# Digital resources (Somerset STP)

# Somerset Self-harm Support

# Support for anyone affected by self-harm

**Why are we taking action?**

- Improve the digital offer for people who self-harm
- Increase awareness of support and advice
- Give people hope through videos, poems, art
- Encourage engagement with online resources in the community

**What are we planning to do?**

- Webpage
- Information and local services
- Self-harm resources
- Stories of hope
- Poster with QR code to webpage

**How will we measure impact?**

- Website visits
- Stories of hope video views
- User feedback
- QR clicks
- Posters distributed