

The Mental Health of Children and Young People Before and During the COVID-19 Pandemic

Wednesday 17th May 2023 10am - 12 midday

Programme

Welcome, introduction, and housekeeping

Chairs: Carolyn Chew-Graham and Lauren Beaver

Overview of CHOOSE - CHildren and yOung peOple pSychiatric diagnoses before
and during the Covid-19 pandEmic

Pearl Mok

Key findings of CHOOSE

Alex Trafford

Q&A session

Key messages from CHOOSE – views of young people, parents, carers, and
stakeholder groups

Emma Cockcroft

Importance of CHOOSE for National Forum for Health & Wellbeing

Guest speaker **Russell Hogarth**

Break

Young people, parents, and carers involvement in CHOOSE

Edmund Brooks, Lauren Beaver, Emma Garavini

Q&A session

Reflections on CHOOSE findings

Guest speaker **Prof Ian Kelleher**

Mental health in Irish schoolchildren in the COVID era - a population based survey

Guest speaker **Prof Mary Cannon**

Tracking the mental health of children and young people during the COVID-19
pandemic in the UK: findings from the Co-SPACE study

Guest speaker **Dr Simona Skripkauskaitė**

Collaborating to provide crisis care

Guest speaker **Bobbie Dutton**

A service evaluation of reformed child and adolescent mental health services in
Greater Manchester

Guest speaker **Emily Banwell**

Discussion

Summary

Guest speaker **Sir George Howarth. Right Honourable MP for Knowsley**

Closing comments

Carolyn Chew-Graham

Biographies

Guest speakers



Mary Cannon is Professor of Psychiatric Epidemiology and Youth Mental Health in the Department of Psychiatry, RCSI University of Medicine and Health Sciences, Ireland and a consultant psychiatrist in Beaumont Hospital, Dublin. Her areas of research interest are young people's mental health and early life risk and protective factors for later mental disorder. Her current research projects are concerned with meanings and mechanisms of psychotic-like experiences in young people and investigating trajectories of psychopathology in youth. Her research is funded by the European Research Council and the Health Research Board (Ireland). She has been named on the Clarivate Highly Cited Researcher list. Professor Cannon is interested in advocacy in the field of mental health and has served on a governmental Task Force on Youth Mental Health and a ministerial rapid response group on Substance Use in Third Level Students. She is vice-president of the College of Psychiatrists of Ireland. She is a member of the Editorial Boards for the British Journal of Psychiatry, Schizophrenia Bulletin and the Irish Journal of Psychological Medicine.



Russell Hogarth is an Honorary Fellow and Community Engagement Ambassador at the University of Central Lancashire. He was awarded his University Fellowship for his community/voluntary work with a special emphasis on mental health. He chairs the international Pan-University Creative Communities Group UK. He is a former director for the Design in Mental Health Network. He is also an esteemed member of the British Association of Social Workers [Faculty for Mental Health and director BASW charitable foundation trust] and the Royal College of Psychiatrists [Dementia & Elderly wards Quality Mark].

Russell is the chief engagement officer and a fellow at the National Forum for Health and Wellbeing (NFHW) <https://nfhw.org.uk/>. Russell's expertise as an independent advisor for community engagement in higher education and his experience in UK health and social Care is recognised both nationally and internationally. He has reached a commendable position in life through caring for others and working relentlessly towards a better tomorrow. The NFHW committee admires his great strength, passion, and philanthropy, and acknowledges the service he has done for the sustenance of humanity.



George Howarth was first elected to Parliament in a by-election in November 1986 for Knowsley North. In 1997 following boundary changes the seat became Knowsley North and Sefton East, and in 2010 it merged with the old Knowsley South constituency to become Knowsley. He was elected as a councillor to the Huyton District Council in 1971 and served in its successor, Knowsley Borough Council, until 1986. During that time George was chair of the Housing Committee and latterly the Finance Committee. He was also chair of the Knowsley South Constituency Labour Party for four years from 1981. In Parliament, George served as a Minister in the Home Office 1997-1999 and the Northern Ireland Office 1999-2001. Since leaving the Government in 2001 George has served on a number of select committees, including the Intelligence and Security Committee until 2016. George is currently a member of the Panel of Chairs and the Privy Council. He was Knighted in the 2019 Queen's Birthday Honours for parliamentary and political service, and was awarded Freedom of the Borough of Knowsley in March 2022.



Ian Kelleher is Professor of Child and Adolescent Psychiatry at the University of Edinburgh and a Consultant Child and Adolescent Psychiatrist working in specialist CAMHS. His research interests are in the prediction and prevention of serious mental illness. He leads an interdisciplinary research team that takes a data-driven approach to identifying individuals at risk of psychosis and bipolar disorder, as well as research on psychotic and attenuated psychotic symptoms in clinical and non-clinical populations. His research includes large-scale epidemiological studies, predictive modelling, and causal inference methods to assess treatment effects. The ultimate goal of his research is to improve early identification of risk for major mental illness, to reduce duration of untreated illness, and to identify effective preventive interventions

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Emily Banwell has just finished her PhD studies at the University of Manchester, and is currently working as a Research Associate at the university across a number of projects within the child and adolescent mental health field. In her brief talk, she will outline three of the research studies that formed her PhD, through which she explored various aspects of the local implementation of the THRIVE Framework for System Change in Greater Manchester. Her study focussed on staff training, in light of its role as one of the key means of disseminating a new intervention. She also examined the match between staff and young people's opinions of implementation progress, followed by a look at whether the programme can look forward to a sustainable future. She will summarise the key findings of each study in turn.



Bobbie Dutton is coming towards completion of her PhD evaluation of mental health crisis services for young people in Greater Manchester and is currently teaching at the University of Manchester. Within her brief presentation she will discuss the findings of a recent piece of research, which investigated operational stakeholders' perspectives on the process of collaboration between the NHS and the third sector to provide step down crisis care for young people in Greater Manchester. Whilst this research found an overwhelming sense of support for collaboration from operational stakeholders, with the benefits outweighing the challenges endured during the collaboration process, the end result of this research is a set of more challenging questions yet to be answered.



Simona Skripkauskaite is a Postdoctoral Researcher at the University of Oxford, where she works for the Co-SPACE (COVID-19: Supporting Parents, Adolescents and Children During Pandemics) and OxWell studies. She also leads a project, which will compare how families have been affected by the pandemic in the UK and Japan longer term. In the webinar, she will provide an overview of the Co-SPACE findings to date, focusing on month-to-month changes and predictors of child and young people's mental health symptoms since March 2020.

CHOOSE research team speakers

The study is a collaboration between the Universities of Manchester, Keele, and Exeter, and the McPin Foundation. We are also supported by an advisory team of young people, parents, and carers, and a group of stakeholders consisting of health, social care, and education professionals. We thank all members for their support and contributions throughout the project.



Carolyn Chew-Graham is a GP in Central Manchester and Professor of General Practice Research at Keele University. Carolyn’s main areas of interest and expertise include the primary care management of people with mental health problems, multiple health conditions and unexplained symptoms; and the mental health and wellbeing of clinicians. Carolyn’s role in the CHOOSE study is to offer the GP perspective on the data analysis being conducted as well as working with the McPin team focusing on the work with young people, parents and carers and professional stakeholders.



Pearl Mok is the Principal Investigator for CHOOSE and Research Fellow at the University of Manchester. Her research interests are in epidemiological studies, including the use of population-based electronic health records to investigate risk factors for self-harm, suicide, and the development of mental disorders.



Alex Trafford was awarded his PhD in Epidemiology at the University of Manchester in 2022. His PhD focused on examining the risk of cancer and cancer mortality in individuals with psoriasis. He is currently a Research Associate at the University. His main role in the CHOOSE study includes conducting all the statistical analyses and the management of data.



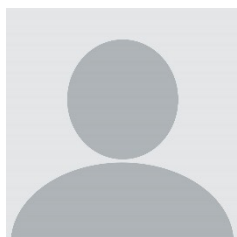
Emma Cockcroft is a Research Fellow at the University of Exeter medical school. Emma has an interest in involving young people, parents, and other ‘non-researchers’ in research, ensuring what we do is meaningful and has a benefit beyond academic output. In the CHOOSE project, Emma works with McPin to ensure there is meaningful involvement in this project.



Emma Garavini works on the youth involvement programme at The McPin Foundation. Working alongside with CHOOSE research team member Rachel Temple, her role has been to coordinate both the parent and young people’s advisory groups, and to ensure the voices of those with lived experience are meaningfully involved throughout. Emma is passionate about ensuring young people with mental health problems are involved in research. As a young person herself, she is keen to ensure that the perspectives and experiences of young people throughout the COVID-19 pandemic are heard in research to inform a better future for young people and mental health.



Lauren Beaver is a student at the University of Manchester and a member of the young people’s advisory group. As a young person with lived experience of mental health conditions, Lauren’s role in this study involved using her own experiences to offer insight on the data analysis and results dissemination. Lauren is also passionate about young people’s engagement in research and ensuring that a diverse range of voices are meaningfully included in research.



Edmund Brooks is a member of our parent and carers advisory group. He has helped shaped our study since the project began and has advised on the interpretation and dissemination of findings.

Other members of CHOOSE research team



Darren Ashcroft is a pharmacist and pharmacoepidemiologist. He has extensive experience of working with routinely collected electronic health records, especially the Clinical Practice Research Datalink (CPRD). He is also the Director of the National Institute for Health and Care Research (NIHR) Greater Manchester Patient Safety Research Collaboration and Deputy Lead for the NIHR School for Primary Care Research at Manchester.



Matthew Carr is the statistical adviser for CHOOSE. Matt is a statistician and data scientist with extensive experience of working with health data, including the CPRD. He has provided statistical expertise across many projects, in a range of areas including mental health, diabetes, pharmacoepidemiology and medication safety.



Shruti Garg is a Child & Adolescent Psychiatrist at Manchester University Foundation NHS Trust and Senior Lecturer at University of Manchester. Her research is focussed on neurodevelopmental disorders such as autism and attention deficit hyperactivity disorder (ADHD). She has collaborated with the current team at Manchester and Keele University for many years on studies relating to the epidemiology of mental health problems in children and young people using CPRD datasets.



Roger Webb is a Professor of Mental Health Epidemiology at the University of Manchester. He originally studied History & Politics for his undergraduate degree at the University of Nottingham, before he developed an interest in research. This led him to study for two Masters degrees (in Applied Social Research and in Epidemiology & Biostatistics) and a PhD degree at the University of Manchester. As an epidemiologist, he examines large datasets that cover the whole population to identify groups of people most likely to experience harm themselves or other people, and to find out how these risks can be minimised.



Thomas Kabir is Deputy Director - Public Involvement at the McPin Foundation. He has worked on a variety of studies, often around psychosis or paranoia, and has an interest in research ethics, chairing a Research Ethics Committee. He has worked in mental health roles from advocacy to supporting the roll-out of new therapy services in London, and was coordinator of a national service user involvement arm within the NIHR Clinical Research Network for five years. He has worked on national public and patient involvement in research initiatives and has a PhD from University College London.



Rachel Temple manages the youth involvement programme at The McPin Foundation. Along with Emma Garavini and Thomas Kabir, she is responsible for coordinating the parent and young people's advisory group throughout the project. Her role is to ensure that both the parent and young people's advisory group are meaningfully involved throughout each stage of the project. Rachel also identifies as a young person with lived experience of mental health problems. She tries to draw from her experiences to ensure that the advisory group work and meetings are comfortable and accessible for all involved.



Lauren Asare is a Research Assistant at the University of Exeter, working as part of the PenARC Patient and Public Involvement and Engagement (PPIE) Team. Her role entails supporting patients and members of the public in their involvement and engagement during the ongoing process of conducting research into healthcare services.



Georgie Jenkins was a Research Assistant within the patient and public involvement team at the University of Exeter. She helped facilitate advisory group meetings for CHOOSE, to ensure that advisory group members felt supported in their involvement and engagement in the research process.