









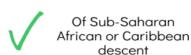
Do you work with service users of Sub-Saharan African or Caribbean origin (including Black British and Mixed heritage), with a diagnosis of Schizophrenia or psychosis?

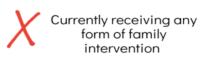
If so, they may be suitable to take part in our exciting research study called CaFI.

We are assessing whether our new Culturally-adapted Family Intervention (CaFI) reduces the risk of relapse among Black and Mixed heritage service users compared with usual care.

At present, there are not culturally informed family therapies for Black and Mixed heritage families affected by psychosis. CaFI is the first of its kind!

Who can take part?







Diagnosis of schizophrenia or related psychoses



Organic brain disorder



At least 14 years old



Substance use as a primary diagnosis

Check out the overleaf to find out how to make a referral...















The CaFI Journey



Enrolment

After referral, Research
Assistants will meet with
your service user and
assess full eligibility for the
study. This will include
receiving consent and
completing some
questionnaires that ask
about psychosis symptoms
and wellbeing.



Allocation

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Service users will then be randomly allocated (via a computer system) to receive CaFI therapy or treatment as usual and become research participants.



Therapy

If your service user is receiving CaFI therapy, they will be allocated a family therapist, who will deliver 10 therapy sessions within a 26-week period. Therapy can be delivered in person or online.

At 6 and 12 months, participants will complete further questionnaires about their psychosis symptoms and wellbeing.





Analysis

Time to first relapse will be measured in both groups as the primary outcome.

Secondary outcomes measured include symptom severity, service use, social functioning and illness beliefs.

How to make a referral:

- 1. Identify service users on your caseload that meet the above criteria.
- Email us directly with the service user's name and study reference (CaFi)
 or complete our short online contact form via the QR code.

How to get your team involved

- 1. Invite us to your wards and team meetings
- 2. Include CaFI research as an agenda item on your team meetings.

Pass on their contact details to:

CaFITM@gmmh.nhs.uk

or scan the QR code....scroll to the bottom and click
the online contact form.

