

A week in the life of our BSocSc Politics and International Relations student, Lara



Hello! I'm Lara and I'm in my final year of Politics and International Relations. I really like the variety of Politics modules the University of Manchester offers and how they are taught. We normally have two hours of lectures and one hour of tutorials – a discussion group – for each module every week. This really helps me to engage with the subject and make friends from my course easily. In addition, the university has many different teams to help us build our future, such as the careers service. They were really good at giving me advice when I felt overwhelmed or a bit lost. Finally, the campus is amazing: it is big but still, everything is close to the main areas. My favourite is Alan Gilbert Square because it is where the study places are, so it is always full of students. This is why I never feel alone in Manchester!

Formal study hours

Informal study hours

Student society

Part-time work

Social activities

Monday	10:00-13:00 Doing research for my dissertation	13:00-15:00 Lunch break with my friends	15:00-18:00 Using Nudge to Change Lives Readings	18:00-19:00 Meeting with the Investigation Team of the Mancunian	19:00-21:00 Dinner with my flatmates	21:00-22:00 Get ready for the next day and call my parents	
Tuesday	9:00-10:00 Dissertation Lecture	10:00-13:00 Doing research for my dissertation	13:00-15:00 Lunch break with my friends	15:00-16:30 Volunteering Work	18:00-19:30 Go swimming	19:30-22:00 Dinner with flatmates	
Wednesday	9:00-10:30 Working out at home	10:30-13:00 Individual French study session	13:00-14:30 Lunch break with my friends	14:30-16:30 Leadership in Action Lecture	16:30-18:30 Leadership in Action Reading	18:30-22:00 Cook dinner with flatmates and movie night	22:00-23:00 Get ready for the next day
Thursday	10:00-12:00 Ethical Issues in World Politics Lecture	12:00-13:30 Prepare Weekly Assessment for Leadership in Action	13:30-15:00 Lunch break with my friends	15:00-16:00 Ethical Issues in World Politics Tutorial	16:00-17:30 Weekly Assessment for Leadership in Action	18:00-20:00 Zumba Class and hang out with friends after	
Friday	9:00-12:00 Using Nudge to Change Lives Lecture and Tutorial	12:00-13:30 Doing research for my dissertation	13:30-15:00 Lunch break with my friends	15:00-18:00 Ethical Issues in World Politics Readings	18:00-19:30 Meeting with societies	21:00-23:00 Drinks with friends	
Saturday	10:00-12:00 Working out at home	12:00-13:30 Ethical Issues in World Politics Weekly Journal	13:30-15:00 Lunch break	15:00-17:00 Finish the Ethical Issues in World Politics Journal	17:00-19:00 Meeting friends to go to a park or for a walk	19:00-21:00 Dinner with flatmates	21:00-23:00 Movie Night with my flatmates
Sunday	10:00-12:00 Working out at home	12:00-13:00 Go to the groceries shop	13:00-15:00 Prepare lunch with my flatmates	15:00-18:00 Work on Student Ambassador Deadlines or Volunteering for a day	18:00-20:00 Go for a drink with some friends	20:00-22:00 Dinner and calling my parents	