



The University of Manchester

THE NATIONAL CONFIDENTIAL INQUIRY INTO SUICIDE AND SAFETY IN MENTAL HEALTH

10th NCISH Conference, 7th May 2024

A warm welcome to all delegates joining us for the NCISH's 10th Conference.

In 2024, The University of Manchester is marking its bicentenary. It's a year to celebrate 200 years of learning, innovation and research. 200 years of our incredible people and community. 200 years of global influence.

It's a time to reflect on the past. A time to recognise our key discoveries, pioneering ideas and world firsts. And a time to look forward to what our third century could bring.

For two centuries, we have collaborated, encouraged and inspired each other to make an impact on an international stage. And we carry on doing it today.



PROGRAMME

10.00am - 10.10am Welcome by our Chair, **Angela Samata**

Session 1

10.10am - 10.30am Guest speaker, **Philip Pirie**

10.30am - 11.10am 2024 NCISH Annual Report,
Professor Sir Louis Appleby
Followed by presentation of the
Martin Lawlor Bursary Award

11.10am - 11.30am Break

Session 2

11.30am - 12.00pm New studies from NCISH and the Centre
for Mental Health and Safety
Suicide by people in contact with drug
and alcohol services,
Professor Jenny Shaw

Recent research findings from NCISH
and the Centre for Mental Health and
Safety, **Professor Nav Kapur**

12.00pm - 12.55pm Q&A panel session
Followed by closing remarks by
Angela Samata

OUR CHAIR



ANGELA SAMATA

Angela is a TEDx Speaker, trainee psychotherapist and presenter of the BBC One BAFTA nominated documentary 'Life After Suicide', winner of the Mind Media Award for Best Factual TV documentary. Angela was named Merseyside Women of the Year in 2015 and has been awarded an Honorary Fellowship by Liverpool John Moores University.

"Life After Suicide" encourages discussion and exploration of mental health issues, and challenges the stigma of suicide. After her partner took his own life 20 years ago, Angela travelled the length and breadth of the UK, describing her own experience and that of her children, whilst talking to others who had experienced the same loss.

Angela is a member of the *Self Harm and Suicide Prevention* All Party Parliamentary Group and co-author of the Zero Suicide Alliance #SeeSaySignpost training.

She is a Creative Consultant, Lived Experience Advisor, Researcher and Senior Trainer at Suicide Bereavement UK, and acts as a script and content advisor for broadcast media.

Angela has worked as an Arts professional for over two decades, leading the John Moores Painting Prize at the Walker Art Gallery. She has a MA in Art History and Curating, with a special focus on Abstract Expressionist painter Agnes Martin. Angela continues to work freelance with individual artists and arts organisations.

Angela co-founded Grow-Wellbeing Forest School, a not-for-profit CIC which delivers creative opportunities for children, young people and adults to engage in activities in the natural environment with a wellbeing focus.

OUR PLENARY SPEAKERS



PHILIP PIRIE

Philip is a bereaved father, having lost his son Tom to suicide in 2020, the day after he was assessed as low risk of suicide. Philip has since been campaigning for the reform of the system of suicide risk assessment and more widely for suicide prevention. He believes that the use of checklists and the stratification of suicide risk are deeply flawed and that much more work is needed to eradicate them from the system.

Following a career in finance, Philip returned to University at the age of 51 to take a Masters degree in Organisational Psychology at Birkbeck College, as a stepping stone to his career as an Executive Coach, from which he retired in 2019.



LOUIS APPLEBY

Louis advises the Government on the National Suicide Prevention Strategy for England. He is Professor of Psychiatry at the University of Manchester where he leads the Centre for Mental Health and Safety, investigating suicide, self-harm and other areas of risk. He is Director of the National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH).

Louis was National Director for Mental Health in England (2000-2010), playing a central role in reforming community care. From 2010-2014, he was National Clinical Director for Health and Justice, leading the development of diversion services for offenders with mental health problems. He was also a non-executive director on the Board of the Care Quality Commission (2013-2019). He advised the General Medical Council on suicide prevention in doctors under investigation. He advised the NHS on the suicide prevention response to the Grenfell tragedy.

In 2021 he was awarded the Royal College of Psychiatrists Lifetime Achievement Award. Louis was awarded a CBE in 2006 and was knighted in the 2023 New Year Honours.

OUR PLENARY SPEAKERS



NAV KAPUR

Nav is Professor of Psychiatry and Population Health at the University of Manchester and an Honorary Consultant Psychiatrist at Mersey Care NHS Foundation Trust. He has spent the last 25 years researching suicidal behaviour, particularly its causes, treatment and prevention.

He has led committees for the National Institute for Health and Clinical Excellence (NICE) in the UK including those developing guidelines for how all clinical staff should help people after self-harm. He sits on the main advisory group on suicide for the Department of Health in England and directs national quality improvement work to prevent suicide.

Nav is the lead author of [Suicide Prevention](#) and has published almost 400 academic papers. He was the 2021 recipient of the American Association of Suicidology Louis I. Dublin Award for lifetime achievement in suicide prevention and the 2021 International Association of Suicide Prevention (IASP) Stengel Award for outstanding research.



JENNY SHAW

Jenny is Professor in Forensic Psychiatry at the University of Manchester, with interests in homicide, suicide and violence risk and offender health care.

Jenny is also a Consultant Forensic Psychiatrist and was Clinical Director for Specialist Services at Lancashire Care Foundation Trust until September 2016.

She is an Honorary Consultant at Greater Manchester Mental Health NHS Foundation Trust. Throughout her career, she has been interested in translating research evidence into improving the quality and safety of forensic mental health services.

THE MARTIN LAWLOR RESEARCH BURSARY AWARD

The Martin Lawlor Bursary Award was created in 2022 to honour our friend and colleague Dr Martin Lawlor, who sadly passed away in 2018. Martin was a Consultant Forensic Psychiatrist who specialised in self-harm and suicide research.

The bursary is awarded to an early career researcher to support research activity in the field of self-harm or suicide prevention in the UK and Ireland. The award provides an opportunity to engage with other researchers in this field. Example use of bursary funds include, but are not limited to, conference attendance, a training course at a centre of excellence, or a visit to a research unit.

The Martin Lawlor Research Bursary Award has been given by Martin’s family and is supported by the Centre for Mental Health and Safety and State of Mind Sport.

