

# EVIDENCING THE DIMENSIONS OF THE UKPSF: REFLECTION

## WHAT DO I NEED TO DO?

In order to sufficiently evidence how your practice aligns to the UKPSF, your discussion of this practice must be reflective. 'Evidence of reflection' is not listed as an individual criterion for fellowship, as you need to take a reflective approach to developing your case studies overall and demonstrate this reflection in your portfolio.

## HOW DO I EVIDENCE THIS?

**It is not enough to list what you have done** in your case studies: it is crucial that you reflect on your approaches, how you developed these, why you chose these approaches, how successful they were and how you seek to enhance your practice. Your assessors want to hear about what you thought, felt or learned about and from your experience, and this reflection is a fundamental function (and benefit) of the Advance HE fellowship application process.

Demonstrating reflection on how you teach and/or support learning is a key aspect of any LEAP portfolio, and your case studies must be sufficiently reflective in order to be awarded any of the four categories of Advance HE fellowship. The depth of reflection you are required to demonstrate in order to meet requirements will differ with the category of fellowship, given the differences in word count / time limits and the breadth and impact of practice you are evidencing.

## HOW DO I MAKE MY CASE STUDIES REFLECTIVE?

You can find detailed advice on demonstrating reflective practice, including guidance on using reflective models and links to additional resources, within the LEAP online resources (available via Blackboard when you register on LEAP).

For additional support in understanding what reflective practice is and how we can use this to develop and articulate our practice, you may wish to attend a How to Reflect session, which is run monthly during the academic year by the Institute of Teaching and Learning. You may also find it useful to attend our regular Action on Reflection or Pomodoro sessions, which provide space in which you can have some focused time to reflect on your practice and/or develop your LEAP case studies. Details of upcoming events, including how to book, can be found on the [ITL's events pages](#).



## IN SHORT

- Reflect on your teaching/support approaches, development processes, and their effectiveness.
- Use reflective models and resources provided in the LEAP online resource.
- Attend "How to Reflect" and "Action on Reflection" sessions for additional guidance and focused reflection time.