

# Improving biopsychosocial assessments after self-harm

## Context



Only 50% of people who have self-harmed receive an assessment in emergency departments

A biopsychosocial assessment may reduce the risk of repeat self-harm by 40%



## 2022/23 CQUIN\*

Aims to reduce risk of repeat self-harm and prevent suicide



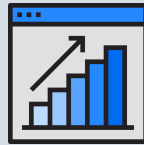
Target of 80% of self-harm referrals receiving an assessment

*\*Commissioning for Quality and Innovation*

## What did we do?



Used the CQUIN audit tool to evaluate performance



Opted for a target of 90% of referrals receiving an assessment



Rolled out a biopsychosocial assessment template

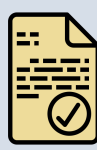


Ongoing auditing - 10 patient audits a month

## What did we achieve in the first six months?



84.8% of referrals receiving a biopsychosocial assessment



Increased quality of assessments



Increased quality of GP letters



Increase in copies of GP letters sent to patients

## Next steps

2022/2023



Involve carers



Improve risk assessments



Use a trauma-informed approach to assessment



Roll out template to all psychiatric liaison teams