## Division of Psychology and Mental Health



TUESDAY 12TH DECEMBER 13:00 - 14:00



# **Habits of Happiness**

#### Lowri Dowthwaite-Walsh

**Psychotherapist, Writer and Honorary Senior** 

Lecturer, University of Central Lancashire

#### **\*\*ONLINE EVENT\*\***

### ZOOM: REGISTER THROUGH TICKET TAILOR FOR LINK

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