

Improving community-based services for self-harm programme (2020-2023)

Research context



Self-harm can occur at any point across the lifetime and is a risk factor for suicide

Services for people who self-harm are often fragmented



Psychosocial assessments may reduce self-harm repetition by 40%

Only 50% of people who have self-harmed receive a psychosocial assessment



The programme



Phases 1 and 2 = Support NHS Integrated Care Systems (ICS) across England to improve community-based services and care for people who self-harm

The CQUIN* for psychosocial assessment in liaison psychiatry = Target of 80% of self-harm referrals to receive an assessment in line with the NICE guidelines



**Commissioning for Quality and Innovation*

Phase 1 and Phase 2



Support services to develop interventions

Ongoing evidence-based support



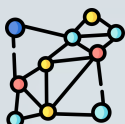
Regular support by email, phone and online meeting

Monthly interactive clinics



Patient involvement and engagement

Expert reference panel



Resources website and shared learning

Monthly virtual clinics

23 speakers on specialist topics covering:

Patient involvement and lived experience

Integration between services

Safety plans and follow-up care

Older people, minority ethnic groups, LGBTQ+

8 monthly virtual clinics

655 participants across 217 organisations



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Phase 1 and Phase 2 engagement

- 42 Integrated Care Systems
- 60 million population coverage
- 959 staff and key stakeholder attendance
- 2389 views on the programme webpage
- 22 events
- 2 launch events

- 9 virtual site visits
- 22 site presentations on developing self-harm services
- 11 monthly virtual clinics
- 51 video recordings
- 7 infographics

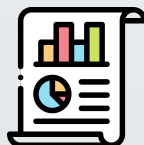


CQUIN for psychosocial assessment



Launch events

Ongoing evidence-based support



CQUIN audit tool

Quarterly interactive clinics



FutureNHS
collaboration
platform

CQUIN engagement

550 staff and key stakeholder attendance

172 Emergency Departments with Mental Health Liaison Teams represented

1 launch event

3 implementation support events

1 psychosocial assessment audit tool

2 support documents (FAQ, Guidance)