

A week in the life of our East Asian Studies student, Raphael



Hi! I'm Raphael, a final-year East Asian Studies student. EAS at Manchester is really diverse – you can pick modules from Chinese Studies, Japanese Studies and other free course units, so you can fine-tune your degree to your own tastes. This has really helped me broaden my perspectives and acquire well-rounded knowledge. Each module is led by a lecturer who is an expert in their field, and SALC in general is very supportive. They provide every student with an academic advisor to assist with any academic or career guidance, and the faculty members are really approachable. Plus, they're located in the same building as most of my lectures! The university has also offered me some incredible opportunities, like a year abroad in Japan during my third year, which was nothing short of incredible. This added a ton of value to not just my degree, but my life in general.

Formal study hours

Informal study hours

Student society

Part-time work

Social activities

Monday	(10am-12pm) Woman Matters Lecture		(12:45pm-4pm) Study at Ali G, start Dissertation Task 1		(4pm-6pm) Gym		(6pm-7:30pm) Dinner/Netflix with housemates		(9pm-10pm) Prepare for lectures					
Tuesday	(10am-12pm) Gym		(12pm-2pm) Buddhism in Japan Lecture		(2pm-2:45pm) Lunch		(2:45pm-5pm) Study at Ali G, prepare for Woman Matters seminar)		(5pm-7pm) Powerlifting society meetup @ Student Union		(7pm-8:30pm) Dinner/Netflix with housemates			
Wednesday	(10am-12pm) Dissertation Workshop			(12:45-2pm) Take photos of Northern Quarter for Student Ambassador video			(2pm-4pm) Woman Matters seminar			(4pm-6pm) Study with friends at Ali G		(6pm-8pm) Dinner, call family		
Thursday	(10am-12pm) Write Student Ambassador blog			(12pm-2pm) Gym		(2pm-4pm) Chinese Society Lecture		(4pm-6pm) Study at Ali G, continue Dissertation, do module readings			(6pm-8pm) Dinner and meal prep		(9pm-10pm) Prepare for lectures	
Friday	(10am-12pm) Buddhism in Japan Seminar			(12pm-2pm) Gym + Lunch		(2pm-4pm) Study at Main Library, do Chinese Society reading			(5pm-6pm) Chinese Society Seminar		(6pm-8pm) Dinner, catchup with housemates		(9pm-10pm) Meditate, read	
Saturday	(10am-12pm) Grab breakfast with friends			(12pm-2pm) Gym (Meet with Powerlifting Soc!)			(2pm-4pm) Food shop with housemates, have lunch			(4pm-6pm) Prepare for lectures			(10pm-11:30pm) Drinks at Southside	
Sunday	(10am-4pm) Shift at coffee shop						(4pm-6pm) Art practice			(6pm-8:30pm) Dinner, catch up with family			(9pm-11pm) Chores, watch a movie	