

Follow-up after attending the Emergency Department (ED) for self-harm

Why did we take action?



Primary and secondary care have long waiting lists for patient follow-up

Prompt follow-up by the liaison team can help support patients and strengthen care plans



What did we do?



Established a follow-up clinic in 2014

Patients are followed up within 72 hours of an ED presentation for self-harm



The clinic focuses on:



Developing safety plans



Revisiting risk assessments and discharge plans



Offering pastoral support

What were the outcomes?



66% of people seen in ED attended the clinic



COVID-19: attendance increased when phone contact replaced face-to-face sessions



Few patients needed further secondary care

Next steps



Improve and standardise safety planning



Develop blended approach with face-to-face, telephone, and e-consultations



Work collaboratively with primary care