

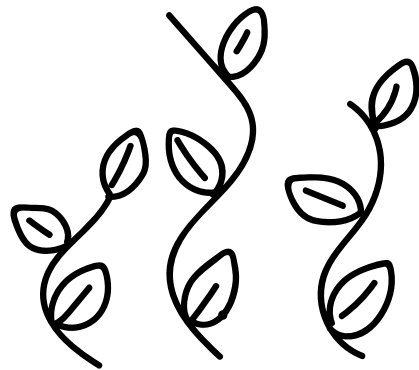
DROP-IN: 1:30PM - 3:30PM

**7TH FEB (JEAN MCFARLANE ATRIUM)
MORE DATES TBC!**

RELAX & RECHARGE.

Brewing Resilience

**REVITALISE YOUR AFTERNOONS!
COME JOIN YOUR FBMH
COURSEMATES FOR A BREW!
A REFRESHING WAY TO
JUMPSTART YOUR WEEK WITH
CLARITY AND CALM.**



EXCITING NEW SOCIAL!