

National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)

27%
people

who died by **suicide** had contact with **mental health services** in the **12 months** before death

Our findings suggest...

Money, work or housing problems



Mental health services should tell you where you can **get support** for your problems (e.g. with money)

Young people



People who care for you in mental health services might ask you about your **family** and **school or college**

People given a diagnosis of personality disorder



You should be treated with **kindness** and services should try to give you **help** when you need it

Lesbian, gay, bisexual or trans groups



You might be asked if you have been treated worse because of your **sexuality** or **gender**

Internet use



You might be asked if you have **used the internet** to talk or learn about suicide