# Public, Patient, Involvement and Engagement (PPIE)

in self-harm and suicide prevention research

Anyone with personal experience of self-harm, suicidal behaviour, and using healthcare services can be a public contributor

## Being a public contributor

is a way of using your experiences to make healthcare services better for patients and carers



## There are many ways to be involved

- reviewing funding applications
- the design of research
- attending meetings (online or in-person)
- making sense of findings
- helping to share the results



### Tasks can be done

online



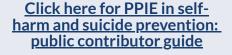
in-person



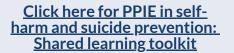
by telephone



Not everyone has access to the internet. You can also provide feedback on paper copies or by telephone









# Public, Patient, Involvement and Engagement (PPIE)

in self-harm and suicide prevention research

## What to expect



#### **Meetings**

Will be friendly and relaxed. We do not ask for personal information about you



#### **Being paid**

You will always be paid for the work you do. Time for tasks will be agreed before you start



#### **Using social media**

is a great way to share the work you do. If you see something you do not like tell the team



#### **Training**

Research experience is not needed but you can have training



#### **Accessibility**

If you have a disability, let the research team know. They will make sure you are involved



### Wellbeing

Talking about self-harm and suicide prevention can be upsetting. Looking after yourself is very important

