

Public, Patient, Involvement and Engagement (PPIE)

in self-harm and suicide prevention research

Anyone with personal experience of self-harm,
suicidal behaviour, and using healthcare services can
be a public contributor

Being a public contributor

is a way of using your experiences to make
healthcare services better for patients and carers



There are many ways to be involved

- reviewing funding applications
- the design of research
- attending meetings (online or in-person)
- making sense of findings
- helping to share the results



Tasks can be done

online



in-person



by telephone



Not everyone has access to the internet. You can also
provide feedback on paper copies or by telephone



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What to expect



Meetings

Will be friendly and relaxed.
We do not ask for personal
information about you



Training

Research experience is not
needed but you can have
training



Being paid

You will always be paid for the
work you do. Time for tasks will
be agreed before you start



Accessibility

If you have a disability, let the
research team know. They will
make sure you are involved



Using social media

is a great way to share the
work you do. If you see
something you do not like tell
the team



Wellbeing

Talking about self-harm and
suicide prevention can be
upsetting. Looking after
yourself is very important

