

Join the Faculty of Biology, Medicine and Health  
to mark

# INTERNATIONAL MENS DAY

**Empowering Men's Health:  
Awareness, Action, and Advocacy**

with Andy Romero-Birkbeck

Andy is a health, fitness and wellbeing expert with over 20 years industry experience, specialising in the delivery of on-site health screening and workplace wellbeing education.



Find out more:

<https://imd24.eventbrite.co.uk>



**Tuesday 19th November  
12-12.45pm  
Online event**