

8%

of all people who died by **suicide** had **recent contact with drug and alcohol services**

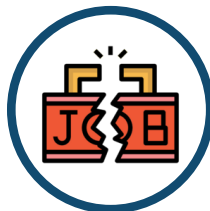
428

registered deaths by suicide between 1 October 2021 and 30 September 2022

## Social and demographic features



50% **men**  
aged **35-54**



47%  
**unemployed**



34% lived in  
**deprived areas**

## Clinical factors



48% **alcohol** was  
main substance



25% **completed**  
**treatment**



Less **treatment** for  
**mental health**

## Common themes from serious incident reports



Interpersonal  
problems

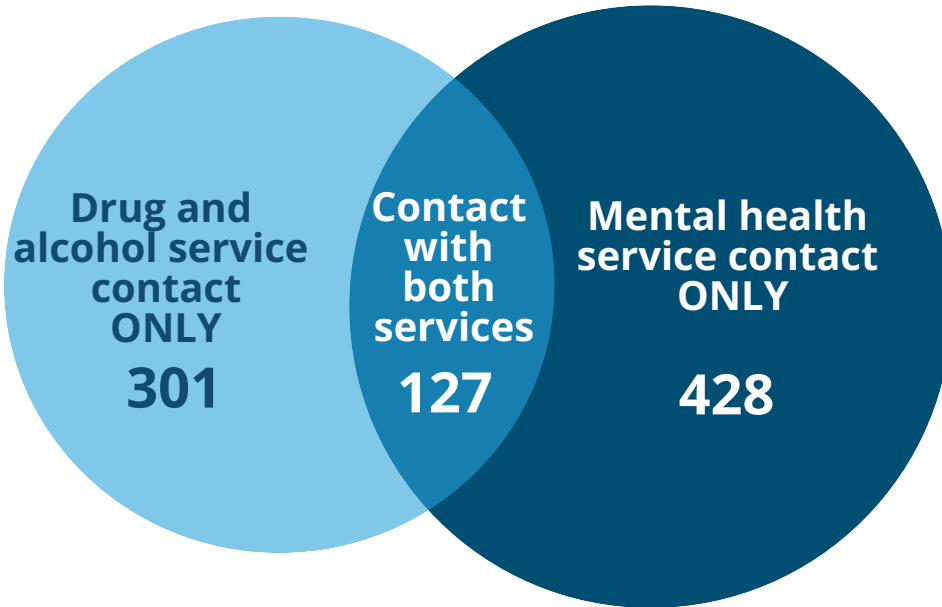


Recent contact



Self-harm and  
suicidal ideation

## People under the care of mental health services



Few people receiving both **mental health** and **substance misuse** care



76% had previous **self-harm**



20% **missed last** appointment with services



14% **non-adherent** with medication

## Opportunities for prevention for drug and alcohol services



Signpost to financial support



Awareness of changing risks



Frontline staff training



Joint working with mental health services



Continued monitoring of trends