



Academic Advising

Why is it important to reach out to advisors and how they can help?



Personal Wellbeing

University life presents different challenges. Advisors act as a voice of calm, and will be able to suggest different methods to help you cope with any stresses or pressures you may face.

Academic Progress

Advisors will suggest different methods to help you keep on top of your academic work, and can help you to develop based on your marks and feedback. If events beyond your control affect your ability to study, they can explain the 'mitigating circumstances' process to you.



SCAN the QR code
to learn more!

www.studentsupport.manchester.ac.uk

written BY students
FOR students (2022)

“Throughout my first year and second year I have had a series of pastoral sessions with my academic advisor based around my academic performance and general issues about my university life here in Manchester. My academic advisor has congratulated me on my success but also given me words of advice whenever I needed to improve. When I had some difficulty choosing one particular stream of engineering, my academic advisor also guided me through the process. He has always been available and ready to help for any academic reference I required for my internships.”

Career/Future Plans

Having direct communication with an experienced member of staff is a valuable resource. Advisors can help direct you to development opportunities and careers advice after discussing your aims and ambitions. They can also write references for you.


How can they help?

Your advisor will be introduced to you during your first week. They will be happy for you to contact them about anything. If there is an issue that does not fall within their expertise, they can assist you in finding a solution. You might be surprised at the range of sources of support available to you.

This is the ‘Advising Model, which will inform your discussions with your Advisor

Working Together



01 | 

Discuss
Review progress, explore thoughts and feelings & provide support.



02 | 

Prioritise
Agree priority & set deadlines.



03 | 

Implement
Make a precise plan & Do it!



04 | 

Reflect
Review achievements, consider your approach & reflect on progress.

Student's Responsibility