

## **North West London**

### **Training Programme**

#### **Why are we taking action?**

- Improve experiences for people who self-harm in the community
- Enhance care for service users who self-harm
- Develop staff skills to support people to manage distress
- Increase awareness and understanding of self-harm

#### **What are we planning to do?**

- Develop and implement training
- Co-produced and co-facilitated
- Brief session (face to face or online)
- Compassionate approach
- Personal stories

#### **How will we measure impact (2020-2021)?**

- Staff attendance
- Staff survey; skills, knowledge, confidence
- Patient experience survey
- Signposting to other support services