NCISH Annual Report

UK patient data (2011-2021)

The University of Manchester

HQIP Healthcare Quality Improvement Partnership

1,597 suicides by people under recent (within 12 months) mental health care in 2021

26% of all people who died by **suicide** in 2011-2021 had **recent** contact with **mental health services**

Clinical care

48% lived **alone**

47% had **alcohol misuse**

54% had more than one **mental health diagnosis**

Clinical prevention should target these common risk factors

Acute mental health care settings

433 deaths per year

28% In-patients died under **enhanced nursing observation**

Highest risk **1-2 weeks** after discharge

Prevention should focus on ward environment and careful transition to community

Autistic people and patients with ADHD

32 deaths per year autistic people

15 deaths per year ADHD

Self-harm and **childhood abuse** common in both groups

Suicide-related internet use common in autistic people

Drug misuse common in patients with ADHD

Services should recognise and respond to the safety needs of both these groups

National Confidential Inquiry into Suicide and Safety in Mental Health (2024)

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In-patients under 25

11 deaths per year

Mostly **female**; almost half had experienced **childhood abuse**

More **died on the ward** than in-patients aged 25+

Attention is needed to potential ligatures and ligature points

Students aged 18-21 under mental health care (England and Wales)

9 deaths per year

Fewer students under **mental health care**

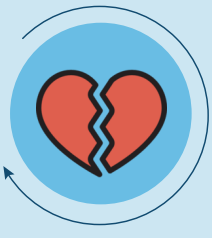
More **depression** than other young patients

A clear pathway to NHS services is needed

Patients with a one-off assessment

167 deaths per year

Recent adverse **life events** common



Many had **no further follow-up**

Awareness of risk needed after single assessments

Patients who died in public locations

354 deaths per year

Younger, more **acutely unwell**

Increased use of **parks/woodland**

Local suicide prevention plans should address high risk locations

National Confidential Inquiry into Suicide and Safety in Mental Health (2024)