

Global Health Research Group STAND

NEWSLETTER!

Welcome to the STAND-Indonesia Programme's first biannual newsletter

This newsletter marks a significant milestone in our journey toward promoting the Sustainable Treatment of Anxiety and Depression in Indonesia. Funded by UK National Institute for Health and Care Research (NIHR) Global Health Research Group Programme.

Our programme has been made possible through a robust eight-year collaboration between the University of Manchester and Universitas Indonesia. STAND-Indonesia is further supported by key partners; the National Research and Innovation Agency (BRIN), Universitas Brawijaya and key stakeholders from Indonesia's Mental Health and Primary Care sectors. Our global health group aims to improve health and productivity in Indonesia by increasing the availability and accessibility of evidence-based treatments for adults living with anxiety and depression.

Our Work Packages (WPs)

Work Package 1: This package will pilot a new household survey to understand the distribution, determinants and socio-economic consequences of depression and anxiety in Indonesia and area-level influences on service supply.

Work Package 2: This package will qualitatively explore the different contexts into which psychological interventions may be introduced in Indonesia and culturally-adapt, with Community Engagement and Involvement (CEI) representatives, a low intensity psychological intervention for Indonesian use.

Work Package 3: This package will work in partnership with professional and community stakeholders to co- develop local implementation strategies to increase access to depression and anxiety treatments in Indonesia, and deliver and evaluate sustainable training to increase workforce capacity.

Work Package 4: This package will use implementation science methodologies to evaluate the delivery, reach and impacts of a culturally-adapted, low-intensity psychological intervention for depression and anxiety in Indonesia and identify any outstanding barriers to its uptake, access and use.

Work Package 5: This package will take a health economic perspective to identify priority regions for treatment roll-out and deliver a sustainability toolkit to support national scale-up.

For more information on study activities, visit the [STAND-Indonesia website](#).

FOR SHARING EXCITING DEVELOPMENTS

As we step into our second year, we believe it's the right time to launch this newsletter. Its purpose is to keep you informed about the exciting developments and events taking place within our initiative. We look forward to sharing these updates with you.

The first year of our Global Health Group has been extremely successful, with significant progress being made in our earlier work packages (WP 1 & 2).

We have commenced and expanded our planned scoping review to identify the range, impact and reach of mobilisation strategies in ODA-eligible countries which we will use to refine our approach to dissemination. We have an agreed protocol registered on PROSPERO, we have run searches, completed title and abstract and full text screening and we are currently working on data extraction and synthesis. Our manuscript will be submitted for publication by the end of 2023.

[View the Protocol](#)

MEET THE TEAM

In each issue of our newsletters, we will introduce you to the dedicated individuals behind our health research programme. In this issue we're thrilled to introduce our Principal Investigators, Programme Managers and Project Partners.

Introducing Our Principal Investigators and Programme Managers

Prof. Penny Bee: Penny has 20 years of experience in running health services research projects and her expertise and skills make her an integral part of our team. She holds the position of Professor of Applied Mental Health Research and serves as the Director of Research and Innovation for the School of Nursing, Midwifery & Social Work.

Dr Herni Susanti: Susanti has been at the Universitas Indonesia for over 25 years and is based in the Faculty of Nursing. Susanti serves as a Senior Lecturer and she is also a registered mental health nurse in Indonesia, with expertise in primary care and local health systems.

MEET THE TEAM

Dr Helen Brooks

Helen is a crucial part of the STAND Indonesia team, being an accomplished global health researcher with a specific focus on qualitative research and CEI. She is a Senior Lecturer and Head of the Mental Health Research Group at the School of Nursing, Midwifery, and Social Work.

Hany Wihardja

Hany is our Programme Manager based in Indonesia. She brings with her extensive expertise in Nursing Education, Nursing Administration, and Research.

Jemma Elston

Jemma is our Programme Manager based at the UoM. With close to 10 years of experience at the University of Manchester, she has accumulated a wealth of knowledge in project management within the context of funded research efforts, playing a pivotal role in our programme's achievements.

Regina Roth

Regina became a valuable addition to our team in December 2022 and her role is integral in providing essential administrative support.

PROJECT PARTNERS

Our research involves the Lived Experiences Advisory Group (LEAG) as an advisory panel that will provide input into the STAND project in collaboration with the project partners.

Meet our project partners

CISDI: The Center for Indonesia's Strategic Development Initiatives (CISDI) was established in 2014 through the Pencerah Nusantara programme, an initiative programme to strengthen primary health services in Indonesia. CISDI also aims to reduce the complexity of health sector problems.

KPSI: Komunitas Peduli Skizofrenia Indonesia (KPSI) is a non-governmental organization with several work programmes oriented towards education and services for people with mental problems, especially those with schizophrenia (mental disorders with hallucinations) and legal support for them.

INTO THE LIGHT: Into The Light Indonesia is a community of young people for advocacy, study, and education on suicide prevention and young people's mental health.

UBAH STIGMA: Ubah Stigma is a non-profit organization that aims to break the negative public perception (stigma) of mental health through a series of preventive and promotive programmes.

EXPLORE OUR WORK AND STAY INFORMED

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Keep up with the latest updates, news, and publications by following us on social media:

Twitter: [GlobalHealth_ID](#)

Instagram: [GlobalHealth_ID](#)

Next newsletter sneak peek

Our Work Packages (WPs) and Cross Cutting Themes (CCTs)

In the next edition, we'll be introducing the members of our WP1 team. We'll also bring you exciting news updates, programme progress, and event details. Stay tuned!

Never miss an update

To ensure you receive our next newsletter, please [sign up online](#).