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**Healthy, resilient and flexible: Co-developing a mental health intervention for and with frontline gig workers: a systems approach (Gig worker mental health study)**

**Participant Information Sheet (PIS)**

You are being invited to take part in a research study to explore whether and how system interventions can mitigate risks of job burnout associated with managerial controls realised through digital platforms. Before you decide whether to take part, it is important for you to understand why the research is being conducted and what it will involve. Please take time to read the following information carefully before deciding whether to take part, and discuss it with others if you wish. Please ask if there is anything that is not clear or if you would like more information. Thank you for taking the time to read this.

**About the research**

* **Who will conduct the research?**

Dr Hua Wei, Mr Steven Antrobus, Dr Pauline Whelan, Prof Chris Armitage and Prof Martie van Tongeren, School of Health Sciences, The University of Manchester will conduct the research.

* **What is the purpose of the research?**

The purpose of the research is to study what is the level of burnout among gig workers who work as taxi drivers, couriers and carers, and are these burnout levels greater in the gig worker group, compared to those with traditionally employment contracts? Can the technology that is used to allocate and manage work be modified or supplemented to reduce the risk of burnout? Job burnout refers to the state of physical, emotional and mental exhaustion that results from demanding work conditions.

* **Am I suitable to take part?**

Participants will be included if they have experiences and/or characteristics relevant to the purpose stated above.

* **Who has reviewed the research project?**

The project has been reviewed by The University of Manchester Research Ethics Committee Ref: 2022-14905-25095, Proportionate Research Ethics Committee.

* **Who is funding the research project?**

The project is funded by the UK Medical Research Council.

**What would my involvement be?**

* **What would I be asked to do if I took part?**

We will ask questions about your work experience, job burnout and whether and how you use platform technology if you are an app-based worker. The survey should take about 20 minutes to complete.

* **Will I be compensated for taking part?**

You will earn rewards as a YouGov panellist following the terms between you and YouGov.

* **What happens if I do not want to take part or if I change my mind?**

It is up to you to decide whether or not to take part. If you do decide to take part you will be given this information sheet to keep and will be asked to tick the answer “Yes” to the first survey questions to consent. If you decide to take part you are still free to withdraw at any time without giving a reason and without detriment to yourself. However, it will not be possible to remove your data from the project once it has been anonymised as we will not be able to identify your specific data. This does not affect your data protection rights. If you decide not to take part you do not need to do anything further.

**Data Protection and Confidentiality**

* **What information will you collect about me?**

In order to participate in this research project we will need to collect the following demographic information about you:

Age, gender, occupation (carer or taxi driver or courier), years of working in this occupation, employment type, whether platform-based or not or mixed, and type of platforms you use.

YouGov is responsible for your data privacy and only fully anonymised and non-identifiable data will be transferred to the University of Manchester. Please consult [YouGov data privacy policy](https://account.yougov.com/gb-en/account/privacy-policy) for information.

* **Under what legal basis are you collecting this information?**

We are collecting and storing this personal identifiable information in accordance with UK data protection law which protect your rights. These state that we must have a legal basis (specific reason) for collecting your data. For this study, the specific reason is that it is “a public interest task” and “a process necessary for research purposes”.

* **What are my rights in relation to the information you will collect about me?**

You have a number of rights under data protection law regarding your personal information. If you would like to know more about your different rights or the way we use your personal information to ensure we follow the law, please consult our [Privacy Notice for Research](http://documents.manchester.ac.uk/display.aspx?DocID=37095).

* **Will my participation in the study be confidential and my personal identifiable information be protected?**

In accordance with data protection law, YouGov is the Data Controller for this project, and the University of Manchester (UoM) is the data processor. This means that YouGov is responsible for making sure your personal information is kept secure, confidential and used only in the way you have been told it will be used. All UoM researchers are trained with this in mind, and your data will be looked after in the following way:

* + The anonymised survey data will be stored for 5 years after the completion of the project.

Please also note that individuals from The University of Manchester or regulatory authorities may need to look at the data collected for this study to make sure the project is being carried out as planned. All individuals involved in auditing and monitoring the study will have a strict duty of confidentiality to you as a research participant.

**What if I have a complaint?**

Should you have any complaints you can contact the research team directly or direct their complaint to the Research Governance, Ethics and Integrity (RGEI) Manager as listed below.

* **Contact details for complaints**

If you have a complaint that you wish to direct to members of the research team, please contact: **PROF MARTIE VAN TONGEREN, contact details:** [**Martie.J.Van-Tongeren@manchester.ac.uk**](mailto:Martie.J.Van-Tongeren@manchester.ac.uk)**,** Tel: +44 (0)161 275 5202

**If you wish to make a formal complaint to someone independent of the research team or if you are not satisfied with the response you have gained from the researchers in the first instance then please contact**

TheResearch Ethics Manager, Research Office, Christie Building, The University of Manchester, Oxford Road, Manchester, M13 9PL, by emailing: [research.complaints@manchester.ac.uk](mailto:research.complaints@manchester.ac.uk)  or by telephoning 0161 306 8089.

If you wish to contact us about your data protection rights, please email [dataprotection@manchester.ac.uk](mailto:dataprotection@manchester.ac.uk) or write to The Information Governance Office, Christie Building, The University of Manchester, Oxford Road, M13 9PL at the University and we will guide you through the process of exercising your rights.

You also have a right to complain to the [Information Commissioner’s Office](https://ico.org.uk/concerns) about complaints relating to your personal identifiable information Tel 0303 123 1113

**Contact Details**

If you have any queries about the study or if you are interested in taking part then please contact the researcher(s) **DR HUA WEI. Contact details:** [**hua.wei@manchester.ac.uk**](mailto:Pauline.whelan@manchester.ac.uk)**.**