

Welcome to the second edition of
STAND-Indonesia Programme's



NEWSLETTER



Introduction

Welcome to the second issue of the STAND-Indonesia Programme's newsletter, dedicated to advancing global health research and initiatives. In this edition, we delve into the pivotal efforts of Work Package 1 (WP1), focusing on the imperative role of innovation in local and global health systems to foster population sustainability. Highlighting poverty as a significant factor influencing mental health challenges, especially in resource-constrained settings like Indonesia, we embark on a journey to understand the intricate relationship between socioeconomic conditions and mental health issues such as depression and anxiety. Through comprehensive data analysis and strategic planning, WP1 endeavours to pave the way for enhancing primary care mental health research and services in Indonesia. Join us as we explore the latest developments and insights from our dedicated team of researchers and collaborators.

In this newsletter
you will find:

About WP 1

WP-1
preliminary
findings

WP-1 previous
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newsletter

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Work Package 1

The WHO's 2021 Council on the 'Economics of Health for All', emphasises the need for innovation in local and global health systems to achieve population sustainability. Poverty is identified as a significant factor influencing mental health issues, both as a cause and an effect, particularly in resource-constrained areas. In Indonesia, there are notable variations in mental health prevalence, but understanding how these relate to individual, household, and area characteristics, as well as the availability of mental health services, remains unclear.

It is vital to comprehend the socioeconomic contexts and consequences of depression and anxiety. This understanding is key to engaging diverse stakeholders in enhancing healthcare systems and foreseeing the effects of interventions aimed at broadening access to impactful psychological therapies. Thus, work package (WP1) aims to establish a comprehensive evidence base to inform the strategic advancement of primary care mental health research and services.

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Learning more about WP1



WP1-a / Population and service context

Understanding the distribution and determinants of depression and anxiety in Indonesia is necessary to effectively address mental health challenges within the population. By mapping the current service supply using publicly accessible, routinely collected data, policymakers and healthcare providers can identify gaps in mental health services and allocate resources more efficiently.

Aim: To understand the distribution and determinants of depression & anxiety in Indonesia and map current service supply using six representative sources covering individuals, households, and area-level factors within the Indonesian population.

Design: Secondary analysis of nationally representative datasets

Data sources: We used information on person, household and area-level factors from six data sources representative of the Indonesian population.



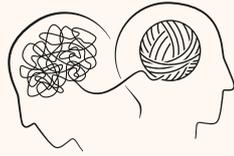
WP1-b / Household Survey

Routinely collected data analysis helps our understanding of the issues, yet it has constraints. Linking various samples by geography may lead to ecological bias, and nationally representative datasets may lack the detail needed.

Aim: To design and pilot a model survey jointly gathering individual household and community level data on mental health, socio-economic and implementation context variables in Java, Indonesia post COVID-19.

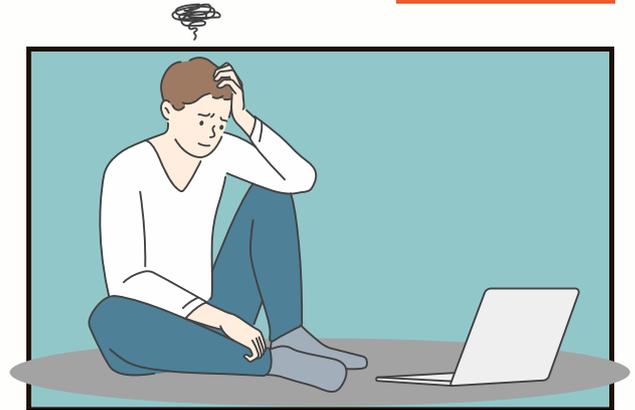
Design: A pilot longitudinal survey in 12 purposively selected sites in Java, Indonesia. This study also included the four non-special region provinces, i.e. East, West and Central Java, and Banten.

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Work Package-1

Preliminary Findings



01

The data from twelve study sites indicated that **depression affects 1 out of every 22 individuals**, while **anxiety impacts 1 out of every 11 people**.



02

Factors found to influence depression and anxiety significantly include **being female, unemployment, and the presence of comorbidities**. Not completing education correlates significantly with depression, while specifically not finishing elementary school correlates significantly with anxiety. Furthermore, it was discovered that **heavy smoking can influence both depression and anxiety**.

Only one in five individuals experiencing depression and/or anxiety **seek assistance** from healthcare facilities or professionals.

03



04

The data also indicates that possessing **national health insurance (BPJS), local government health services, or other health insurance** significantly **increases the likelihood of seeking healthcare** compared to those without health insurance.

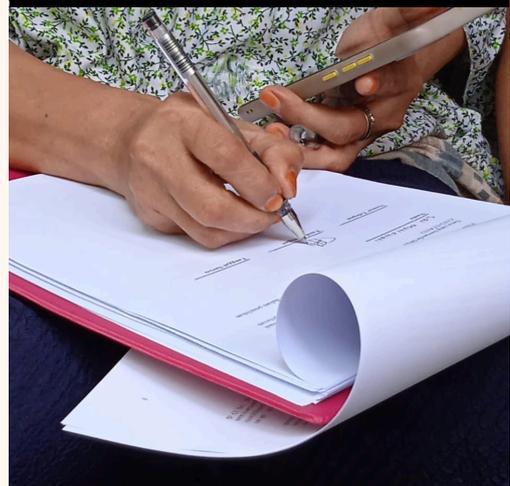
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Our Activities

WPI DATA COLLECTION OUTREACH



HOUSEHOLD DATA COLLECTION



WRITING AND PUBLICATION WORKSHOP AT MAGELANG



3RD EDITION OF INTERNATIONAL PUBLIC HEALTH CONFERENCE



THE 14TH ASIAN CONFERENCE ON PSYCHOLOGY & THE BEHAVIOURAL SCIENCES 2024



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Collaborative Initiatives with CEI Partners

These initiatives have been developed in close collaboration with our esteemed partners at CEI, ensuring a comprehensive and impactful approach to our shared goals.

1. Sri Idaiani:

Appointed as a speaker in the Disco Podcast "Psychology Discussion" with the broadcast title "Mental Health Services Still Not Popular?".

2. Irmansyah & Herni Susanti:

Appointed as guest speakers on Heartline 100.6 FM radio broadcasts.



3. Herni Susanti:

Appointed as a panellist at the Primary Health Care Forum 2023 by CISDI.



Meet the team

In this edition, we are thrilled to introduce you to the committed individuals driving forward our Work Package 1. Allow us to introduce our esteemed team:

Matthew Sutton / Work Package 1 Lead

Matt is a Professor of Health Economics and joint-lead of the Health Organisation, Policy and Economics (HOPE) research group.



Jack Wilkinson / Work Package 1 & 4 Co-Applicant

Jack is a Senior Lecturer at the Centre for Biostatistics, University of Manchester. His research interests include clinical trials and systematic reviews of interventions, with a focus on reproductive medicine.



Asri Maharani / Work Package 1 Co-Applicant

Asri Maharani is a Senior Lecturer in Epidemiology and Public Health, with a particular interest in global population health, including cognitive ageing, mental health and implementation research.



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Jonathan Gibson / Work Package 1 & 4 Co-Applicant

Jon is a Health Economist working as a Research Fellow in the Health Organisation, Policy and Economy (HOPE) group, within the Centre for Primary Care and Health Services Research.

Laura Anselmi / Work Package 5 Lead

Laura is working as a Senior Research Fellow at the Health Organisation, Policy and Economics (HOPE) research group at the University of Manchester.



Alfariany Fatimah / Research Fellow

Alfariany is a research fellow in Health Economics. Her previous work was an analysis of healthcare utilisation among patients with depression and anxiety.

Herni Susanti / Co-Principal Investigator

Herni holds the position of Senior Lecturer and is also a certified mental health nurse in Indonesia, possessing specialised knowledge in primary care and local healthcare systems.



Hasbullah Thabrany / Work Package 1 Lead

Hasbullah serves as a professor in the Public Health faculty at Universitas Indonesia. His responsibilities include supervising activities pertaining to health economics in WP1.

Budi-Anna Keliat / Work Package 3 Lead

Budi is a professor in the Nursing faculty at Universitas Indonesia. She is tasked with collaborating with Indonesian mental health services to enhance the reach and effectiveness of interventions.



Aryana Satrya / Work Package 5 Lead

Aryana holds the senior lecturer position at the Faculty of Economics and Business, Universitas Indonesia. His main responsibility involves providing support for various activities within WP1.

Dwidjo Susilo / Work Package 1 & 4 Co-Applicant

Dwidjo is a researcher at the School of Strategic and Global Studies. He serves as the household survey manager and leads the quantitative data analysis within WP1.


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Sri Idaiani / Work Package 1 & 5 Co-Applicant

Sri works as a Researcher at the National Research and Innovation Agency Indonesia (BRIN). Her primary role involves providing support for all activities within WPI.

Irmansyah / Cross-cutting Theme 2 Lead

Irmansyah also works as a researcher at the Research Centre for Public Health and Nutrition, BRIN. Before that, he held senior positions in The Ministry of Health. In WPI, he is responsible for ensuring satisfactory progress and governance of programme.



Mashita Fajri Maysuro / Research Assistant



Mashita holds a master's in international public health. She will provide support for a range of activities, including conducting literature reviews, performing data analysis, and academic paper writing.

Ida Ayu Mas Amelia K. / Data Analyst

Amelia holds dual degrees in biotechnology and communication. She is tasked with assisting in analysing quantitative data within WPI, reporting the findings, and contributing to paper writing.



Danty Novitasari / Research Administrator



Danty earned her bachelor's degree in nutrition science and brings eight years of experience managing diverse research projects in health economics. At STAND, she oversees financial administration responsibilities.

Next Newsletter Sneak Peek:

In our upcoming release, it will be exclusively dedicated to the 2nd year anniversary of our journey. Additionally, anticipate riveting news bulletins, programme advancements, and event details. Stay tuned!

Explore our works and stay informed

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Youtube : [GlobalHealth_ID](https://www.youtube.com/GlobalHealth_ID)

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