

Summary of findings from staff feedback interviews and pilot work

Feedback regarding the training provided to ward staff by TULIPS trial psychologists is very positive. Specifically people value learning about the role of trauma in the development of mental health problems and practical tips about how to help people cope with distressing emotions.

Data from our pilot study in Greater Manchester Mental Health NHS Foundation Trust and Pennine Care NHS Foundation Trust suggested that the TULIPS model lead to a reduction in the number of serious incidents on the ward.

Ward staff value the support that they receive from psychologists which ranges from clinical supervision to more informal emotional support.

Ward staff value team formulation which psychologists facilitate. Team formulation gives staff an opportunity to think about the reasons for a person's behaviour and think of solutions to challenging behaviours.

Staff believe that the presence of a ward-based psychologist is crucial in improving patients' access to talking therapies and groups.