

REMORA newsletter for site teams



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A message from Will and Sabine, Co-Leads for REMORA:

“The Remote Monitoring of Rheumatoid Arthritis (REMORA) trial opened to patient recruitment on Monday 10th June 2024. This is the first trial of integrated symptom tracking in any disease area in the UK. It is only possible because of your help and support – so thank you!



We will be sending a regular newsletter to keep you updated throughout the study. Let us know if you have suggestions. Most importantly, we hope you enjoy taking part.”

**Now the study is live and recruitment of RA patients has started...
Please remember to complete a DAS-28 score for all RA patients**

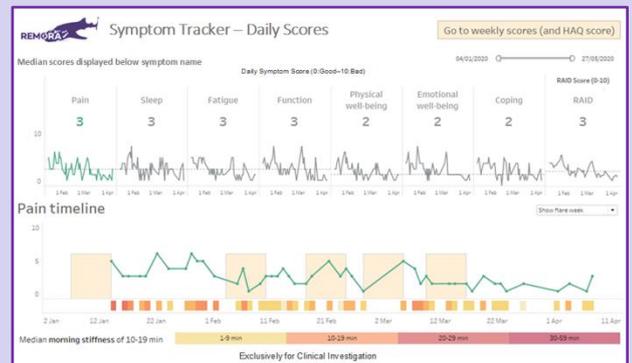
Recruitment news

Weeks 1 & 2

Site that recruited the first REMORA patient:	Salford Royal Hospital
Highest number of recruits in the first 2 weeks:	Manchester Royal Infirmary (n=4)
Total recruitment to end of Week 2:	14 patients
Weekly target recruitment across all centres:	27 patients / week

When will patients start tracking their symptoms?

- All patients recruited in the first three weeks are allocated to usual care. They need **DAS28 scores** at all visits, **medication use** recorded, and they will be asked to complete a **web-based questionnaire** every three months.
- At Week 4 and every three weeks thereafter, two of the sites will be randomised to switch newly recruited patients to integrated symptom tracking. You will need to look at the REMORA dashboard when they come back to clinic.



RECRUITMENT LEAGUE TABLE*

*Recruitment ranked against weekly target to the end of week 2

1 Manchester Royal Infirmary:	4 Patients	5 Salford Royal:	2 Patients
2 Trafford General:	2 Patients	6 Wythenshawe:	1 Patient
3 Stepping Hill:	2 Patients	7 Northwick Park:	1 Patient
4 Pennine MSK:	2 Patients		

Any queries? Contact us:

Email remora2@manchester.ac.uk or call us on 0161 306 2000