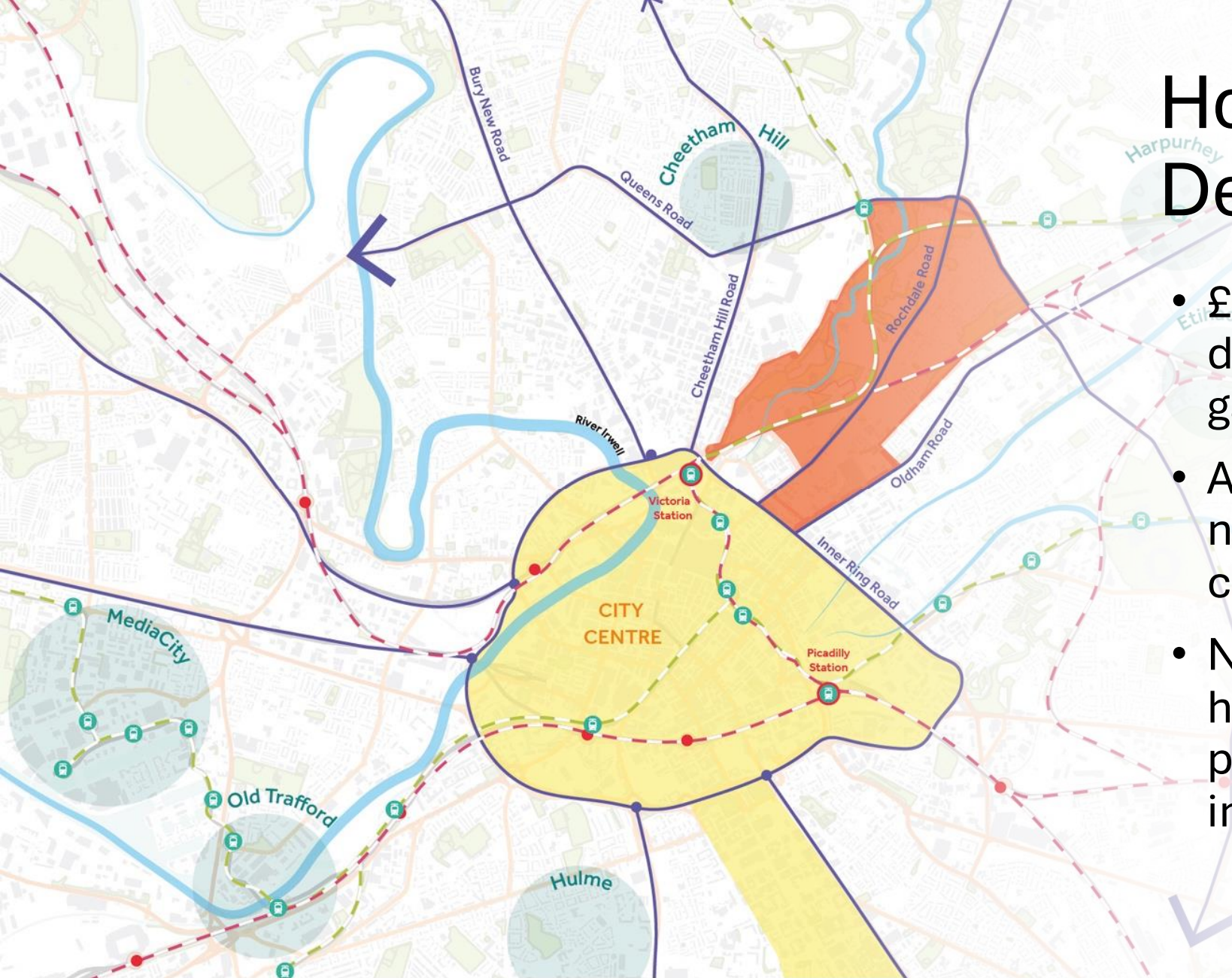
National Health Service

Community Organisations in North Manchester

Community Residents in North Manchester

Housing Development

- £1 billion investment to develop the 'northern gateway' over 20 years.
- Approx. 155 acres to the north of Manchester city centre.
- New homes, schools, healthcare, connected public spaces and improved travel links.



● City Centre ● Northern Gateway Development Area



Health Campus



New acute hospital



Modern mental health inpatient unit



Wellbeing hub



Education hub



Residential community



High-quality commercial space



Village green

Progress...

- Stage 1: Review of best practice
- Stage 2: Engaging with local community
- Stage 3: Areas for development
 1. Theory of change
 2. Data/indicators (quantitative approach)
 3. Community research (qualitative approach)

Programme timeline & milestones

June 2022

Scoping workshop with stakeholder groups (UoM, MCC, FEC) (x2)



“What would an innovative health and flourishing index look like for Manchester?”

Oct 22-Mar 23

Best practice review:
Lit. review & interviews with expert professionals (x6)



“What a leading health and flourishing index might include in the context of major urban regeneration?”

Nov 23-Mar 24

Community workshops (x11)



“What does wellbeing mean to you and your community?”

June 2024

Stakeholder workshop

July- Sept 2024

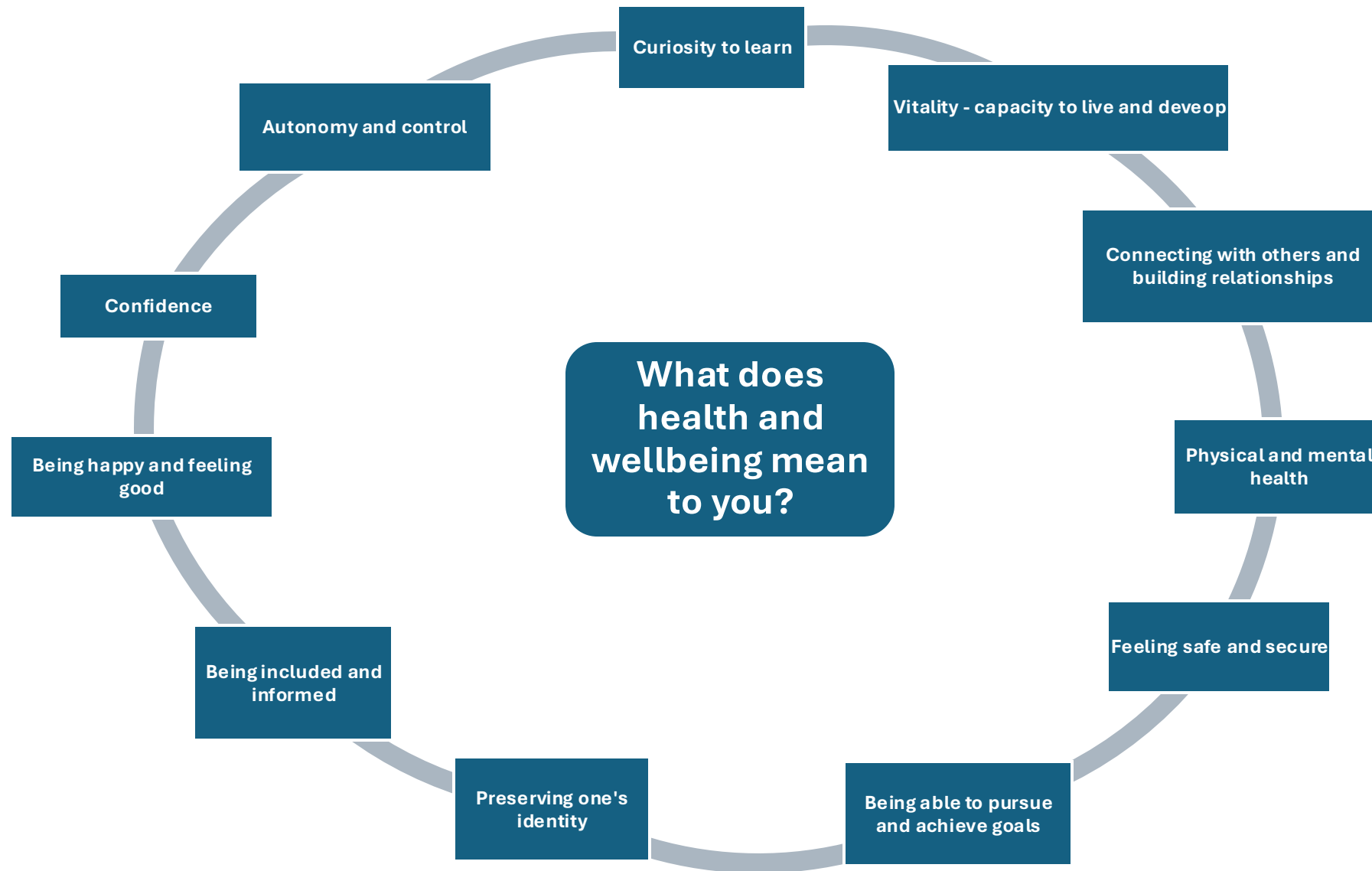
Community researcher pilot

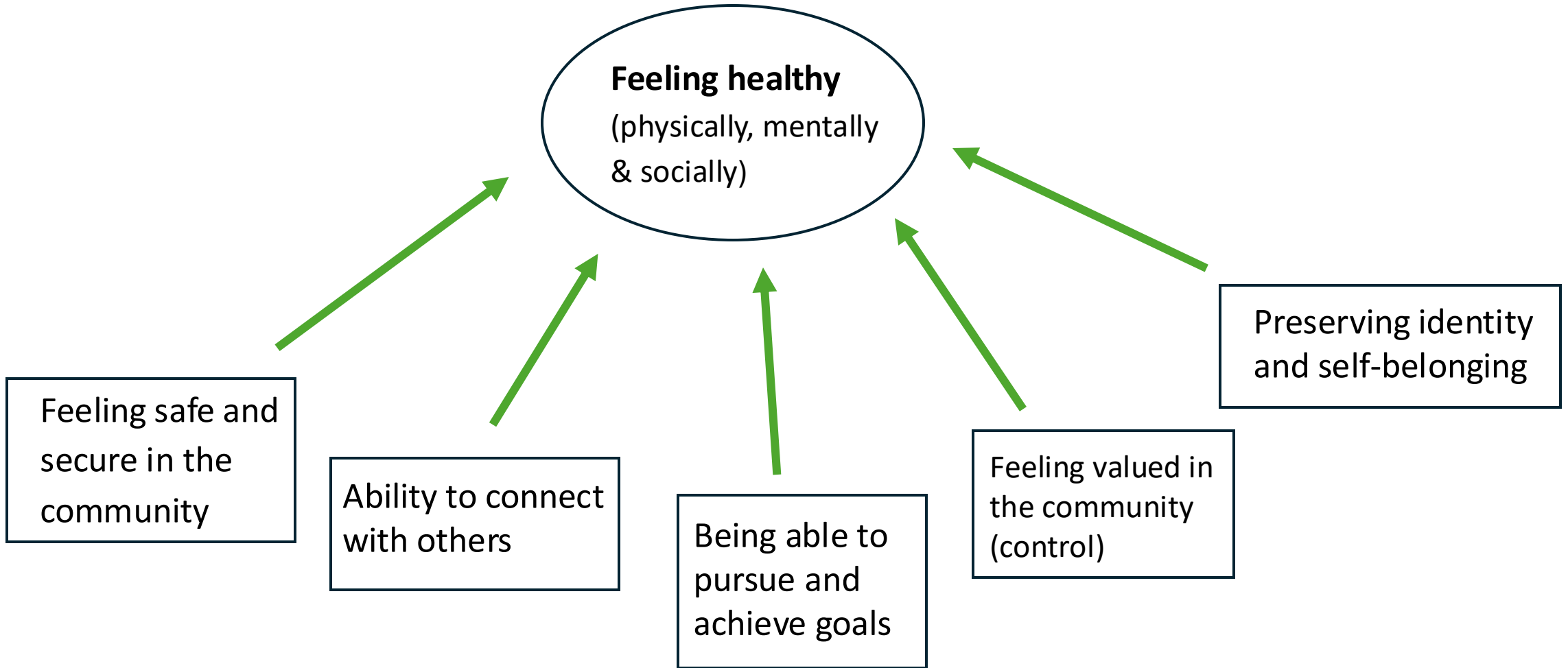
Dissemination event

Nov 2024

Funding submission(s)

Ongoing community research





**INTERVENTION
(HEALTH CAMPUS)**

'Hard' (physical changes)

- Good public transport infrastructure (easy access)
- Multi-faith space provision
- Weekly market (health awareness/food etc)
- Food provision - good quality outlets/range of cuisines

'Soft' (operational/service changes)

- Outreach services to local hubs - "our health centre" (to prevent long distance travel to appointments) & make use of existing places/resources
- Consistency in staffing/provision of care (personal—see same person each time)
- Continuous learning and on-going training for staff
- Adequate pay for medical staff
- Reduce/stop bank nursing
- Commitment to train & employ local people
- Improved after-care services
- Cooking classes (help people via healthy food & cooking)
- Fitness & wellbeing classes
- Learn from the past (what works well)
- Proper long-term planning

**INTERMEDIATE OUTCOMES
INDICATORS OF CHANGE**

Feeling safe and secure

Connection with others
(social cohesion)

Ability to pursue and achieve goals
(opportunities)

Feeling valued in the community
(control/autonomy)

Sense of identity and self-belonging
(self-esteem)

**LONG TERM
OUTCOMES**

IMPROVED HEALTH:
Physical,
Mental,
Social

