Getting support at university

1. **Get ready to register with us**
   - Review the DASS website and check what you need to do. All the information, guidance, links and forms you need are there.
   - Our address is in the purple box at the end of this guide.

2. **Fill in the DASS registration form**
   - Download the registration form from our website and tell us about yourself and who you’re happy for us to talk to.

3. **Organise your evidence**
   - Gather any evidence you have to support your diagnosis. Our website explains what we can accept. We’ll let you know if we need anything else, such as an Educational Psychologist assessment or a statement from your doctor on a specific form.

4. **Submit your registration AND your evidence**
   - You need to submit BOTH your completed registration form AND your evidence.
   - You can send them in together or separately, but we need both to get you registered with DASS.

5. **We’ll get in touch...**
   - Once we have both your completed registration form and the evidence we need, we can register you with our service.
   - We’ll get in touch with you to tell you what’s next.

6. **Support plan**
   - Once we know what you need, your adviser will write everything up in a support plan and share it with you.
   - We’ll also share it with the person who organises disability support for your course who will make it happen.

7. **One-to-one appointment**
   - Once your registration is sorted, some people will need to come in for a chat with one of our friendly advisers. They’ll ask you some questions to work out what you need help with and they know about all the useful things we can offer.

8. **Updates and changes**
   - Things change. If you ever want us to take another look at your support plan, just get in touch for a chat about what you need.

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**We’ll get in touch.**

**Support plan.**

**One-to-one appointment.**

**Updates and changes.**

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**THIS IS A SIMPLIFIED GUIDE. FOR MORE DETAILS, PLEASE VISIT OUR WEBSITE OR CONTACT US.**

[www.dass.manchester.ac.uk/](http://www.dass.manchester.ac.uk/)  
[dass@manchester.ac.uk](mailto:dass@manchester.ac.uk)