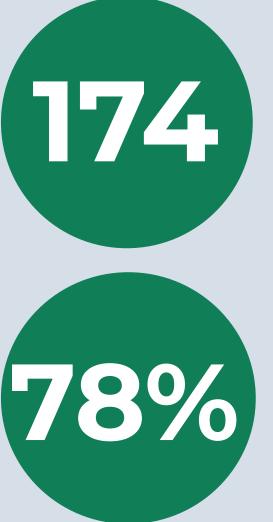


The University of Manchester

Safer care for patients given a diagnosis of personality disorder



Personality disorder, self-harm and suicide



deaths per year



Past abuse, domestic violence, alcohol and/or drug misuse were common



diagnosed for more than **5 years**



Nearly **a third** of patients died using prescribed medication

Contact with mental health services



Over half in contact with services within a week of death



Last contact was an unplanned crisis appointment



missed final service contact



referred to specialist personality disorder services

Personality disorder in women



of patients given a diagnosis of personality disorder were women



suicide deaths in this group are increasing



Being single, living alone, unemployed, on long-term sick leave, or homeless more common in this group



combination of previous self-harm, depressive illness, alcohol and/or drug misuse

Historically these patients have been excluded from services Better models of safe and compassionate care are now needed

Additional resources

Safer care for patients with personality disorder Annual Report 2023: UK patient and general population data 2010-2020

National Confidential Inquiry into Suicide and Safety in Mental Health