



**RAPHAEL**

## A WEEK IN THE LIFE: EAST ASIAN STUDIES

Hi! I'm Raphael, a final-year East Asian Studies student. EAS at Manchester is really diverse – you can pick modules from Chinese Studies, Japanese Studies and other free course units, so you can fine-tune your degree to your own tastes. This has really helped me broaden my perspectives and acquire well-rounded knowledge. Each module is led by a lecturer who is an expert in their field, and SALC in general is very supportive. They provide every student with an academic advisor to assist with any academic or career guidance, and the faculty members are really approachable. Plus, they're located in the same building as most of my lectures! The university has also offered me some incredible opportunities, like a year abroad in Japan during my third year, which was nothing short of incredible. This added a tonne of value to not just my degree, but my life in general.

Part-time work

Social/ exercise

Formal study hours

Informal study hours

Societies

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-10							
10-12	Lecture	Gym	Dissertation workshop	Uni content creation work	Seminar	Breakfast with friends	Cafe shift
12-14	Self-study	Lecture	Uni content creation work	Gym	Gym	Powerlifting society gym session	
14-16			Seminar	Lecture	Self-study with friends	Food shop with housemates	
16-18	Gym	Self-study	Self-study with friends	Self-study		Self-study	
		Powerlifting society social			Call family		Dinner and meal prep
18-20	Dinner with housemates	Dinner with housemates					
20-22	Self-study			Self-study	Meditate and read	Drinks with friends	Watch a film