What Support Can I Get at The University of Manchester?

Social

- Join a Society: Make friends who share hobbies or interest
- Events at the Students Union :
 Day trips, socials and more
- <u>Settling In</u>: Advice on making friends and feeling at home at uni
- Student Space : Advice on making friends and managing grief
- Weekly Lunchtime Social Support
 Group for Students with ASD:
 Tuesdays 1pm @ DASS hub
- Worship Spaces and Religious
 Societies: Where to worship and find religious community at UoM
- Report & Support : Help with bullying, harassment violence .etc

Financial

<u>UoM Financial Support</u>:
 Information on bursaries,
 accessing free Wi-Fi and
 financial wellbeing

Manchester Central Foodbank
 (Oxford Road): Started by
 UoM students in 2013

- Support with your Living Situation:
 Finding housing, support in halls .etc
- <u>Support with Travel Costs</u>: Tips on saving money and travel grants
- Access to Recreation Grant :Up to £250 for University recreation activities
- <u>Scholarship Hub</u>: Advice on scholarships, additional funding .etc
 - Turn2Us :Charitable grant search
 - Check Eligibility for Grantsand Benefits

Pastoral

<u>Health Services</u>: Workshops, group and 1-1 support

- Self-Care Resources :
 How to improve wellbeing
- <u>Support for your studies</u>: Advice on mitigating circumstances, changing your course and academic support
- IT Services and Support : Making requests and finding solutions
- Student Services Centre in The
 Atrium :Student support & advice,
 Careers Service and International
 Programmes office
- <u>Tailored Support for Specific</u>
 <u>Groups</u>: BAME, Carers, LGBT .etc
- Student's Union Advice Services
- Contact UoM about Other Issues