



Do you work with service users of Sub-Saharan African or Caribbean origin (including Black British and Mixed heritage), with a diagnosis of Schizophrenia or psychosis?

If so, they may be suitable to take part in our exciting research study called CaFI.

We are assessing whether our new Culturally-adapted Family Intervention (CaFI) reduces the risk of relapse among Black and Mixed heritage service users compared with usual care.

At present, there are not culturally informed family therapies for Black and Mixed heritage families affected by psychosis. CaFI is the first of its kind!

### Who can take part?

- |   |   |
|---|---|
| ✓ Of Sub-Saharan African or Caribbean descent     | ✗ Currently receiving any form of family intervention |
| ✓ Diagnosis of schizophrenia or related psychoses | ✗ Organic brain disorder                              |
| ✓ At least 14 years old                           | ✗ Substance use as a primary diagnosis                |

Check out the overleaf to find out how to make a referral...



# The CaFI Journey



## How to make a referral:

1. Identify service users on your caseload that meet the above criteria.
2. Email us directly with the service user's name and study reference (CaFi) or complete our short online contact form via the QR code.

## How to get your team involved

1. Invite us to your wards and team meetings
2. Include CaFI research as an agenda item on your team meetings.

Pass on their contact details to:  
CaFITM@gmmh.nhs.uk  
or scan the QR code...scroll to the bottom and click  
the online contact form.

