| **Date** | **Start Time** | **Session** | **Duration (Hours)** | **In class (Y), online (N)** |
| --- | --- | --- | --- | --- |
| Monday 15th September 2025 | 9.30-12.30 | Induction Day 1  Meet your skills group: general introductions, establishing ground rules and developing avatars  Lecture  Face to face in class | 3 | Y |
| 1.30-2.30 | Induction day  (The practice assessment document)  Lecture  Face to face in class | 1 | Y |
| 2.30-3.30 | Meet your AA | 1 | Y |
|  | 3.30-4.30 | Getting on to Pebblepad | 1 | Y |
| Tuesday 16th September 2025 |  | Introduction Day 2 |  | N |
| Monday 22nd September 2025 |  | Assessing common mental health problems: purpose, symptom recognition and explanatory models  Lecture  Face to face in class | 3 | Y |
|  | The Behaviour Change Framework  (COM-B)  Lecture  Face to face in class | 3 | Y |
| Tuesday 23rd September 2025 | 9.30-12.30 | ‘Common factors’: promoting engagement and enhancing our interpersonal skills  Lecture  Face to face in class | 3 | Y |
| 1.30-2.30pm  2.30pm-3.30pm  Then 4 rooms3.30PM-4.30PM | 1.30pm-2.30pm Reflecting models- Amy  2.30pm-3.30pm Introduction to the Assessment session- Annie  3.30pm-4.30pm Skills practice - all  Lecture and skills  Face to face in class | 3 | Y |
| Monday 29th September 2025  ( Friday 3rd October 2025 DL 1) | 9.30-12.30 | Information gathering: 4ws, ABCE, impact  Lecture  Face to face in class | 3 | Y |
| 1.30-4.30 | Skills practice: information gathering  Skills workshop  Face to face in class | 3 | Y |
| Tuesday 30th September 2025 | 9.30-12.30 | Information gathering: risk assessment  Lecture  Face to face in class | 3 | Y |
| 1.30-4.30 | Skills practice: risk assessment  Skills workshop  Face to face in class | 3 | Y |
| Monday 6th October 2025 | 9.30-12.30 | Information gathering: outcome measures, comorbidity and other important issues  Lecture  Synchronous online delivery | 3 | N |
| 1.30-4.30 | Skills practice: outcome measures and other important information  Skills workshop  Synchronous online delivery | 3 | N |
| Tuesday 7th October 2025 | 9.30-12.30 | Information giving  Lecture  Synchronous online delivery | 3 | N |
| 1.30-4.30 | Skills practice: information giving  Skills workshop  Synchronous online delivery | 3 | N |
| Monday 13th October 2025  ( Thursday 16th October 2025 DL day 2) | 9.30-12.30 | Shared planning and decision making  Lecture  Face to face in class | 3 | Y |
| 1.30-4.30 | Skills practice: shared planning and decision making  Skills workshop  Face to face in class | 3 | Y |
| Tuesday 14th October 2025 | 9.30-12.30 | Treatment formulation workshop  Synchronous online delivery | 3 | N |
| 1.30-4.30 | Pulling it all together  Skills practice  Synchronous online delivery | 3 | N |
| Monday 20th October 2025  Wednesday 15th October Study day 1 | 9-10am | PAD Question and answer session  Synchronous online delivery | 1 | N |
| Tuesday 8th October 2024 | 10-12 | E&A unit tutorial | 2 | N |
|  | 1.30-4.30 | Critical writing workshop | 3 | N |
| Tuesday 21st October 2025  (DL day 3) |  | Clinical placement review | All day | N |
| Monday 3rd November 2025 |  | PFA formative  skills assessment  Online synchronous delivery | All day | N |
| Tuesday 4th November 2025 |  | PFA formative  skills assessment  Synchronous online delivery | All day | N |
| Monday 10th November 2025 |  | Modes of delivery in clinical practice  Lecture  Synchronous online delivery | 3 | N |
|  | Supervision  (Case management and clinical skills) VDC unit  Lecture  Synchronous online delivery | 3 | N |
| Tuesday 11th November 2025  (Wednesday 12th November DL day 4) |  | Triage  Workshop  Synchronous online delivery | 3 | N |
|  | Risk workshop  Workshop  Synchronous online delivery | 3 | N |
| Monday 17th November 2025 |  | Summative PFA  Summative assessments  Synchronous online | All day | N |
| Tuesday 18th November 2025 |  | Summative PFA  Summative assessments  Synchronous online | All day | N |
| Monday 24th November 2025 | 9.30-12.30 | Power issues  Lecture  Face to face in class | 3 | Y |
| 1.30-4.30 | Working with drugs and alcohol  Lecture  Face to face in class | 3 | Y |

Assessment and submission dates for **Full time and part time students**

Formative Problem Focused Assessment = 3rd and 4th November 2025

Summative Problem Focused Assessment =17th and 18th November 2025

Formative critical analysis = 5th January 2026

Summative Critical Analysis = 10th February 2026

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| Tuesday 25th November 2025 | 9.30-4.30 | EBLT Unit overview and Preparation  Lecture and activities  Online synchronous delivery | 6 | N |
| Monday 1st December 2025  (Friday 5th December 2025 study day 2) |  | Guided self help  Lecture  Face to face in class | 3 | Y |
|  | Medication management  Lecture  Face to face in class | 3 | Y |
| Tuesday 2nd December 2025 | 9.30-12.30 | Problem Solving (taught)  Lecture  In class face to face | 3 | Y |
| 1.30-4.30 | Problem solving skills  Skills workshop  In class face to face | 3 | Y |
| Monday 8th December 2025 |  | AA Tutorials | All day | N |
| Tuesday 9th December 2025 |  | Worry Management taught  Lecture  Online Synchronous delivery | 3 | N |
|  | Worry management skills  Skills Workshop  Online Synchronous delivery | 3 | N |
| Tuesday 16th December 2025  (Thursday 18th December 2025 DL day 5) | 9.30-12.30 | Behavioural activation taught  Lecture  Online Synchronous delivery | 3 | N |
| 1.30-4.30 | Behavioural Activation skills  Skills Workshop  Online Synchronous delivery | 3 | N |
| Tuesday 6th January 2026 | 9.30-12.30 | Exposure taught  Lecture  Face to face in class | 3 | Y |
| 1.30-4.30 | Exposure skills  Skills workshop  Face to face in class | 3 | Y |
| Tuesday 13th January 2026 | 9.30-12.30 | Cognitive restructuring  Lecture  In class face to face | 3 | Y |
| 1.30-4.30 | CR skills  Skills workshop  In class face to face | 3 | Y |
| Monday 19th January 2026  (Study day 3) | 9.30-4.30 | Individual AA tutorials  Online tutorial | All day | N |
| Tuesday 20th January 2026 | 9.30-12.30 | CR Continued- Behavioural experiments  Lecture and workshop  Face to face in class | 3 | Y |
| 1.30-4.30 | OCD and ERP  Lecture and workshop  In class face to face | 3 | Y |
| Tuesday 27th January 2026  (Wednesday 28th January 2026 DL day 6) | 9.30-12.30 | PAE taught  Lecture  Face to face in class | 3 | Y |
| 1.30-4.30 | PAE skills  Skills workshop  Face to face in class | 3 | Y |
| Tuesday 3rd February 2026  (Monday 2nd February 2026 study day 4)  (Friday 6th February 2026 DL day 7) | 9.30-12.30 | Sleep hygiene taught  Lecture  Online synchronous delivery | 3 | N |
| 1.30-4.30 | Sleep hygiene skills practice  Skills workshop  Online synchronous delivery | 3 | N |
| Tuesday 10th February 2026 | 9.30-12.30 | Relapse prevention taught  Lecture  Online synchronous delivery | 3 | N |
| 1.30-4.30 | Relapse prevention skills practice  Lecture  Online synchronous delivery | 3 | N |
| Tuesday 17th February 2026  (Friday 20th February 2026 DL day 8) | 9.30-12.30 | Problem Based Learning (PBL) 1:  An introduction to Problem Based Learning and start of small group work\*  Lecture  Online synchronous delivery | 3 | N |
| 1.30-4.30 | Work, meaningful activity ,wellbeing and employment  Lecture  Online synchronous delivery | 3 | N |
| Tuesday 24th February 2025  (Monday 23rd February 2026 study day 5) | 9.30-4.30 | Unit tutorial EBLT  Online synchronous delivery | All day | N |
| Monday 2nd March 2026 | 9.30-4.30 | Formative Treatment  Skills assessment  Online synchronous delivery | All day | N |
| Tuesday 3rd March 2026  (Monday or Tuesday 2nd or 3rd March study day 6) | 9.30-4.30 | Formative Treatment  Skills assessment  Online synchronous delivery | All day | N |
| Monday 9th March 2026 | 9.30-4.30 | AA Tutorials  Online synchronous delivery | All day | N |

Assessment submission dates for **Full time students**

Formative role played treatment session = 2nd and 3rd March 2026

Summative real life recording = 18th May 2026

Formative critical commentary = 11th May 2026

Summative critical commentary = 16th June 2026

Assessment submission dates for **Part time students**

Formative role played treatment session = 2nd March and 3rd March 2026

Summative real life recording = 11th January 2027

Formative critical commentary = 7th September 2026

Summative critical commentary = 12th October 2026

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| Tuesday 10th March 2026  (Monday 9th March 2026 DL day 9) | 9.30-12.30 | PBL2  Lecture  Synchronous online delivery | 3 | N |
| 1.30-4.30 | Cultural humility and social inclusion  Lecture  Synchronous online delivery | 3 | N |
| Tuesday 17th March 2026  (DL day 10) | 9.30-12.30 | Working with Older people  Lecture  In class face to face | 3 | Y |
| 1.30-4.30 | Working with older people  Skills practice  Face to face in class | 3 | Y |
| Tuesday 24th March 2026 | 9.30-12.30 | Maternal mental health and the perinatal period  Lecture  Face to face in class | 3 | y |
| 1.30-4.30 | Maternal mental health and the perinatal period  Skills practice  Face to face in class | 3 | y |
| Monday 23rd March 2026  (Monday 23rd March 2026 study day 7) | 9.30-4.30 | Clinical placement review | All day |  |
| Tuesday 14th April 2026  (Friday 17th April 2026 DL day 11) | 9.30-12.30 | Working with interpreter’s  Lecture  In class face to face | 3 | Y |
| 1.30-4.30 | Working with interpreter's skills  Face to face in class | 3 | Y |
| Tuesday 21st April 2026  (Monday 20th April 2026 study day 8)  (Thursday 23rd April 2026 DL day 12) | 9.30-12.30 | Group work Lecture  Online synchronous delivery | 3 | N |
| 1.30-4.30 | Group work skills  Online synchronous delivery | 3 | N |
| Tuesday 28th April 2026 | - 9.30-12.30 | Group work Skills  Face to face in class | 3 | Y |
| 1.30-4.30 | Working with HITs and drift  Face to face in class | 3 | Y |
| Tuesday 5th May 2026  (Friday 8th May 2026 DL13) | 9.30-12.30 | Long term conditions  Lecture  Online synchronous delivery | 3 | N |
| 1.30-4.30 | Long term conditions  Skills  Online synchronous delivery | 3 | n |
| Tuesday 12th May 2026  (Tuesday 19th May 2026 DL day 14) | 9.30-12.30 | PBL Presentations  Online synchronous delivery | 3 | N |
| 1.30-2.30 | Unit tutorial VDC  Online synchronous delivery | 1 | N |
| 2.30-4.30 | Careers session  Online synchronous delivery | 2 |  |
| Monday 18th May 2026  (Thursday 28th May 2026 DL day 15)  (Tuesday 2nd June 2026 study day 9)  (Tuesday 9th June 2026 study day 10) | 9.30-4.30 | AA Tutorial  Online synchronous delivery | 1 | N |
| Monday 20th July 2026  **\*Part time students only** | 9.30-4.30 | **\*Part time students only**  EBLT unit tutorial  Synchronous online delivery |  | N |
| Wednesday 7th October 2026  **\*Part time students only** | 9.30-4.30 | **\*Part time students only**  AA Tutorial |  | N |
| Monday 7th December 2026  **\*Part time students only** | 9.30-4.30 | **\*Part time students only**  AA Tutorial |  | N |
| **Monday 8th March 2027**  **\*Part time students only** | 9.30-4.30 | **\*Part time students only**  VDC unit tutorial  Synchronous online delivery |  | N |
| Monday 15th March 2027  **\*Part time students only** | 9.30-4.30 | **\*Part time students only**  AA Tutorial |  | N |
| Monday 10th May 2027  **\*Part time students only** | 9.30-4.30 | **\*Part time students only**  AA Tutorial |  | N |

Assessment submission dates for **Full time students**

Formative presentation demonstrating knowledge and skills in engagement, assessment and treatment of a person or people with a variety of needs from one or more of a range of diverse groups = 3rd June 2026

Summative presentation demonstrating knowledge and skills in engagement, assessment and treatment of a person or people with a variety of needs from one or more of a range of diverse groups = 8th July 2026

Formative supervision assignment= 8th June 2026

Summative supervision assignment = 13th July 2026

**Practice Assessment Document for all units= 20th July 2026**

**OPTIONAL EARLY HAND IN FOR PART TIME STUDENTS TO COMPLETE IN 18 MONTHS**

Optional formative date for those wanting to complete in 18 months Monday 8th February 2027

**All VDC assessments and PAD to be submitted by 15th March 2027**

Assessment submission dates for **part time students**

Formative presentation demonstrating knowledge and skills in engagement, assessment and treatment of a person or people with a variety of needs from one or more of a range of diverse groups = 7th April 2027

Summative presentation demonstrating knowledge and skills in engagement, assessment and treatment of a person or people with a variety of needs from one or more of a range of diverse groups = 17th May 2027

Formative supervision assignment= 21st April 2027

Summative supervision assignment = 1st June 2027

**OPTIONAL EARLY HAND IN FOR PART TIME STUDENTS TO COMPLETE IN 18 MONTHS**

Optional formative date for those wanting to complete in 18 months 8th February 2027

**All VDC and PAD to be submitted by 15th March 2027**

**Practice Assessment Document for all units= 12th July 2027**